

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Solace Women's Aid	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Islington	
Contact person: Ms Karen Ruskin	Position: Head of Fundraiser and Communications
Website: http://www.solacewomensaid.org	
Legal status of organisation: Registered Charitable Incorporated	Charity, Charitable Incorporated Company or company number: 1082450
When was your organisation established?	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being
Please describe the purpose of your funding request in one sentence. To support the work of the Children and Family Support Services Manager developing our dedicated work with children/young people affected by domestic and sexual violence
When will the funding be required? 01/05/2015
How much funding are you requesting? Year 1: £49,092 Year 2: £49,092 Year 3: £0 Total: £98,184

Aims of your organisation:

Solace Women's Aid provides services across London addressing the support needs of women and children affected by domestic and sexual violence. Each service adopts a holistic approach and addresses the practical and emotional support needs of survivors by providing safe accommodation, advocacy, safety planning, information on benefits, housing and legal options including those faced by women with no recourse to public funds. We also provide long term therapeutic interventions and dedicated services for children/young people. We are mandated by our constitution to work towards "The promotion of the physical, emotional and psychological well-being and safety of victims of domestic, sexual and associated abuse". Our aim is to empower service users with the skills, emotional strength and support they need to escape domestic and sexual violence and live independent, fulfilled lives. We are committed to providing high quality, cost effective services and holding our service users at the heart of our service delivery development.

Main activities of your organisation:

The Domestic and Sexual Violence Services Solace currently offer in London are:

1. Refuge services (14 sites) including specialist refuges for women with complex needs; Irish Travellers and for South Asian women.
2. Advice and Outreach support including specialist services for women aged 55+, for Albanian speaking women and for Irish Traveller women.
3. Advocacy for women, men and children at high risk of domestic violence.
4. Floating support in the community.
6. Children and Young People's services including Parenting and Arts and drama based Therapy.
7. Legal services.
8. Counselling -- Individual and group support.
9. Rape Crisis (North London) for adult and child survivors of sexual violence.
10. Specialist Domestic Violence/Problematic Alcohol and Substance Use work.
11. Specialist training and Domestic Violence Awareness Raising Workshops

We support around 8,500 women and children each year and work successfully in partnership with Local Authorities, criminal justice agencies, health and social care teams, education departments and other local voluntary sector organisations.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
94	44	15	70

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	15 years

Summary of grant request

There is an overwhelming need in London for specialist support for children/young people (CYP) affected by domestic and sexual violence and evidence to show that children's outcomes significantly improve across key measures after support from specialist services. Last year in London reports of domestic crimes to the police increased by 19% and reports of rape increased by 29%: domestic violence accounts for 29% of all violent crime in the capital. Over 14% of children and young people in London will have lived with domestic violence at some point in their childhood and in some of the boroughs where we have dedicated teams domestic violence is identified in 50% of child protection cases.

All our young service users have either been directly abused by the perpetrator or have witnessed the abuse of their mothers. Research shows that there are links between experiencing violence in childhood and health/well being and these children and young people are at an increased risk of developing enduring mental ill health, behavioural problems and reactive disorders as they grow to adulthood.

We also deliver significant programmes of early intervention and prevention of domestic and sexual violence.

Solace Women's Aid is exceptionally well placed to deliver work of strategic significance both regionally and nationally and the Family and Children's Service (FCS) Manager has been overseeing dedicated children's services for several years and has developed work that combines individual support, group work, therapeutic support and preventative work for the child/young person and the mother. This also includes joint work to strengthen the attachment between the mother and child to minimise the risk of poor mental health for the child in the future and increase the child's safety. The FCS Manager also takes a lead on Children's Safeguarding and oversee the development of new services for children and young people.

We are applying under the outcome 'more children and young people receiving specialist help resulting in improved mental health'. Each year the project aims to support more than 500 children and young people to improve and maintain their mental health and make an effective recovery from violence in the short and long term, and to support mothers to increase their understanding of the impact of violence on child's mental health. This work also falls within the City Bridge Priority focused on supporting survivors of domestic violence to access services to improve their safety, health and well being.

Solace Women's Aid collectively represents over 100 years of specialist service delivery experience and we are currently funded to deliver over 25 projects: our projects have successfully maintained their funding over many years by achieving successful outcomes. Analysis of recent service user survey results told us that 92% of respondents said that Solace helped them feel safer and 97% of respondents said they would recommend the service to a friend or relative.

Our volunteer coordinator inducts, places and supports volunteers engaged across Solace and through our active Service User Involvement Programme we offer a range of opportunities to regularly give feedback on our service delivery and offer opportunities to inform our development. Solace's Peer Support Project trains service users to work alongside other survivors offering practical advice and signposting and providing basic emotional support. Our service user ethnic breakdown reflects London's diverse community and we offer dedicated support for particularly vulnerable groups of women: we work with Irish Travellers, the Albanian Speaking community and women over 55. We have an Environmental Policy and Sustainability Plan to ensure responsible use of resources and minimum impact on the environment with regular built in reviews.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Advice Service Alliance Quality Standard; Member of CAADA Leading Lights programme; Member of EFQM; Environmental management ISO 14001 compliant; CLS Quality Mark; Lexcel practice management standard; AQA Approved Centre; BACP Approved; OFSTED registered; Investors In People Accredited. National Women's Aid National Quality Standards and Rape Crisis Quality Standards.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Each year around 400 children and young people affected by domestic violence attend individual sessions in a safe setting with a specialist worker to support their recovery, explore the impact of abuse on their lives and (age appropriately) increase their understanding of the impact of violence on their mental health.

Each year around 200 children and young people affected by domestic violence attend group sessions in a safe setting with a specialist worker to support their recovery, explore the impact of abuse on their lives and (age appropriately) increase their understanding of the impact of violence on their mental health.

Each year 200 mothers affected by domestic violence attend specialist parenting sessions to increase their understanding of the impact of domestic violence on their children's health and improve their parenting skills and capacity in the immediate and long term future.

Each year 50 practitioners attend safeguarding training sessions to improve their knowledge of Children's Safeguarding in the context of domestic and sexual violence and increase their understanding of the impact of domestic and sexual violence on children's health.

In 2015/16 we will deliver preventative programmes in around 20 settings (primary and secondary schools and community groups), targeting those most at risk e.g. young mothers and those involved in Youth Offending.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Each year 90% of the children and young people (aged 0-21) affected by domestic and/or sexual violence accessing specialist services improve their mental health through engagement with a family support service at Solace Women's Aid.

Each year 90% of children and young people (aged 5-21) affected by domestic and/or sexual violence accessing our services increase their understanding of the impact of abuse on their mental health through engagement with a family support service at Solace Women's Aid.

Each year 90% of mothers accessing specialist parenting support increase their knowledge of the impact of domestic and/or sexual violence on their child's mental health through engagement with a family support service at Solace Women's Aid.

Each year 100% of Practitioners improve their knowledge of children's safeguarding in the context of domestic and sexual violence through attending specialist training sessions at Solace Women's Aid.

90% of the young people participating in our schools and community programme increase their understanding of domestic and sexual violence issues.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue this work beyond 2017 and we are investing in our fundraising activities (individual/major/corporate donors/community events) to increase these potentially high value funding streams. We will review the value of these income streams in March 2016 and approach identified Trusts/Foundations where necessary, to fund the Family and Children's Service Manager role

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

700

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

25-44

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
salary inc NI & pension	38,383	38,383	0	76,766
training & clinical supervision	850	850	0	1,700
travel	150	150	0	300
modus	251	251	0	502
communication	385	385	0	770
computer/ e-mail/ internet	579	579	0	1,158
printing and photocopy	480	480	0	960
occupancy costs	3,518	3,518	0	7,036
central administration costs inc finance, HR	4,496	4,496	0	8,992
TOTAL:	49,092	49,092	0	98,184

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
As above for full project costs	49,092	49,092	0	98,184
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	49,092	49,092	0	98,184

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	164,866
Activities for generating funds	0
Investment income	228
Income from charitable activities	6,371,193
Other sources	0
Total Income:	6,536,287

Expenditure:	£
Charitable activities	6,411,994
Governance costs	29,805
Cost of generating funds	44,175
Other	0
Total Expenditure:	6,485,974
Net (deficit)/surplus:	50,313
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	50,313

Asset position at year end	£
Fixed assets	888,288
Investments	0
Net current assets	922,244
Long-term liabilities	0
*Total Assets (A):	1,810,532

Reserves at year end	£
Restricted funds	66,436
Endowment Funds	0
Unrestricted funds	1,744,096
*Total Reserves (B):	1,810,532

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
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No significant changes to report.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	2,031,419	2,378,695	2,671,728
London Councils	337,239	374,215	1,545,359
Health Authorities	0	0	0
Central Government departments	307,500	307,500	340,000
Other statutory bodies	233,969	246,082	254,816

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery- Research project	122,645	124,592	131,074
BBC Children In Need	57,283	33,316	31,601
Big Lottery - Young People's Fund	84,487	84,109	78,843
Big Lottery-Reaching Communities	0	0	38,061
Big Lottery-Reaching Communities	0	0	38,061

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Karen Ruskin**

Role within **Head of Fundraising and Communications**
Organisation: