

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Hillingdon South Society for Mentally Handicapped Children	
If your organisation is part of a larger organisation, what is its name? Mencap	
In which London Borough is your organisation based? Hillingdon	
Contact person: Mrs Anne Sellars	Position: Secretary
Website: http://N/A	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 262437
When was your organisation established? 09/02/1955	
<p>Aims of your organisation:</p> <p>We offer a relief to people with a learning disability in particular by the provision of help and support for them and for their families, dependents and carers. We help to provide or assist in the provision of facilities for the recreation or other leisure time occupations for people who have need thereof by reason of a disability mentally or physically with the object of improving their well being and conditions of life.</p> <p>The charity as a whole is a social centre with a hydrotherapy pool in the same grounds. The two centres are run with separate committees (the pool as a sub committee) and are financed separately. The two sets of accounts are kept separate but put together for the benefit of the Charities commission.</p>	
<p>Main activities of your organisation:</p> <p>To provide leisure activities for those within the community who have either a mental or physical disability. Included in the activities that are arranged in the social centre itself are various arts and crafts, puzzles, flower arranging and a dance school. The organisation also arranges annual holidays and frequent day trips. Within the grounds the charity also owns a hydrotherapy pool and this allows various specialist groups and schools to benefit from the warm water and a small environment. The current users include: 4 schools whose pupils have learning, physical or mental disabilities. They run organised swimming lessons. An arthritic group whose members are referred to the pool by either a doctor or the local hospital. They come for physical exercise and fitness. Their members tend to be 50+ The local hospital as part of their physiotherapy programme A families group which is operated by volunteers for people within the community who have a family member that is handicapped.</p>	

Summary of grant request

The current pool building is in a very bad state of repair and although of its time is now very restricting in space and provides problems for those with disabilities as the corridors are narrow and the layout is of such that it has tight corners making accessibility for some users quite a problem. It is in need of work in many areas to bring it up to current standards. Our main aims are to be able to provide a new enclosure over the pool (stage 1 of our project) and re-design the layout of the changing areas to allow better accessibility for all members including those with disabilities (stage 2 of the project).

The pool is situated in the grounds of a school and we are limited to when work can be carried out. The enclosure (for which we have funding) is being done during the 6 week summer break 2014. The frame will be made off site and transported and put in place. At the same time we would hope to be able to make a start on phase 2 by clearing the area and lay the new footings for the additional building works. We would then make use of holidays to continue the works through the year with completion during the summer 6 weeks of 2015.

We would hope to achieve a better facility for all those in the community with the emphasis on those who use the pool with disabilities. We are looking to improve accessibility around the building which is currently a major problem with doors opening the wrong way and the building being too small to cater for users in any numbers. If we are able to extend the current building we will be able to incorporate new, larger and abiding with current standards changing areas. More and larger shower areas with fittings of drop down seats and hand or grab rails for disabled or infirm. Currently there is only one toilet so more toilets would be included. More space would allow an easier flow of people traffic and make the building more user friendly for all.

The members of the committee who run the day to day operation of the pool are the only people who have any dealings with the pool and therefore we are the only organisation who would be likely to deliver the work.

Through the work we are looking to carry out we hope to be able to deliver the trusts outcome of more Londoners reporting improved well being etc. The pool was originally built for those with disabilities and although the usage has widened to incorporate young children and elderly the main emphasis of the pool is for those with disabilities. Extension of the pool would allow better facilities for all and we would hope to attract more users including those with sight and hearing impediments. The warm water allows teaching of swimming to be a pleasure for pupils as opposed to a trial. For the disabled, elderly and infirm the water eases aching joints and allows freer movement of limbs.

We hope we show good practice in the following:
Pool users come together in groups for their specific needs, a great rapport is formed with its members. This enables users of all nationalities, religious beliefs and social differences to integrate with the common bond of using the pool for either exercise, pain relief or recreational purposes. We believe this highlights the specific issue of social cohesion and improving health and well-being through participation in physical activity and sport.
The pool is run, managed and supported totally by local volunteers.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To provide a hydrotherapy pool for the community with priority to those who are handicapped in anyway. To provide ease of access both to the pool and around the interior of the building.

To supply various textured surfaces and different lighting for those that have sight impairments. To provide signage for those who have hearing impairments.

To encourage those with walking difficulties to use the pool with the benefit of the use of hand rails around all areas and grab rails within the new changing areas. To provide functional shower areas with fold down seating and rails.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

An increase of disabled people being able to use the pool both in groups for their specific needs and recreationally with family members.

Blind and deaf people of the local community using the pool either socially or for lessons

Learn to swim classes for those young and disabled

The elderly and infirm reporting better health benefits

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 2,000
In which Greater London borough(s) or areas of London will your beneficiaries live? Hillingdon (60%) Ealing (15%) Hounslow (15%) Harrow (10%)
What age group(s) will benefit? 0-15 16-24 25-44 45-64 65-74 75 and over
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 31-40% (800)

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
New Pool Enclosure	120,000	0	0	0
Extension for re-design of layout	20,000	70,000	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Sport England	50,000	0	0	0
Hillingdon Community Trust	30,000	7,500	0	0
Brnard Sundley Trust	10,000	0	0	0
Hillingdon South Soc. for Mentally Handicapped Children	30,000	0	0	0
TOTAL:	120,000	7,500	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Garfield Weston	0	30,000	0	0
Sainsburys	0	5,000	0	0
AP Taylor	0	10,000	0	0
	0	0	0	0
TOTAL:	0	45,000	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Extension for re-design of layout	20,000	60,000	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	20,000	60,000	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: July	Year: 2013
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Income received from:	£
Voluntary income	7,002
Activities for generating funds	39,915
Investment income	0
Income from charitable activities	13,500
Other sources	260
Total Income:	60,677

Expenditure:	£
Charitable activities	0
Governance costs	0
Cost of generating funds	37,384
Other	7,665
Total Expenditure:	45,049
Net (deficit)/surplus:	15,628
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	15,628

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	106,843
Long-term liabilities	0
*Total Assets (A):	106,843

Reserves at year end	£
Endowment funds	0
Restricted funds	0
Unrestricted funds	106,843
*Total Reserves (B):	106,843

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
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Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: None
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	13,500	13,500	13,500
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Awards for All	10,000	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Anne Sellars**

Role within **Secretary**
Organisation: