

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Barking & Dagenham Progress Project	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Barking & Dagenham	
Contact person: Mr Mark Gerbaldi, AMIPD	Position: Development Officer
Website: http://www.barkinganddagenhamprogressproject.btck.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1102465
When was your organisation established? 11/09/2002	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people reporting increased well-being as a result of taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. Ensuring disabled young people excluded from sport will have inclusive access to playing, organising, competing in sport, working in the industry and improving their health.
When will the funding be required? 01/04/2015
How much funding are you requesting? Year 1: £37,485 Year 2: £37,461 Year 3: £38,024 Total: £112,971

Aims of your organisation:

The Main Aims of the Progress Project fall into 4 main categories :-

1. Disabled Children & Young People will be able to gain equal access to similar activities, resources & programmes to those available for children in mainstream youth provision, integrate into mainstream Children's activities and work towards being able to live independently in the future through personal and skills development.
2. Parents / Carers of Disabled Children & Young People will access support, information, advice and assistance for their role as 'carer' and as part of a strategic plan to develop user led services.
3. Organisations working with disabled children & Young People will have access to appropriate and high quality activity space, resources and capacity building support in order to deliver their programmes effectively.
4. Barking & Dagenham will have shared resources and capacity building support, custom designed for serving the needs of disabled children, young people, their parents / carers and local agencies working with them.

Main activities of your organisation:

The Progress Project currently delivers three key programmes :-

1. The Young People's Development Forum - this is the first project of its kind which provides a resource for engaging disabled children & young people [The Forum] which is a platform enabling them to identify their own development needs and empowering them to lead on planning, arranging, delivering and measuring their own activity programmes.
2. The "Futures" Project began in February 2010 and provides a programme of activities which supports participation of older children & young people (14 - 21 years) in development activities during their transitional years addressing education, training, healthy living and pathways to employment.
3. Partnership Development - as a consortium, we bring together groups from all sectors which work with disabled children & young people to ensure they develop effective, joined-up services within local strategy to best support these targeted groups, avoid duplication and make best use of resources [including funding].

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	3	4	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Annually with DABD [a partner]

Summary of grant request

Why is the Project Needed - research, local services mapping, surveys & consultation with disabled young people [2014] has evidenced :-

1. Barking & Dagenham :-

- lacks inclusive sports provision despite having excellent [and accessible] local facilities available [Progress Project helped plan accessibility for the Sports Centre opened in 2011 to make it disability friendly]
- is experiencing deprivation e.g. 5,000+ people unemployed [15th highest in London]
- has the highest population [31%] of young people aged 0 to 19 in England and Wales c10% of whom are disabled

2. disabled young people :-

- face exclusions from sport - there are no dedicated clubs, teams or leagues in B&D
- need options regarding what they can do as opposed to what they cannot do in sport and proactive support to effect participation
- tell us sports in which they want to participate include football, athletics, swimming and indoor activity e.g. keep fit, martial arts etc.
- would like to have a career in sports whether playing, organising or coaching

3. Pilot Sports Activities received a tremendous response and a dedicated project has been requested and planned in conjunction with our Youth Forum

Project Activities -- "Sporting Futures" will comprise :-

1. Inclusive Sports - we will organise a programme of inclusive sports activity throughout the year for disabled young people comprising sports of their choosing with focus on healthy lives as part of a sporting life e.g. healthy diet
2. Sports Leadership - disabled young people will undertake Sports Leadership Training which can lead to a qualification to enable a team of peers to lead on the programme and run sports activities.
3. Volunteering -- we will recruit volunteers to support activities e.g. mentoring young people, organising sports and leading consultations [as part of our Forum] .

Measurable Targets for the project comprise :-

1. 100 disabled young people to participate in sports activity [300 over 3 years]
2. 10 disabled young people to train as peer sports leaders [30 over 3 years]
3. 10 volunteers recruited annually - they will be disabled young people [30 over 3 years]

Aims -- disabled young people will :-

1. have equal access to sports activity leading to improved social inclusion and healthier lives
2. learn an employment driven skill i.e. sports leadership, which can lead to jobs in the sports industry
3. gain new skills, build confidence and engage in community activity by way of volunteering

Background / Capacity - Progress Project is a consortium comprising key disability organisations in B&D. We now have 12 years experience and activities have been supported by major funders including the Council, Children In Need, Lloyds Bank Foundation, Lottery and Tudor Trust culminating in work with more than 200 disabled young people annually leading to many positive outcomes including skills, jobs, social engagement and healthier lives.

CBT Priority 'Making London More Inclusive' : "Sporting Futures" is a new project addressing the exclusion of disabled young people in sports activity which will deliver a programme of sports activity not only inclusive, but planned, delivered and measured by the disabled young people as with all Progress Project activities.

Principles of Good Practice - the Progress Project established the first and only inclusive Young People's Development Forum which enables ongoing engagement with our [disabled] children & young people who identify their own needs, plan, deliver and measure programmes [facilitated by a staff member].

"Sporting Futures" will be led by young people [as volunteers] who will be trained and may achieve sports leaders qualifications.

Inclusivity will also apply to BAMER communities as sport is a great unifier.

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

The Progress Project does not currently have any formal quality accreditations, however our partners [we are a consortium] hold quality marks such as Matrix, Chartered Institute of Personnel Development (CIPD), Investors in People (IIP), Learning Skills Council (LSC), Community Legal Service (CLS) etc. therefore we have quality policies which guide us based on accredited standards and we will be seeking future accreditations of our own e.g. PQASSO in 2015.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Inclusive Sports - we will deliver an inclusive sports programme throughout the year in which 100 disabled young people will participate [300 over 3 years] comprising sports of their choosing which will be developed as the project progresses plus support on healthy living e.g. diet and fitness coaching.

Sports Leadership - 10 disabled young people each year will undertake a sports leadership course which can lead to a qualification or it may be simply experiential to enable a team of peers to lead on the programme and organise / deliver many of the activities arranged.

Volunteering -- we will recruit 10 disabled young people as volunteers each year [30 over 3 years] to support the programme - volunteers will conduct tasks including outreach, organising / supporting sports and leading on all consultation [as part of our successful Forum] to plan, arrange, deliver and measure activities.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Inclusive Sports - disabled young people will :-

- **have equal access to sports activity**
- **engage in community social activity inclusively**
- **live healthier lives improving their diet and physical fitness**
- **have an opportunity to play for fun or progress into competition to realise their sporting potential**

Sports Leadership - disabled young people will :-

- **build confidence, learn myriad new skills and engage in community activity**
- **gain an accredited sports leadership qualification [if they choose]**
- **learn an employment driven skill i.e. sports leadership, which can lead to jobs within the sports industry**

Volunteering -- disabled young people who volunteer will :-

- **Build their confidence by being supported into volunteering**
- **Learn new skills including communications, planning and organisational skills [not just the sports element]**
- **Better compete for employment gaining real work experience**
- **Participate in social activity in the community**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

"Sporting Futures" emanated from a [Lottery funded] programme and represents its continuation strategy focussing on a successful sports element which was piloted - the new project will follow the same format i.e. delivery, evaluation of what works well, planning future work [consulting with disabled young people] and fund raising as appropriate e.g. via charitable trusts.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

120

In which Greater London borough(s) or areas of London will your beneficiaries live?

Barking & Dagenham (100%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Sports Participation Officer [& NI]	18,796	19,193	19,598	57,588
Recruitment	500	0	0	500
Staff Costs	1,220	1,244	1,269	3,734
Volunteer / Mentor Costs	2,880	2,938	2,996	8,814
Volunteer / Mentor Training	1,200	1,200	1,200	3,600
Sports Leadership Training	2,500	2,500	2,500	7,500
Sports Activity Programme	5,000	5,000	5,000	15,000
Sports Equipment	500	500	500	1,500
Core Contribution [Revenue and other costs]	4,889	4,886	4,960	14,735
TOTAL:	37,485	37,461	38,024	112,971

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A - our proposal is for 100% funding	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	0
Income from charitable activities	112,350
Other sources	0
Total Income:	112,350

Expenditure:	£
Charitable activities	66,963
Governance costs	12,670
Cost of generating funds	0
Other	0
Total Expenditure:	79,633
Net (deficit)/surplus:	32,717
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	32,717

Asset position at year end	£
Fixed assets	1,058
Investments	0
Net current assets	38,270
Long-term liabilities	0
*Total Assets (A):	39,328

Reserves at year end	£
Restricted funds	30,237
Endowment funds	0
Unrestricted funds	9,091
*Total Reserves (B):	39,328

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1 – 10% [Actual = 8.9%]

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: Since accounts of 31 March 2014, we have allowed one of our two funded projects to end [December 2014] and we are currently conducting evaluation with a view to developing new work and new funding to follow on – as such, our Lottery grant has ended which will impact upon income / expenditure levels.
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	9,999	10,000	10,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BBC Children In Need	17,524	18,069	18,631
Tudor Trust	18,000	14,000	10,000
Big Lottery YPF2	39,573	33,668	63,231
Lloyds / TSB Foundation	0	0	9,250
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mark Gerbaldi**

Role within **Development Officer**
Organisation: