

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Greenwich and Lewisham Young People's Theatre	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Greenwich	
Contact person: Mr Jeremy James	Position: Chief Executive Officer
Website: http://www.glypt.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1026883
When was your organisation established? 01/10/1971	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health Disabled people actively taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. Whatever Youth Theatre is a pioneering arts programme designed to improve the mental health and well-being of young people aged 8-18 years old.
When will the funding be required? 12/01/2015
How much funding are you requesting? Year 1: £30,327 Year 2: £30,327 Year 3: £30,327
Total: £90,981

Aims of your organisation:

Greenwich & Lewisham Young People's Theatre (GLYPT) makes relevant, inclusive and challenging theatre for, with and by young people aged 2-25. We use the power of the arts to enrich the lives of young people and audiences and seek to enable, empower and challenge participants through delivering work of artistic excellence. We aim:

- To create theatre that explores the world in which young people live, challenging, questioning and raising possibilities for change
- To create a range of participatory opportunities for young people to experience the power and expression of enjoyment
- To give young people the opportunity to produce quality theatre and to achieve their artistic potential through showcasing and performance
- To build confidence and self-esteem in young people
- To empower young people who are marginalized in society, hard-to-reach or are at risk of exclusion.

Main activities of your organisation:

Throughout the year, GLYPT:

- Produces professional theatre and arts for touring in schools, at its base at The Tramshed in central Woolwich and other community venues and sites across South East London
- Offers theatre and arts opportunities in the form of after school groups and weekend and holiday activities
- Delivers drama and arts projects in schools
- Delivers artistic projects for young people who are at risk of exclusion
- Delivers a range of training and professional development opportunities for young people of all ages and backgrounds

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	3	8	24

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	8

Summary of grant request

Whatever Youth Theatre (WYT) is designed to improve mental health in young people living in disadvantaged areas of London. We engage young people and their families through participatory workshops that promote well-being or tackle stigma around mental health issues. WYT is for young people with existing mental health issues or at high risk of developing them, and those with moderate learning difficulties (MLD). It uses drama to increase resilience and life skills, thereby improving mental health.

We currently co-ordinate a successful programme in Greenwich in partnership with the Child and Adolescent Mental Health Service (CAMHS) of Oxleas NHS Trust, but have now identified a significant need in the borough of Lewisham. Lewisham's rate of young people with mental health needs is twice the national average. This project has the potential to significantly impact on improving our local young people's mental health.

A group of young people with MLD have been identified through partnerships in Greenwich to establish a weekly programme.

Participants will have a diverse range of needs including diagnosed mental health issues such as anxiety disorder, and those at risk of developing them with vulnerabilities including: low self-esteem, victims of bullying, emotional and behavioural issues, learning difficulties.

Participants will take part in weekly drama workshops to develop confidence, social and communication skills in a safe environment. The workshops will be delivered by a drama tutor and a trained therapist, providing specialised support.

This funding will provide targeted support for three groups of 15 young people meeting 33 weeks per year for 3 years (groups: age's 8-11, 11-14 & 13-18 for MLD young people).

We have identified the following need:

- 15% of young people in Lewisham have mental health issues (50% higher than national average).
- Lewisham has one of London's highest child poverty rates.
- Lewisham is a 'young borough', with more young people than adults, as a result the rate of personal theft, knife crime and youth violence tends to be higher in Lewisham than other boroughs.
- Disability levels, particularly Learning Disability, are high: 14% and growing.
- Lewisham has a greater proportion of children from minority ethnic groups than the rest of London (51% 0-16 years compared to 46% in London).

GLYPT specialises in working with individuals in need through its main-stream activity: 58% are on benefits, 10% are Looked After, 73% are from BME backgrounds.

GLYPT's commitment to reaching the most disenfranchised led us to embark on a two-year consultation. We consulted with a range of stakeholders from the health sector - Oxleas Mental Health Trust, South London & Maudsley (SLAM) Mental Health Trust, Greenwich and Lewisham Children's Services, local teachers and Young Minds (the national child mental health charity).

After the consultation we ran a pilot project in Woolwich in 2011, to trial the project's effectiveness. It was hugely successful and led to three-year funding (from Children in Need).

As a theatre company with over 40 years' experience of working with vulnerable young people we have knowledge and evidence that drama can transform and empower the lives of our participants.

Whatever Youth Theatre will meet the Trust's theme of 'improving Londoners' mental health' by specifically focussing on children and young people.

'Whatever Youth Theatre' will work with young people who have diagnosed problems, conditions or impairments.

Issues that have been identified by young people in our existing groups include:

- Lack of confidence and self-esteem
- Social difficulties
- Difficulties in making and sustaining positive relationships with peers and adults
- Feeling 'different'
- Communication difficulties

All of these are issues that this programme can directly address.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

ITC Approved Ethical Manager

PQASSO Quality Mark - first stage complete

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Young people will attend weekly drama and creative arts sessions that improve self-esteem, well-being and resilience.

Participants attend weekly sessions and take part in a range of group activities that build teamwork as well as interacting with Peer Motivators, volunteers and tutors.

Participants will take part in regular visits to other local arts and cultural venues and activities thereby helping to increase their self confidence and integration into other local activities and projects.

Participants will create personal goals for themselves as part of the programme.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

At least 80% of participants will improve in at least two areas (self esteem, well-being and resilience) as identified by the New Philanthropy Capital Measure over the course of a year.

At least 80% of participants will improve in team or group work.

At least 50% of participants will have demonstrated an improvement in their mental health condition or developed additional life skills as identified by their referral organisation and therapists measure.

At least 80% of participants will have improved in areas that they set out in their personal goals.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

During the period of this award we will continue to build on our comprehensive fundraising strategy and seek other sources of income in order to continue the project. We will also build on our close working relationships with our local NHS Trusts and local authorities to investigate commissioning opportunities.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

80

In which Greater London borough(s) or areas of London will your beneficiaries live?

Greenwich (30%)

Lewisham (70%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing and Volunteers	22,778	22,778	22,778	68,334
Activity Costs	10,515	10,515	10,515	31,545
Contingency	800	800	800	2,400
Management and Admin Overheads	3,329	3,329	3,329	9,987
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	37,422	37,442	37,442	112,266

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Horniman Museum Space Hire (support in kind)	4,125	4,125	4,125	12,375
GLYPT Core Revenue Contribution	2,970	2,970	2,970	8,910
	0	0	0	0
	0	0	0	0
TOTAL:	7,095	7,095	7,095	21,285

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing and Volunteers	19,808	19,808	19,808	59,424
Activity Costs	6,390	6,390	6,390	19,170
Contingency	800	800	800	2,400
Management and Admin Overheads	3,329	3,329	3,329	9,987
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,327	30,327	30,327	90,981

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	317,404
Activities for generating funds	20,048
Investment income	54
Income from charitable activities	52,476
Other sources	0
Total Income:	389,982

Expenditure:	£
Charitable activities	356,715
Governance costs	9,815
Cost of generating funds	0
Other	0
Total Expenditure:	366,530
Net (deficit)/surplus:	23,452
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	23,452

Asset position at year end	£
Fixed assets	15,019
Investments	0
Net current assets	349,117
Long-term liabilities	0
*Total Assets (A):	364,136

Reserves at year end	£
Endowment funds	0
Restricted funds	54,566
Unrestricted funds	309,570
*Total Reserves (B):	364,136

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
69%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	205,296	215,811	156,632
London Councils	16,074	0	0
Health Authorities	0	0	3,750
Central Government departments	9,922	9,922	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Safer London Foundation	24,400	0	0
JP Getty Junior Foundation	4,500	0	0
Help a London Child	3,321	0	0
Children in Need	15,780	27,686	32,141
Children and the Arts	12,000	12,000	8,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jeremy James**

Role within **Chief Executive Officer**
Organisation: