

Health and Wellbeing Board

Date: FRIDAY, 6 MAY 2022

Time: 11.30 am

Venue: COMMITTEE ROOMS - 2ND FLOOR WEST WING, GUILDHALL

Members: Deputy Marianne Fredericks,

Court of Common Council

Mary Durcan, Court of Common

Council

Deputy Randall Anderson, Court

of Common Council
Gail Beer, Healthwatch
Matthew Bell, Policy and
Resources Committee
Andrew Carter, Director of
Community and Children's

Services/ Safer City Partnership

Nina Griffith, Clinical Commissioning

Group

Steve Heatley, City of London Police Dr Sandra Husbands, Director of Public

Health

Ruby Sayed, Chairman, Community and

Children's Services Committee

Gavin Stedman, Port Health and Public

Protection Director

Enquiries: Julie.Mayer@cityoflondon.gov.uk

Accessing the virtual public meeting

Members of the public can observe this virtual public meeting at the below link: https://youtu.be/d3w9b4cQiiw

A recording of the public meeting will be available via the above link following the end of the public meeting for up to one municipal year. Please note: Online meeting recordings do not constitute the formal minutes of the meeting; minutes are written and are available on the City of London Corporation's website. Recordings may be edited, at the discretion of the proper officer, to remove any inappropriate material.

John Barradell
Town Clerk and Chief Executive

AGENDA

Part 1 - Public Reports

1. APOLOGIES FOR ABSENCE

2. DECLARATIONS UNDER THE CODE OF CONDUCT IN RESPECT OF ITEMS ON THE AGENDA

3. ELECTION OF CHAIRMAN

To elect a Chairman in accordance with Standing Order 29.

For Decision

4. ELECTION OF DEPUTY CHAIRMAN

To elect a Deputy Chairman in accordance with Standing Order 30.

For Decision

5. ORDER OF THE COURT

Order of the Court of Common Council, 21 April 2022, appointing the Board and approving the Terms of Reference.

For Information (Pages 5 - 6)

6. **MINUTES**

To agree the minutes of the previous meeting.

For Decision (Pages 7 - 14)

7. ACTION LOG

Report of the Town Clerk

For Information (Pages 15 - 16)

8. TEMPO TIME CREDITS PRESENTATION

Representative of Tempo Time Credits to be heard.

For Information

9. COVID-19 UPDATE

The Director of Public Health to be heard.

For Information

10. CITY AND HACKNEY SAFEGUARDING CHILDREN PARTNERSHIP ANNUAL REPORT 2020/21

Report the Independent Child Safeguarding Commissioner, City and Hackney Safeguarding Children Partnership and Chair of the City and Hackney Safeguarding Children Partnership.

For Information (Pages 17 - 18)

11. VERBAL UPDATE ON JOINT HEALTH AND WELLBEING STRATEGY

The Director of Community and Children's Services to be heard.

For Information

12. DIRECTOR OF PUBLIC HEALTH REPORT FOR 2020/21

Report of the Director of Public Health.

For Information (Pages 19 - 64)

13. SEXUAL AND REPRODUCTIVE HEALTH COMMISSIONING

Report of the Director of Community and Children's Services.

For Information (Pages 65 - 74)

14. QUESTIONS ON MATTERS RELATING TO THE WORK OF THE BOARD

15. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT

16. **EXCLUSION OF PUBLIC**

MOTION - That under Section 100A(4) of the Local Government Act 1972, the public be excluded from the meeting for the following items of business on the grounds that they involve the likely disclosure of exempt information as defined in Paragraph 3 of Part I of Schedule 12A of the Local Government Act.

For Decision

Part 2 - Non Public Reports

17. NON PUBLIC MINUTES

To agree the minutes of the previous meeting.

For Decision (Pages 75 - 78)

- 18. NON PUBLIC QUESTIONS ON MATTERS RELATING TO THE WORK OF THE BOARD
- 19. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT AND WHICH THE BOAR AGREES SHOULD BE CONSIDERED WHILST THE PUBLIC ARE EXCLUDED

Agenda Item 5

KEAVENY, Mayor	RESOLVED: That the Court of Common	
	Council holden in the Guildhall of the City of	
	London on Thursday 21st April 2022, doth	
	hereby appoint the following Committee until	
	the first meeting of the Court in April, 2023.	
	_ '	

HEALTH & WELLBEING BOARD

1. Constitution

A Non-Ward Committee consisting of,

- three Members elected by the Court of Common Council (who shall not be members of the Health and Social Care Scrutiny Sub-Committee)
- the Chairman of the Policy and Resources Committee (or his/her representative)
- the Chairman of Community and Children's Services Committee (or his/her representative)
- the Chairman of the Port Health & Environmental Services Committee (or his/her representative)
- the Director of Public Health or his/her representative
- the Director of the Community and Children's Services Department
- · a representative of Healthwatch appointed by that agency
- a representative of the Clinical Commissioning Group (CCG) appointed by that agency
- a representative of the Safer City Partnership
- the Port Health and Public Protection Director
- a representative of the City of London Police appointed by the Commissioner

2. Quorum

The quorum consists of five Members, at least three of whom must be Members of the Common Council or officers representing the City of London Corporation.

3. Membership 2022/23

- 6 (3) Marianne Bernadette Fredericks, Deputy
- 4 (2) Mary Durcan
- 1 (1) Randall Anderson, Deputy

Together with the Members referred to in paragraph 1 above and one Member to be appointed this day.

Co-opted Members

The Board may appoint up to two co-opted non-City Corporation representatives with experience relevant to the work of the Health and Wellbeing Board.

4. Terms of Reference

To be responsible for:-

- a) carrying out all duties conferred by the Health and Social Care Act 2012 ("the HSCA 2012") on a Health and Wellbeing Board for the City of London area, among which:
 - i) to provide collective leadership for the general advancement of the health and wellbeing of the people within the City of London by promoting the integration of health and social care services; and
 - ii) to identify key priorities for health and local government commissioning, including the preparation of the Joint Strategic Needs Assessment and the production of a Joint Health and Wellbeing Strategy.

All of these duties should be carried out in accordance with the provisions of the HSCA 2012 concerning the requirement to consult the public and to have regard to guidance issued by the Secretary of State;

- b) mobilising, co-ordinating and sharing resources needed for the discharge of its statutory functions, from its membership and from others which may be bound by its decisions; and
- c) appointing such sub-committees as are considered necessary for the better performance of its duties.

5. Substitutes for Statutory Members

Other Statutory Members of the Board (other than Members of the Court of Common Council) may nominate a single named individual who will substitute for them and have the authority to make decisions in the event that they are unable to attend a meeting.

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HEALTH AND WELLBEING BOARD

Friday, 18 February 2022

Minutes of the meeting held at Guildhall at 11.00 am

Present

Members:

Marianne Fredericks (Chairman) Mary Durcan (Deputy Chairman)

Randall Anderson

Gail Beer, Healthwatch

Matthew Bell, Policy and Resources Committee

Andrew Carter, Director of Community and Children's Services/Safer City Partnership

Commander David Evans, City of London Police Nina Griffith, Clinical Commissioning Group

Dr Sandra Husbands. Director of Public Health

Rachel Pye, Assistant Director of Public Protection

Officers:

Andrew Buckingham - Town Clerk's Department
Kerry Nicholls - Town Clerk's Department

James Gibson - Chief Operating Officer's Department

Simon Cribbens

- Community and Children's Services Department

Ian Hughes
 Ruth Kocher
 Department of the Built Environment
 Department of the Built Environment
 City and Hackney Public Health Team
 Andrew Trathen
 Department of the Built Environment
 City and Hackney Public Health Team
 City and Hackney Public Health Team

Jim Gamble - City and Hackney Safeguarding Children Board

1. APOLOGIES

Apologies were received from Chief Superintendent Steve Heatley, Ruby Sayed and Jeremy Simons.

The Chairman led the Board in welcoming Nina Griffiths who would be representing the NHS North East London Clinical Commissioning Group as a new Board Member.

2. DECLARATIONS UNDER THE CODE OF CONDUCT IN RESPECT OF ITEMS ON THE AGENDA

There were no declarations.

3. MINUTES

In considering Minute 6: Update on the City and Hackney Pharmaceutical Needs Assessments 2022, the Deputy Director of Public Health advised that the Chairman had recently provided representations on behalf of the Board with regard to a proposed chemist closure in the City of London. A robust process was now in place to support timely consultation on any similar arising matters.

RESOLVED, that the public minutes and non-public summary of the meeting held on 26 November 2021 be approved.

4. **JOINT STRATEGIC NEEDS ASSESSMENT: NEW PROCESS OVERVIEW**The Board considered a report of the Director of Public Health presenting the proposed production process of the City and Hackney Joint Strategic Needs Assessment (JSNA) and the following points were made:

- There was a statutory requirement for local authorities and their partners to produce an annual JSNA to inform and underpin policy, commissioning, key strategies and other local plans designed to improve the health and wellbeing of their residents. It was proposed that the City and Hackney JSNA be based around a four-stage cycle comprising Initiation, Approval; Production and Evaluation. This cycle would further be supported by robust consultation and collaboration processes, both with local service users and stakeholders, as well as with neighbouring areas including as the London Borough of Tower Hamlets where some City residents accessed healthcare. It was also planned to update the City and Hackney JSNA website to reflect the evolving health and wellbeing profile and priorities of the City of London and London Borough of Hackney.
- The Chairman welcomed the proposed process to produce the City and Hackney JSNA, which reflected the key role of the Health and Wellbeing Board in approving and evaluating the JSNA, and noted that the annual timescales for producing the JSNA would need to fit with the commissioning and budgetary cycles of all stakeholders. In response to a question from a Board Member, the Health Intelligence Lead advised that the City and Hackney JSNA website was being designed as a flexible resource to provide health and wellbeing information at a range of levels but that this would be delivered in line with data protection requirements with no individuals being identifiable. The Chairman underlined the need for a direct link to the City and Hackney JSNA website from the City of London Corporation website to reflect the City of London's joint ownership of this work.

RESOLVED, that:

- The new process be approved;
- The Health and Wellbeing Board contribute to the annual Joint Strategic Needs Assessment work plan as described within the process; and,

• Members' comments on the timescales to initiate the annual Joint Strategic Needs Assessment process be noted.

5. HEALTH AND WELLBEING BOARD STRATEGY UPDATE

The Board heard an update of the Director of Public Health on the Health and Wellbeing Board Strategy and the following point was made:

A Health and Wellbeing Board Strategy was being developed to provide a detailed picture of health inequality in the City of London. As well as establishing the role of the Board as a place-based expert within the wider health and social care infrastructure, the strategy would help identify those in low-paid and insecure work and ensure appropriate levels of support were in place. Work to develop the strategy would be supported by an extensive engagement programme, including peer researchers targeting specific communities, prior to the final strategy being presented to the meeting of the Health and Wellbeing Board on 25 November 2022 for approval. In response to a question from the Chairman, the Strategy and Projects Officer advised that the strategy was primarily focused on individuals who worked in low-paid or insecure work. The Chairman requested that the definition of health inequalities include mental health support and another Board Member underlined the corporate responsibility that companies based within the City of London had for all their employees, included sub-contracted staff who might be in low-piad or insecure positions.

RESOLVED, that the update be noted.

6. ANNUAL REVIEW OF TERMS OF REFERENCE

The Board considered a report of the Town Clerk presenting the annual review of the Terms of Reference and the following point was made:

• It was proposed that no changes be made to the Terms of Reference at the present time as the Health and Care Bill was not due to be enacted until later in 2022 and could have implications for the composition and the scope of the work of the Health and Wellbeing Board. The Chairman noted that the Board continued to carry a vacancy for a representative of the Safer City Partnership and requested that new representation be sought at the start of the 2022/23 municipal year.

RESOLVED, that:

- The Terms of Reference be approved for submission to both the Policy and Resources Committee and the Court of Common Council for approval;
- No change was required to the Board's frequency of meetings;
- No change was required to the Board's current composition; and

 Authority be delegated to the Town Clerk in consultation with the Chairman and Deputy Chairman to agree any further changes to the Terms of Reference for the 2022/23 municipal year.

7. COVID-19 UPDATE

The Board heard an update of the Director of Public Health on issues and matters relating to the COVID-19 pandemic and the following point was made:

• The City of London currently had the highest infection rate per 100k of population across London. Due to the small population, this equated to approximately 80-90 cases per week which were mostly affecting adults aged between 19-24 years. The existing vaccination programme had been supplemented by pop-up vaccination sessions at various locations across the City which had supported a large increase in uptake of the vaccine in Portsoken ward in December 2021. In response to a question from a Board Member, the Deputy Director of Public Health confirmed that whilst the COVID-19 infection rate remained high, the number of City residents requiring hospitalisation continued to decrease with approximately 3-5 individuals requiring mechanical ventilation per week. The Chairman requested that more City-specific data be provided for future updates to the Board.

RESOLVED, that the update be noted.

8. HEALTHWATCH CITY OF LONDON PROGRESS REPORT

The Board considered a report of the General Manager of Healthwatch City of London providing an update on its work and the following points were made:

- Healthwatch continued to work closely with residents regarding health and wellbeing services in the City of London and had held a successful online public meeting with guest speakers from St Bartholomew's Hospital and Homerton University Hospital Foundation Trust in December 2021. St Bartholomew's Hospital and NHS North East London Clinical Commissioning Group had recently announced the establishment of new consultations mechanisms comprising a Patient Experience and Engagement committee and Engagement Leads network respectively, and Healthwatch City of London would be represented on both bodies to ensure that engagement with City residents was robust and that City voices were heard.
- In considering the update, the Chairman noted the long journeys many City residents faced in travelling to Homerton University Hospital Foundation Trust provision. The Chairman proposed that community diagnostic hubs be established for the City's resident and working population, as well as for health areas underrepresented in the City of London such as access to NHS dentistry. The Director of Community and Children's Services suggested that dentistry be incorporated in the Joint Strategic Needs Assessment.

The Chairman observed that Paul Coles, General Manager of Healthwatch City of London would be leaving his role shortly and thanked him for his excellent contribution to the Board.

RESOLVED, that the update be noted.

9. SYNERGI PLEDGE MAKERS PROGRESS REPORT

The Board considered a report of the Director of Public Health providing a progress update on Synergi Pledge Makers and the following point was made:

The Synergi collaborative was a five-year national initiative, funded by Lankelly Chase, to reframe, rethink and transform the realities of ethnic inequalities in being impacted by severe mental illness and multiple disadvantage. In Spring 2021, the Health and Wellbeing Boards of the City of London and London Borough of Hackney became signatories to the Synergi pledge. Work was now underway to deliver against the seven pledge commitments which aimed to create fundamental, inclusive and sustainable change to reduce ethnic inequalities in access, experience and outcomes, including close working with local BAME communities, service users and relevant community agencies, as well providing national leadership on this critical issue. In response to a question from the Chairman, the Consultant in Public Health confirmed that it whilst not all the areas that made up the NHS North East London Clinical Commissioning Group had signed to the Synergi Pledge, work was ongoing to promote participation.

RESOLVED, that:

- The report be noted;
- Further activities underway that would feature in subsequent reports be noted; and,
- Members' comments on issues and areas of activity at a system-level to become a focus in the next and subsequent bi-annual reports be noted.

10. **QUESTIONS ON MATTERS RELATING TO THE WORK OF THE BOARD** There were no questions.

11. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT There were three items of other business.

The Chairman notified the Board that, following a rigorous assurance process, the City's Better Care Fund bid had been approved and that funding would be formally released in accordance with the approved plan.

The Chairman further advised that a City and Hackney Women's Reproductive Health Survey would be launched shortly. This was a localised version of a national survey and was designed to better understand the needs of women aged 15-55 years resident in the City and Hackney area. Those who qualified were encouraged to complete the survey and promotional information would be shared with Board Members when available.

The Chairman thanked Board Members, Officers and partners for their commitment and excellent work in supporting the Health and Wellbeing Board during the 2021/22 municipal year. The Chairman particularly acknowledged the excellent contribution of Jeremy Simons over many years as he would shortly be stepping down as a Common Councillor.

12. EXCLUSION OF PUBLIC

RESOLVED, that, under Section 100(a) of the Local Government Act 1972, the public be excluded from the meeting for the following items on the grounds that they involve the likely disclosure of exempt information as defined in Part 1 of Schedule 12A of the Local Government Act.

Item no	Para no	
13, 15, 17 & 18	3	
14	1, 2 & 3	
16	3 & 7	

13. NON-PUBLIC MINUTES

RESOLVED, that the non-public minutes of the meeting held on 26 November 2021 be approved.

14. SUICIDE PREVENTION IN THE CITY OF LONDON AND MENTAL HEALTH STREET TRIAGE EVALUATION

The Board considered a report of the Director of Public Health regarding suicide prevention in the City of London, including an evaluation of the Mental Health Street Triage service.

15. PLANNING ADVICE NOTE: PREVENTING SUICIDES IN HIGH RISE BUILDINGS AND STRUCTURES

This item was withdrawn.

16. SECURE CITY PROGRAMME - CCT AND TELECOMMUNICATIONS WORKSTREAM

The Board considered a joint report of the Director of the Built Environment and the Commissioner of the City of London Police on the Secure City Programme – CCTV and Telecommunications workstream.

17. NON-PUBLIC QUESTIONS ON MATTERS RELATING TO THE WORK OF THE BOARD

There were no questions.

18. ANY OTHER BUSINESS THAT THE CHAIRMAN CONSIDERS URGENT AND WHICH THE BOARD AGREES SHOULD BE CONSIDERED WHILST THE PUBLIC ARE EXCLUDED

There was no other business.

The meeting ended at 1.20 pm	
Chairman	

Contact Officer: Kerry Nicholls kerry.nicholls@cityoflondon.gov.uk

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Agenda Item 7

HEALTH AND WELLBEING BOARD ACTION LOG February 2022

Public Actions

	Action Number	Agenda Item	Action	Progress Update
	1/21/HWB/P	Better Care Fund 2021-22	Added to Work Programme (Clerk)	
	2/21/HWB/P	Update on the City and Hackney Pharmaceutical Needs Assessments 2022	The Islington Pharmaceutical Needs Assessment 2022 to circulated to be Health and Wellbeing Board when available.	To be actioned when available (Chris Lovett)
age	1/22/HWB/P	Annual Review of the Terms of Reference	The Board's Terms of Reference to be reviewed following the enactment of the Health and Care Bill.	To be actioned when available (Clerk/Chris Lovitt)
15			A new Board representative of the Safer City Partnership be sought at the start of the 2022/23 municipal year.	To be actioned at first meeting of Safer City Partnership of the new municipal year (Clerk)
	2/22/HWB/P	COVID-19 Update	More City-specific data be provided for any future COVID- 19 updates to the Board.	To be actioned (Dr Sandra Husbands/Chris Lovitt)
	3/22/HWB/P	Any Other Business	Promotional information on the City and Hackney Women's Reproductive Health Survey to be shared with Board Members when available.	Completed (1/4/22) (Xenia Koumi/Chris Lovitt)

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Committee(s)	Dated:
Safeguarding Sub Committee Health & Wellbeing Board	7 February 2022 6 May 2022
Subject:	
City & Hackney Safeguarding Children Partnership Annual report 2020/21	Public
Which outcomes in the City Corporation's Corporate Plan does this proposal aim to impact directly?	Contribute to a flourishing society - People are safe and feel safe.
Does this proposal require extra revenue and/or capital spending?	N
If so, how much?	N/A
What is the source of Funding?	N/A
Has this Funding Source been agreed with the Chamberlain's Department?	N/A
Report of: The City and Hackney Safeguarding Children Partnership	For Information
Report author: Jim Gamble QPM on behalf of the CHSCP's Safeguarding Partners	

Summary

The CHSCP Annual Report 2020/21 is available <u>HERE</u>.

In line with statutory guidance (Working Together 2018) and in order to bring transparency for children, families and all practitioners about the activity undertaken, safeguarding partners must publish a report at least once in every 12-month period.

The City & Hackney Safeguarding Children Partnership annual report for 2020/21 sets out examples of the **impact**, **evidence**, **assurance and learning** arising from the safeguarding arrangements in the City of London and the London Borough of Hackney. It covers and reports on activity between 1st April 2020 and 31st March 2021 and includes the following:

- The governance and accountability arrangements for the CHSCP's safeguarding arrangements.
- The context for safeguarding children and young people in the City of London, highlighting the progress made by the City partnership over the last year.
- The context for safeguarding children and young people in the London Borough of Hackney, highlighting the progress made by the Hackney partnership over the last year.
- The lessons that the CHSCP has identified through its Learning & Improvement
 Framework and the actions taken to improve child safeguarding and welfare as
 a result of this activity.
- The range and impact of the multi-agency safeguarding training delivered by the CHSCP.
- The CHSCP's priorities going forward and the key messages for those involved in the safeguarding of children and young people.

Recommendation(s)

To note the contents of the report

Jim Gamble QPM Independent Child Safeguarding Commissioner, CHSCP

Committee(s):	Dated:
Health and Wellbeing Board: for information	6th May 2022
Subject: Children and Covid-19: Annual director of public	Public
health report (2020/21)	
Which outcomes in the City Corporation's Corporate	1, 2, 3 and 4
Plan does this proposal aim to impact directly?	
Does this proposal require extra revenue and/or	N
capital spending?	
If so, how much?	£ n/a
What is the source of Funding?	
Has this Funding Source been agreed with the	n/a
Chamberlain's Department?	
Report of: Dr Sandra Husbands	For Information
Report author: Sara Bainbridge and Chris Lovitt, Public Health	

Summary

Each year, the director of public health is required to publish a report on "the health of the people in the area of the local authority". For 2020/21, the report concerns children and Covid-19. The director of public health annual report (DPHAR) is due to be published online by the end of April 2022. The Health and Wellbeing Board (HWB) is requested to consider and respond to the recommendations within the report. The focus of the next report (for 2021/22) is yet to be confirmed but may be on economic recession and its impact on health.

Recommendation(s)

The HWB is requested to note i) the recommendations within the DPHAR and ii) suggest stakeholders who should receive the report.

Main Report

Background

 The annual report from the Director of Public Health provides an opportunity to assess the local population's health and, as appropriate, make recommendations to address identified need.¹

2.	The report for 2020/21 was delayed due to the need to respond to the Covid
	pandemic but has now been finalised. It is due to be published online in April
	2022.

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https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/860515/direct_ors-of-public-health-in-local-government-roles-responsibilities-and-context.pdf

- 3. This year, the report considers the wider impacts of the pandemic on the health of children and young people. It shows the breadth of effects that the pandemic has had, and that there is a gradient of impact.
- 4. The report was developed in liaison with stakeholders in both the City of London and Hackney, and informed by desk research. It was discussed by DLT and the Children's Senior Management Team in September 2021. A draft was also reviewed in February and March 2022 by colleagues from the Department of Community and Children's Services. It has subsequently been review by DLT in April 2022.
- 5. The report uses data and analysis that has been collated in the recently published 0-19 needs assessment. It goes into more detail about six issues which have impacted children during the pandemic:
 - a. Poverty and deprivation
 - b. Mental health
 - c. Childhood immunisation
 - d. Weight and physical activity
 - e. Early years
 - f. Access to healthcare
- 6. There are five broad areas where the report makes recommendations:
 - a. As the pandemic still has the potential to disrupt crucial services for children (such as education and healthcare) and affect children directly, it is still important to control Covid-19 and prevent illness through vaccination.
 - b. This opportunity must be taken to strengthen and improve our vaccination uptake from all immunisations.
 - c. To reduce inequalities that could have been widened by the pandemic, it is vital that catching up on what's been missed in education and healthcare should be approached in an equitable way.
 - d. New needs have arisen as a result of the pandemic, and these should be recognised and addressed. This includes:
 - i. Addressing obesity by supporting children and young people to eat healthily and move more. Interventions and system-wide efforts that can help children and young people (and their families) maintain a healthy weight will be vital.
 - ii. Making sure children and young people can access mental health support are essential, especially in the context of those who may have been impacted by trauma.
 - e. Closing the gaps: it's important to address poverty with an evidence-based and evaluated approach.
- 7. The DPHAR will be published online in April 2022 and shared directly with stakeholders.

8. A possible topic for the next DPHAR is the impact of poverty on health, taking into account increasing cost of living pressure and economic downturns.

Current Position

- 9. The HWB is asked to suggest any stakeholders who should be sent the report directly.
- 10. Responses to the recommendations from partners across the City of London and Hackney are likely to arise through ongoing work.
- 11. Public health colleagues are also able to provide an update on the progress made in relation to recommendations in last year's DPHAR on substance misuse.

Key Data

- 12. In 2020, 3101 children and young people aged between 0 and 24 years old were estimated to live in the City of London.
- 13. As of February 2022, 642 cases of Covid-19 had been reported in the City of London population aged 0 to 25.
- 14. In 2020, 2.9% of primary school pupils in the City of London had social, emotional and mental health needs.

15.

Appendices

Appendix 1. Draft annual director of public health report on children and Covid-19 (PDF)

Appendix 2. A health needs assessment for the population aged 0-25 for the City of London and Hackney. (link to website)

Chris Lovitt
Deputy Director of Public Health

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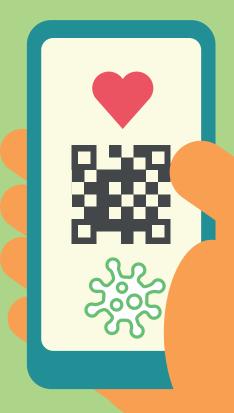
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Children, young people and COVID-19 in the City of London and Hackney

Annual report of the Director of Public Health for City and Hackney

2020/21







Hackney

Foreword

This year my annual report is focused on children and the impact that the COVID-19 pandemic has had on them. Hackney and the City of London have young populations – three of every ten people who live in this area are under 25 years old. Each one of these local children and young people are unique. But many of them have faced shared challenges during the last two years.

The impact of COVID-19 has been felt by everyone, and no two experiences will be the same. The diversity of Hackney and the City London is a huge asset – but we must cknowledge that this also means there are inequalities. Some children and young people hay be more vulnerable to harm, and this has to be tackled.

This pandemic has had consequences – both directly and indirectly. By zooming in on key areas of concern that are impacting on the health of children and young people who live here, this report aims to highlight where actions are needed in response to the impact of the pandemic. There will be other issues that have been important to people and there are other

attempts at capturing these and tackling them, both in Hackney and the City and further afield.

There will be children and young people in Hackney and the City of London who have experienced trauma over the last two years. For some, this may have been the result of the pandemic and the circumstances they or their families found themselves in. For others, trauma has results from failings: including child Q, whose experience has come to light since this report was drafted. The role of safeguarding has therefore been hugely important, and we must recognise and address the impact that trauma has, and will have, on the children and young people who live here.

As we continue into 2022, with the publication of our children and young people's needs assessment, and the development of a public health's children's strategy on the horizon, now is the time to ensure we all reflect on the pandemic and ensure we – and our partners – are strongly positioned to take steps for tomorrow.

This report looks back on what has happened and makes high level recommendations for what needs to happen now – it is intended to be used by those who work with and for children and young people across this part of London. Next steps must be taken with the involvement of children and young people so their voices and views are heard and acted on.



Dr Sandra Husbands

Director of Public Health for City and Hackney

Executive summary and recommendations

The COVID-19 pandemic has had a significant impact on all parts of the population, and this includes children and young people who live in Hackney and the City of London. Thousands of children in the area have had COVID-19¹, but this report explores the wider impacts of the pandemic on children and young people and their health. It shows the breadth of effects that the pandemic has had, and that there is a gradient of impact. Children and young people living in more deprived communities within Hackney and the City have experienced the greatest impact, given their pre-existing Hulnerabilities to poor health due to the Thequalities they experience. As we know Com the work of Professor Michael Marmot, giving every child the best start in life is a fundamental building block to reduce health inequalities and enable more people to live a healthy, fulfilling life². It is therefore vital that action is taken to ensure the impacts of the pandemic do not lead to even wider inequality. The pandemic has not ended – at the time of writing, there were still over a 100 children each week testing positive for COVID-19 in Hackney and the City3. Vaccination for children is on offer. But as the country makes decisions on what to do next, these must include actions to reduce the impact of COVID-19 on our children and young people.



As we know from the work of Professor Michael Marmot, giving every child the best start in life is a fundamental building block to reduce health inequalities and enable more people to live a healthy, fulfilling life.

It is therefore vital that action is taken to ensure the impacts of the pandemic do not lead to even wider inequality.

Recommendations

As Director of Public Health, I recommend five areas of action to help address the impacts of COVID-19 on children and young people:

As the pandemic still has the potential to disrupt crucial services for children (such as education and healthcare) and affect children directly, it is still important to control COVID-19 and prevent illness through vaccination.

Continued, proportionate efforts to reduce transmission of COVID-19 are a first step. Cases of the virus still cause illness and disruption – some of which can impact children, whether directly, or by impacting on the services they need from care-givers, educators or healthcare professionals.

Public health efforts around infection prevention and control, such as good ventilation, can be maintained.

>

Other measures (such as supporting people to stay home if they're unwell) are proportionate, evidence based and sensible. 'Living with Covid' does not mean we need to give up all forms of defence. Our other defence – the development of safe and effective COVID-19 vaccines has been an enormous asset, and I encourage people to take up that offer.

This opportunity must be taken to strengthen and improve our vaccination uptake from all immunisations. The value and importance of childhood immunisations for all infectious diseases should be recognised. Our vulnerability to infectious disease has been highlighted and so ensuring children and young people benefit from immunisations of all kinds is crucial.

To reduce inequalities that could have been widened by the pandemic, it is vital that catching up on what's been missed in education and healthcare should be approached in an equitable way.

Getting education and healthcare services back on track will be key. As noted in my report, education, early years and healthcare services for children and young people have been disrupted from their normal provision since the start of the pandemic. Many are already trying to catch up with delayed or disrupted provision, but this will need to continue and be implemented as quickly as possible. Taking into account inequalities will be important, so children and young people who have the most need are turned to first.

New needs have arisen as a result of the pandemic, and these should be recognised and addressed. The impact of the pandemic has not just seen a build up of work that had to be delayed – in some cases it has created new or exacerbated existing needs. This includes:

 Addressing obesity by supporting children and young people to eat healthily and move more. Interventions and system-wide efforts that can help children and young people (and their families) maintain a healthy weight will be vital.

• Making sure children and young people can access mental health support are essential, especially in the context of those who may have been impacted by trauma. Those planning and paying for mental health services in Hackney and the City of London must ensure there is adequate provision of the right support that can be accessed in a timely way. This may include improving equitable access to Child and Adolescent Mental Health Services through schools.

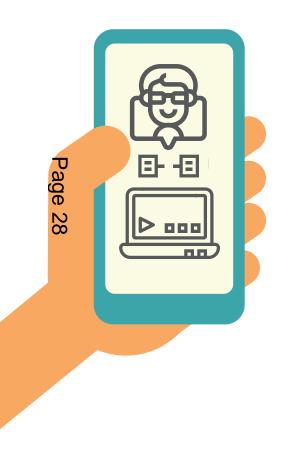


Closing the gaps: reducing child poverty must be a priority for all.

Many impacts of the pandemic have worsened existing inequalities that were already on a poor trajectory – such as increasing child poverty. Partners in Hackney and the City of London must continue using evidence-based efforts to tackle poverty due to its far-reaching implications for children's health.



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Background

The COVID-19 pandemic has had a huge array of impacts on everyone in Hackney and the City of London. Children and young people are no exception. Since March 2020, the pandemic has had direct and indirect consequences on those under 25 years of age. The direct impact can be counted. There have been 20,315 cases of COVID-19 reported among populations aged 0 to 25 in Hackney and the City of London as of 20 Feb 2022: 19,673 in Hackney and 642 in the City of London.⁴ Most children and young people fortunately do not experience severe

But the ramifications of COVID-19 go beyond Setting a positive test. This report examines the impact of the pandemic on children and young people in this part of London, ranging from some immediate consequences such as the closure of schools on children's mental health or their weight, to ongoing issues like levels of childhood immunisation.

Health and wellbeing can be influenced by many different things. There is a relationship between a person and the factors that can impact their health. Every person's health will

be influenced by different factors which may overlap. Everything from an individual child's diet or levels of physical activity, to the broader social, economic, cultural and environmental conditions where they live will affect a child's health.

Children and young people are at the beginning of their lives. Things that affect them now often have long lasting effects. It's also true that children and young people need to be given the best start in life in order to address differences in health, education and life chances. Health inequalities are not inevitable but action needs to be taken as early as possible to ensure persistent inter generational inequalities do not continue.

With the COVID-19 pandemic ongoing into 2022, some consequences are still to be felt. But for children and young people in Hackney and the City of London, it is never too early to start considering what can be done now to tackle the inequalities, poor health and their determinants that have been worsened by COVID-19.

There have been

20,315 cases of

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and the City of London

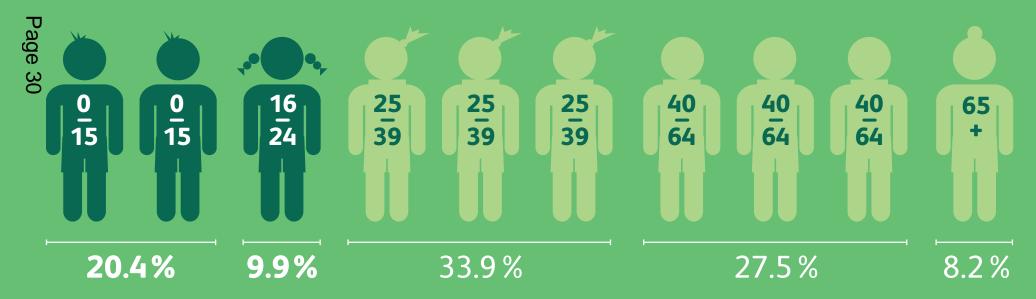
as of 20 Feb 2022.

Who are children and young people in Hackney and the City of London?

In 2020, just over 88,000 children and young people (aged 0–24) were estimated to live in Hackney and the City of London: 85,339 in Hackney and 3101 in the City of London⁵.

This is about 30% of the overall population. Since March 2020 they, along with their families, have been living through the COVID-19 pandemic.

Ages of population in Hackney and the City of London⁶

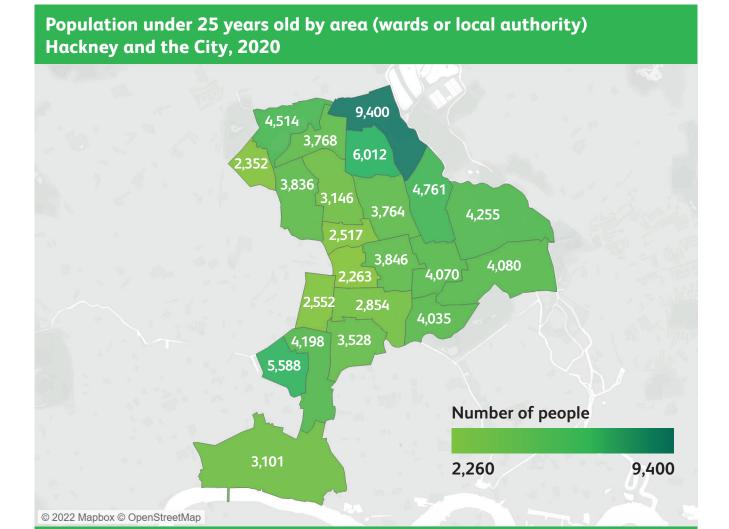


Where do these children and young people live?

The highest numbers of people under the age of 25 in the borough live in the north, with the highest numbers seen in Springfield (9,400) and Cazenove (6,012).

These wards have a significant number of Charedi residents. Charedi families have larger numbers of children in comparison with other communities, leading to an increase in child population and higher population density in the north of the borough.⁷

In contrast, far fewer young people live in Frownwood (2,352) and the City of Ondon (3,101).



Source: ONS 2020 mid-year population.

What do we know about the children and young people who live in in Hackney and the City of London: Specific communities

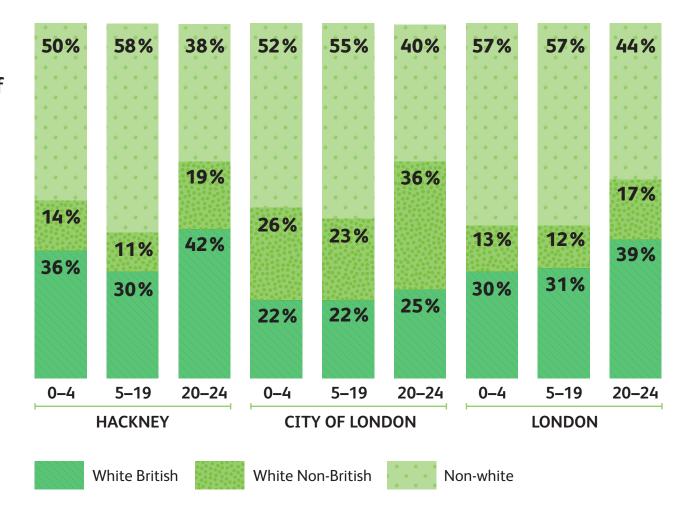
Ethnicity and cultural communities8

Hackney and the City of London are ethnically and culturally diverse places.

This graphic shows a breakdown of those with 'white British' ethnicity and other ethnicities for those aged 0–24 years old in Hackney, City of London and London.

In Hackney 58% of children aged 5–19 and 50% of children aged 0–4 have ethnicity which is described as 'non-white'. In the City of London, these proportions are 55% and averages, although overall London has a larger percentage of children aged 0–4 and young people aged 20–24 from a non-white background than Hackney and the City of London. There is also a relatively large population of white non-British residents in both Hackney and the City of London.

Although these graphs suggest that ethnic diversity is similar across the City of London to Hackney, the majority of the City is not very



diverse with the exception of Portsoken ward, which has a large Bangladeshi community.

Within Hackney and the City of London there are several populations with culturally specific needs. Source: GLA housing-led ethnic group projections 2016-based.

Charedi community

Hackney has one of the largest groups of Charedi or Orthodox Jewish people in Europe, established in the 1920s in the Stamford Hill area. The Charedi community represents 7% of Hackney's total population, and over 22% of the child population. Although we do not have detailed data about the age distribution among Charedi children and young people, it is known that the Charedi community is young and rapidly growing, with around half of the population under the age of 19.

Turkish Community

There is also a large Turkish community Pepresenting at least 4.5% of Hackney's Residents), mainly concentrated in the Corough's south, east and central parts.

Bangladeshi Community

There is a large Bangladeshi community in the Portsoken Ward of the City of London.

Other Communities

A range of other distinct communities, many numbering over 1,000 residents, include the Chinese, Somali, Kurdish and Vietnamese.



Afghan Community

The City of London has recently welcomed a number of families from Afghanistan as part of a resettlement programme. The government,

City of London Corporation and local health services are supporting families from Afghanistan who have been housed temporarily in the City in 2021.

What languages do children and young people speak?

Hackney is one of the most diverse areas in the country, with nearly 90 different first languages spoken. Of the 56% of records for which the language was known, approximately 80% of children and young people aged 0–25 registered with a GP in Hackney and the City spoke English as their main language; the second most spoken groups of languages as a primary language were 'languages spoken in mainland Europe' (5%) and Kurdish or Turkish (4.6%). This data does not include children not registered with a GP, who may be more likely to be non-English speakers, and does not capture what second languages are spoken.

Alany children and young people from the Orthodox Jewish community will speak Yiddish their first or second language – estimates suggest over half (55%) speak Yiddish at home as a first language and approximately 35% speak English at home with Yiddish as their second language. Education in independent Orthodox Jewish schools is partly conducted in Yiddish in some schools, particularly boys' schooling.¹¹

The 2011 census showed that in Hackney, 70% of households were English language households (where all adults stated their

main language as English); 12% were mixed households where English and other languages were both main languages and 14% were households where English was not a main language. The top ten languages spoken in Hackney and the City according to the 2011 census are listed in the table below.

Please note this may have changed in the last decade but we do not yet have results from the 2021 census.



Hackney		City of London	
English	75.9 %	English	82.9 %
Turkish	4.5 %	French	2.2 %
Polish	1.7 %	Spanish	1.8 %
Spanish	1.5 %	Bengali	1.6 %
French	1.4 %	German	1.2 %
Yiddish	1.3 %	Italian	1.1 %
Bengali	1.3 %	Greek	0.8 %
Portuguese	1.2 %	Chinese (not Mandarin or Cantonese)	0.7 %
Gujarati	0.8 %	Portuguese	0.7 %
German	0.7 %	Japanese	0.6 %

Children with special educational needs and disabilities

Special Educational Needs and Disabilities (SEND) is a term referring to children who may have communication and interaction issues; cognition and learning difficulties; social, emotional and mental health difficulties; and sensory or physical needs.

Local authorities have legal duties to identify and assess the special educational needs (SEN) of children and young people for whom they are responsible. Among pupils on SEN support, speech, language and communications needs are the most common type of need, and of those with an education health and care plan HCP), Autistic Spectrum Disorder remains the common primary type of need of pupils.

the City and Hackney, it is recognised that pupils with SEND have a significant need for high quality teaching and are entitled to provision that supports achievement and enjoyment of school. During the pandemic children with SEND were seriously affected in both their care and education, as the services that families relied on, particularly speech and language services, were unavailable.

The proportion of children and young people of school age who have special educational needs was 18.5% in Hackney (in 2018). ¹⁴ The number of children and young people receiving SEN support in City of London schools has declined by 20% between 2017 (290) to 2021 (259). These numbers include children who are not resident in the City of London. Overall, the proportion of children and young people in City of London Schools on SEN support has declined from 12.3% in 2017 to 9.6% in 2020. ¹⁵

Trends nationally show an increasing number of children with EHCPs. This may be due to increasing awareness and identification.

- The number of children with EHCPs¹⁶ in Hackney has increased by approximately 49% in 5 years to around 2,800.
- The City of London has seen the number of children for whom it maintains an EHCP increase from eight in 2015 to 20 in July 2021. This is approximately 0.6% of the population of resident children and young people aged 0–25 years and is below the England average of 3.7%.¹⁷

The number of children with an education health and care plan has increased by approximately 49% in Hackney and in the City by 250% over 5 years.

Deprivation, income and housing

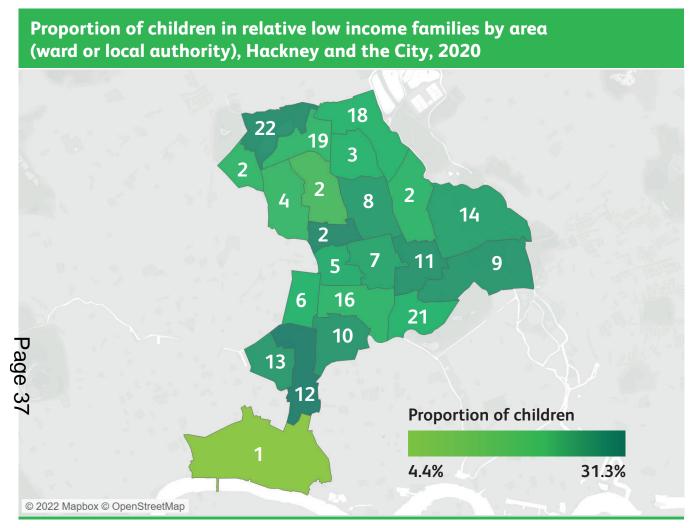
Hackney is one of the most socio-economically deprived areas in England: in 2019 it had a deprivation score of 32.5 which was the 18th worst in England. In contrast, the City of London is 26th best, with a score of 14.7.18 The Income Deprivation Affecting Children Index (IDACI) measures the proportion of all children aged 0 to 15 living in income deprived families. For Hackney just under a quarter of the population (24.9 %), or nearly 14,000 children fell into this category when it was last measured in 2019. For the City of London, this proportion is 7.1 %, equal to 65 children.19

Deprivation is closely linked to child mortality for every measured increase in deprivation, there is an increase in risk of child mortality. There is an increase in risk of child mortality. The children living in the most deprived areas had the same mortality risk as those living in the least deprived. The child mortality rate for 1–17 years old in Hackney and the City in 2018–20 was 8.9 per 100,000 population, similar to London (9.8) and England (10.3) averages. A number of factors contribute to the likelihood of a child in London to be living in poverty. These include being from a

minority background, having a large family and living in a single-parent family.²² A child born into poverty is more likely to have a low birth-weight, to die in infancy and to have poor physical and mental health. These children are also more likely to do worse at school.²³

Deprivation is closely linked to child mortality: more than **700 child deaths** could be avoided if children living in the most deprived areas had the same mortality risk as those living in the least deprived.





Source: Department for Work and Pensions, 2020

# on map	Area (ward or local authority)	Proportion of children
1	City of London	4.4 %
20	Stoke Newington	14.4%
4	Clissold	17.4%
2	Brownswood	18.6 %
19	Stamford Hill West	18.9 %
16	London Fields	19.3 %
15	Lea Bridge	19.6%
18	Springfield	20.8 %
3	Cazenove	21.0 %
6	De Beauvoir	21.3 %
21	Victoria	21.6 %
5	Dalston	22.7 %
7	Hackney Central	23.8 %
14	King's Park	24.8 %
8	Hackney Downs	25.5 %
13	Hoxton West	26.2 %
10	Haggerston	26.7 %
9	Hackney Wick	26.8 %
11	Homerton	27.5 %
22	Woodberry Down	28.3 %
17	Shacklewell	29.0 %
12	Hoxton East and Shoreditch	31.3 %

Income

Income is an important determinant of health, being essential for purchasing the necessities of everyday life, such as food, heating and housing. Eligibility for free school meals can be one indicator of low income. In Hackney, the proportion of all school age pupils taking up free school meals in 2018 was 27.7% and in the City of London 11.3% (for London overall the level was 15.6%).²⁴ It should be noted that this measure for the City of London is based on the level of free school meal eligibility at its one maintained state school, which is attended by many pupils who do not live in the City of London.

Housing

The risk of ill-health or disability during whildhood and early adulthood is increased by 25% by living in poor housing conditions. In addition there is an increased risk of meningitis, asthma and poor growth, alongside mental health and behavioural problems. According to a report from 2020, 61% of teachers had seen children who live in poor quality or overcrowded housing in the past 12 months.

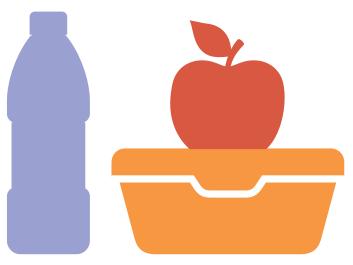
There is an increased risk in experiencing respiratory problems, such as coughing and wheezing, for children who live in overcrowded

conditions. In addition, physical conditions in the home are associated with almost half of all childhood accidents. In 2011, there were 15.6% overcrowded households in Hackney and 7.5% in the City.²⁷

Both proportions were higher than the England average of 4.8 %. Hackney was also higher compared to London (11.6 %) but the City had a lower level of overcrowded households in comparison to Greater London.

A review of the evidence linking fuel poverty and health indicates cold conditions and fuel poverty has a significant effect on the mental health of adults and young people, children's respiratory health, as well as infant weight gain and susceptibility to illness. Reported problems with the homes cited in Hackney are mainly associated with cold, mould and damp, and overcrowding was a major concern in both the City and Hackney.²⁸

Eligibility for free school meals can be one indicator of low income: the proportion of all school age pupils taking up free school meals in 2018 was 11.3% in the City of London and 27.7% in Hackney.



Children in care and looked after children

In 2021 there were 69 children in care per 10,000 in City & Hackney²⁹ which compares similarly to the England average, but is above the average rate in London.

- 78% of looked after children (LAC) are placed out of borough.
- 45% of LAC are of black ethnicity and are overrepresented in comparison to children of white ethnicity who are underrepresented.

The majority of the City of London's looked after children are unaccompanied asylum seeking children.

Toung carers

Young carers are children and young people tho are the main carers of a relative with a long-term illness or disability. In Hackney, 1.21% of children aged 0–15 years old provided unpaid care in 2011, which was significantly more than London (1.07%) and England (1.11%). In the City of London, this corresponded to 1.45% of children 0–15 years old.³⁰ Hackney's estimated number of young carers supported by the local authority was 250 in 2019/20, at a rate of 5.7 per 1,000

5–17 year olds. There were no young carers recorded as being supported by the City of London.³¹

In the older age group (16–24 years old) the percentage of young people providing unpaid care³² in 2011 was 6.3 % in Hackney, also significantly more than London (5.4 %) and England (4.8 %). The City of London had 3.4 % young people aged 16–24 years old providing unpaid care. Unfortunately this information is old and new data from Census 2021 are due to be published later in 2022 and 2023.

In 2021 there were **69 children in care** per **10,000**.



What happened in 2020 and 2021 to children and young people during the COVID-19 pandemic?



20 March: Schools closed, except for children of key workers or vulnerable children

22 March: First national lockdown ordered.

11 May: Phased 're-opening' plan allows for more children to attend schools and paid childcare

14 May: Department for Education publishes infection control guidance.



August 2020: Issues with exam results and approach to examinations

1 October: schools now have a legal duty to provide remote education for children unable to attend school due to COVID-19 and provision of 100.000 additional laptops.

21 October: Labour motion to extend free school meals over school holidays until Easter defeated in House of Commons.

11

December 2020: Tier restrictions in place.

30 December: Delays to the reopening of schools in areas with the highest infection rates announced.

2020 Age 40

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7 April: Department for Education financial support put in place for schools up to the end of the summer term, including to support free school meals for eligible children who are not attending school.

1 June: Schools begin phased reopening: from 1 June 2020 with some children able to return to school (and more children returned on 15 June).

17 June: Government extends voucher scheme for children on free school meals during the summer holidays.

19 June: Government announces £1bn COVID-19 catch up fund for children in England.

1 September: Schools and colleges in England start to reopen.

10



5 November: New four-week national lockdown comes into force, including school closures (with some exceptions).

8 November: Government announces a new £170m Covid Winter Grant Scheme and extends the Holiday Activities and Food programme to cover Easter, summer and Christmas in 2021.



January 2021: No return to face-to-face teaching after school break due to third lockdown.



June 2021: 18–25 year olds invited to be vaccinated.

September 2021: JCVI do not recommend vaccinating children 12–15.

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December 2021:

High level of cases of COVID-19 in children, some school mitigation measures available in quidance.



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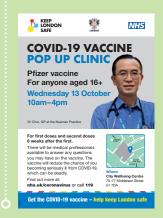
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March 2021: Schools reopening.



August 2021: 16 and 17 year olds in England offered COVID-19 vaccine.



October 2021:

Vaccinating children 12–15 commences.

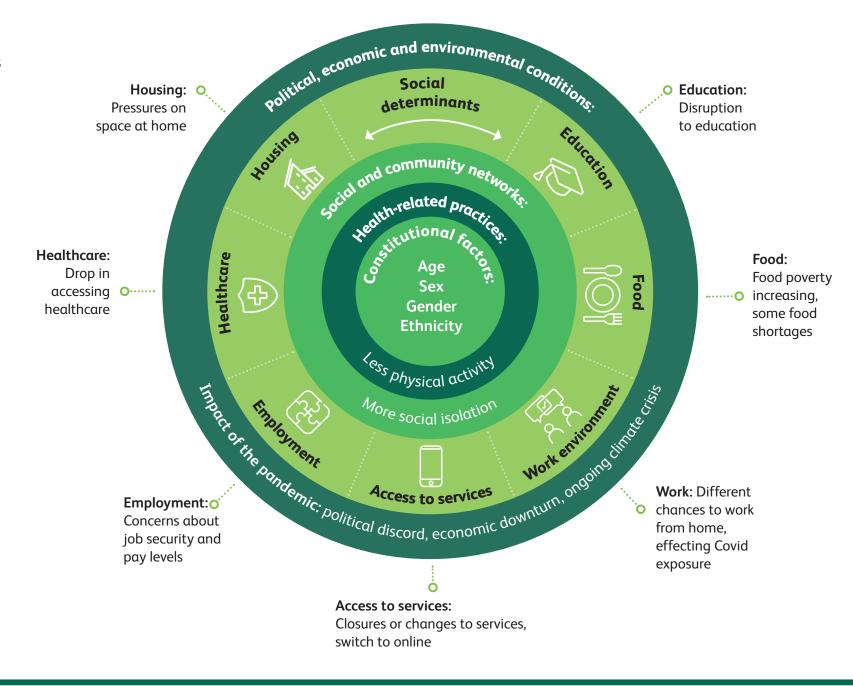
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Zoom out:

a wide array of issues that have impacted on children's health during the pandemic



Zoom in:

6 things we are going to examine in more detail

- ਲੂੰ. Poverty and deprivation ਨੂੰ. Mental health
- 3. Childhood immunisations
- 4. Weight and physical activity
- 5. Early years
- 6. Access to healthcare



1. Poverty and deprivation

Why is child poverty an issue during the COVID-19 pandemic for children and young people in Hackney and the City of London?

Deprivation has impacts on children's health. Child poverty and deprivation were already impacting thousands of children in Hackney and the City of London, and the economic and social implications of the pandemic has worsened levels of poverty – for instance, due to a family member losing a job or income from a zero hours contract.

In London, out of work benefits claims have increased by 148% (274,000) and families deport struggling to meet basic needs. Young adults have been more likely than older adults to lose their jobs. Young black people were three times more likely to be unemployed than young white people. The impacts of the COVID-19 pandemic have been worse for those in lower incomes, who have been more likely to lose their jobs and their income, catch (and die from) COVID-19 and less able to support children with homeschooling.³⁵

Lockdown measures

Measures to reduce transmission of COVID-19, such as 'lockdown' restrictions, have disproportionately affected low income families with young children.

One example of the impact on low income families was through disruption to education and the consequences of digital poverty. As many schools moved to provide lessons at home, households without internet access, sufficient data/bandwidth or a limited number of suitable devices meant that children often missed out on the ability to continue their education.

"It's difficult to initiate discussions about health when many of our parents are concerned about basic issues such as housing, employment and poverty."

Headteacher

Although steps were taken to distribute laptops, there was a huge amount of disruption to learning.

Limited space in households – in some cases linked to overcrowding – also meant that children and young people would not have suitable space to continue their education.

Benefits

During the pandemic, there has been a notable increase in childhood poverty. In London, the number of households receiving Universal Credit payment has nearly doubled, from 369,413 households in March 2020 to 691,893 in November 2021. 44.5 % of these households have children.³6 The temporary expanded social safety net (an increase of universal credit ayments by £20 a week) was not enough to mit a rise in poverty for children. This uplift has have been removed, which was predicted to move 300,000 children into poverty nationally.³7

Food poverty

Emergency food parcels issued by Trussell Trust foodbanks (one of many providers) to children in London more than doubled from from 75,000 in 2019/20 to 159,000 in 2020/21.

For Hackney specifically, food parcels issued to children by the Trussell Trust appeared to peak in 2020 (see graph overleaf).³⁹ It may be that other sources of food support were found in 2021. In 2020, a food poverty network was established in

Hackney in response to the pandemic and has grown to include over 60 partners.⁴⁰ A survey sent to organisations in the network reported over 380,000 food parcels and cooked meals were delivered between March 2020 and April 2021.⁴¹ This is likely to be an underestimate as not all organisations responded to the survey.

In the City of London, the First Love Foundation (FLF) has been supporting vulnerable families since 2020. From June 1st 2021 to February 28th 2022 the FLF fed a total of 16 City of London residents. Four of these 16 people were children.

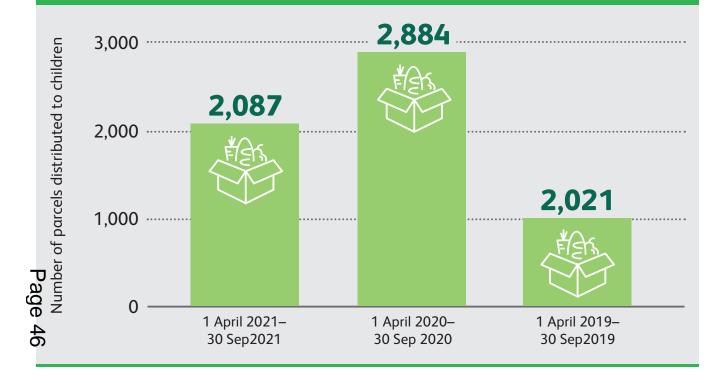
Covid support funding (later named household support funding) included provision of food vouchers and food parcels. For some specific parts of the community, this was tailored support: for example, funding was split between 12 Orthodox Jewish organisations and largely in place of the free school meal funding from central government, which Charedi Independent school pupils are not eligible for.

The level of need due to food poverty impacting children in the City of London is not clear. A service was established during the pandemic but had no eligibility criteria and current usage of a commissioned foodbank within the City is low. This work will need to be carefully evaluated to ensure it has achieved positive and cost-effective outcomes.

During the pandemic, there has been a notable increase in childhood poverty.

In London, the number of households receiving Universal Credit payment has nearly doubled, from 369,413 households in March 2020 to 691,893 in November 2021.

Number of Trussell Trust parcels distributed to children in Hackney (in 2019, 2020 and 2021)



The resulting financial hardship is expected to contribute to family tensions, as well as psychological and emotional distress. These are factors that can be associated with child maltreatment and neglect, including physical, emotional and domestic abuse. The disproportionate impact of the pandemic on low income families and those from culturally and ethnically diverse backgrounds, must be addressed in recovery plans and service provision so that the long term consequences for children are reduced.

Long-term

Lost learning will cause the greatest damage to the education and employment outcomes of pupils who are already disadvantaged. 'Catch up' efforts for education are still a concern, and this is ongoing as schooling continues to be disrupted due to ongoing cases of COVID-19.

As a result of the pandemic, nearly 6 in 10 families said they are struggling to cover the cost of 3 or more basic essentials, including food, utilities, rent, travel or child-related costs.⁴² The increasing cost of living has been well-documented and impact is increasing.

2. Mental health

Why is mental health an issue during the COVID-19 pandemic for children and young people in Hackney and the City of London?

Mental health illnesses are a leading cause of poor health in children and young people (CYP) and can have detrimental and long-lasting effects. Poor mental health is a significant contributory factor to poor education, health and social care outcomes including poor physical health, reduced educational attainment, alongside increased risk of smoking, substance and alcohol misuse, involvement with youth justice services, increased risk of self-harm, eating disorders and suicide ideation.⁴³

2020, in Hackney, 3.2 % of school pupils had social, emotional and mental health needs (higher than London (2.5 %) and England (2.7 %)). In the City, 2.9 % of primary school pupils had social, emotional and mental health needs 44

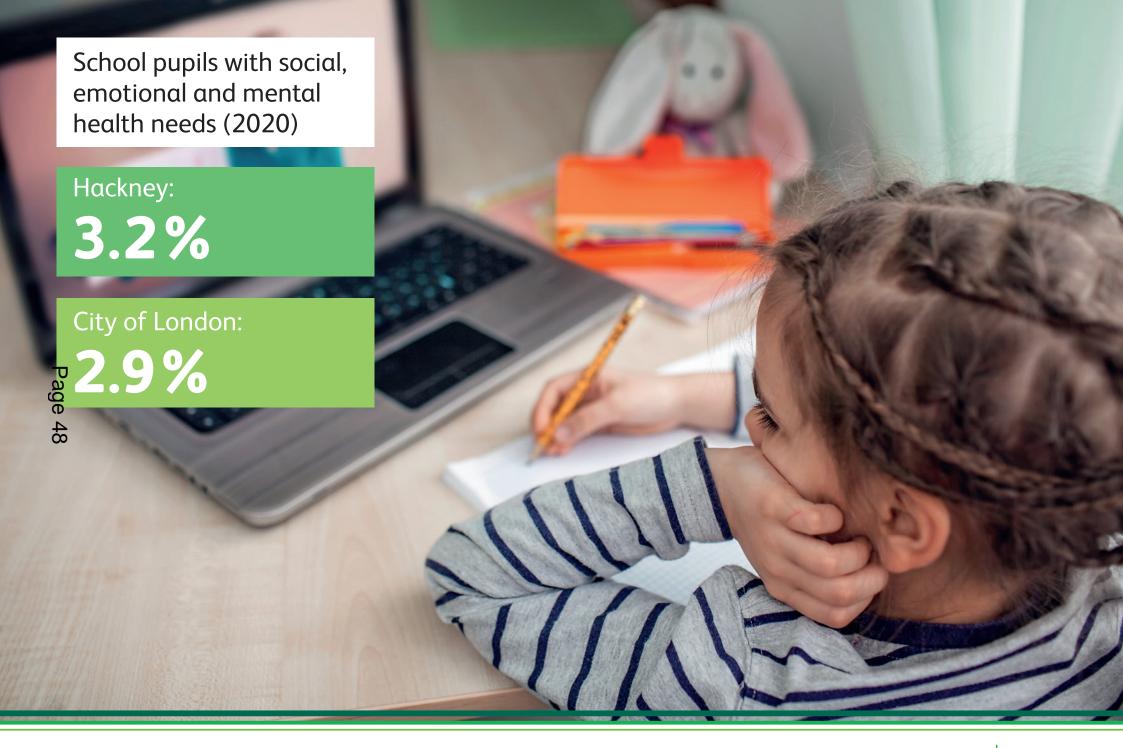
There were 2,929 Wellbeing and Mental Health in Schools (WAMHS) activities conducted in City and Hackney schools in 2020/21. Across City and Hackney CCG in 2020/21, 4.6% of children (under 18 years old) have been referred to Child and Adolescent Mental Health Services (CAMHS).⁴⁵

There is an unequal impact of mental ill-health – some CYP have experienced greater negative impacts on their mental health and wellbeing. This includes girls, young carers, CYP from poorer households, CYP with preexisting mental health needs, CYP from black and other minority ethnic groups. 46 The percentage of looked after children whose emotional wellbeing is a cause for concern was 34.4% in Hackney in 2019/2020 (there was no data available for the City of London). 47 This was similar to London and England and there were no significant changes in the last five available years.

"The key health issues for the (Hackney) Youth Parliament are mostly around mental health. It's interesting because general health (other health issues) don't come up.

When I say to them, oh do you think we should talk about broader health issues?

They're like, no, we want to talk about mental health... it always goes back to mental health."



How COVID-19 impacted on the mental health of children during the pandemic?

The pandemic has had a significant impact on children and young people's mental health. They have had to cope with disruption to their education, as well as cope with bereavement, social isolation and lockdown restrictions.

The pandemic has worsened existing mental health and wellbeing problems among young people. There has been unprecedented levels of demand for emotional health and wellbeing, and mental health support across North East London, and in City and Hackney.

Pespondents felt that their mental health had ayed the same, 39% had felt it had got worse while 14% felt it had improved: but it should be noted this was a small and unrepresentative sample. 48

Educational disruption

Changing attendance to school and disruption to education has impacted on wellbeing.

Although exceptions were made (for example, children of key workers and children deemed vulnerable were able to attend school, and in the second and third lockdowns independent

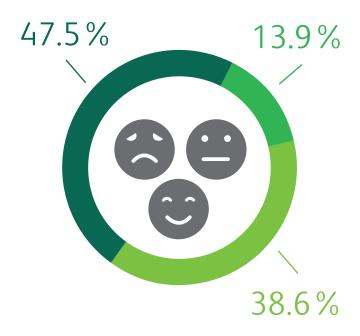
Charedi schools remained open in line with Department for Education guidelines which stated that if pupils did not have a quiet place to study or no remote access online they could remain open) school closures caused disruption for many children.

Going back to school in September 2020 had a positive impact on some CYP's mental health and wellbeing, particularly primary school children and pupils who spoke English as an additional language. Behavioural and difficulties with attention have increased throughout the pandemic up until February 2021, particularly for primary school children (4 to 10 years old).⁵⁰

Locally, the pandemic has led to an accumulation of a waiting list for autism assessments owing to a reduction in face-to-face services in CAMHS and the ability to observe children and young people in school settings or similar as part of the assessment process.⁵¹

National evidence shows that the COVID-19 pandemic has led to a sharp increase in numbers of young people with eating disorders and this has been anecdotally reported for CYP in the City of London and Hackney too.

Perceived impact of the COVID-19 pandemic on participants' mental health



- 47.5 % said 'stayed about the same'
- 13.9% said 'improved'
- 38.6% said 'got worse'

3. Childhood immunisations

Why are immunisations an issue during the COVID-19 pandemic for children and young people in Hackney and the City of London?

After clean water, immunisation is one of the most effective public health interventions. It protects children and others against serious infectious diseases and reduces community transmission.

The routine childhood immunisation programme provides early protection against accine-preventable infections from 8 weeks age, with boosters offered at 12 months and before starting primary school. Further accines are scheduled in adolescence to tackle diseases such as cervical cancer (via the Human Papillomavirus (HPV) vaccine) and meningitis, as well as boosters against tetanus, diphtheria and polio.

Vaccine uptake tends to be lower in more deprived populations, black, Asian and minority ethnic groups, CYP with learning disabilities, lone parent families and large families.⁵³ It is vital that these pre-existing inequalities do

not widen as a consequence of the COVID-19 pandemic. There are also inequalities existing for the Charedi community and looked after children.

How COVID-19 impacted on childhood immunisations?

Possibly due to disruptions in normal use of healthcare (and for older age groups, children not attending school in person) since the start of the COVID-19 pandemic, there has nationally been a significant drop in the numbers of children being vaccinated at the right time. For example, the number of MMR (measles, mumps, and rubella) vaccines delivered in England dropped by 20 % during the first three weeks of the lockdown in March/April 2020.⁵⁴

Reasons behind this decrease may have been due to a lack of clarity around whether vaccination services were operating as usual, parental difficulties in organising vaccination appointments, or parental concerns about contracting COVID-19 while attending a healthcare setting. With less social interaction, cases of infectious disease may have been less likely and therefore parents may have perceived there to be lower risks to their children.



"Our low immunisation rates have continued for too long."

This decrease has been seen in Hackney and the City of London and has exacerbated preexisting low rates of immunisation coverage, which puts many children at risk.

In 2020/21, 63.7% of children in Hackney had received two doses of the measles, mumps and rubella vaccine (MMR) by age 5.55

School-based immunisation includes vaccination against human papillomavirus (HPV) (given at ages 12 and 13); and at age 14 the MenACWY vaccine and the 3-in-1 booster against tetanus, diphtheria and polio. HPV is a cause of cervical and other cancers. HPV vaccine coverage has declined from a high of 97.1% in 2015/16; HPV vaccination coverage for one dose in girls was 77.6%, and 70.1% in boys in City & Hackney. The MenACWY vaccination protects against 4 strains of the meningococcal bacteria – A, C, W and Y – which cause meningitis and blood poisoning. In 2019/20 (the last year data was available) the 14-15 year old population -coverage for MenACWY in Hackney was 2.2%, and there is no data available for the City of London.⁵⁶

School-based immunisation is not offered in independent schools, which includes faith-based Charedi schools that educate 22% of the children in Hackney. Due to low immunisation levels in the Charedi community, work in 2016–18 using the WHO's Tailoring Immunisation Programme model was instigated.⁵⁷ This involved working with the Charedi community to address barriers experienced or perceived by parents, and any concerns about vaccination.

Vaccination coverage for childhood schedule (%), the City and Hackney, 2020/21

Primary care network	DTaP/IPV/Hib/HepB at 12 months	DTaP/IPC/Hib at 24 months	MMR at 24 months	MMR (1 dose) at 5 years	MMR (2 doses) at 5 years
Woodberry Wetlands	77.2	83.8	77.1	88.4	71.8
Clissold Park	89.0	93.9	90.6	90.1	86.1
Hackney Marshes	84.9	91.0	80.2	90.4	74.5
Well Street Common	84.2	90.5	82.8	84.3	63.9
London Fields	86.8	91.1	80.5	86.9	61.9
Shoreditch Park & City	88.8	87.2	79.8	90.6	72.7
Springfield Park	33.7	53.0	51.5	81.4	52.3
Hackney Downs	54.2	67.3	60.8	81.5	61.0
Hackney and the City of London	68.9	77.7	71.5	85.8	65.5

Source: Clinical Effectiveness Group dashboard, 2021

Continuing recommendations include a nurse role within Hatzola (a Jewish emergency medical response charity that also provides an ambulance service) who is involved in immunisation and a vaccination clinic offer at a local children's centre.

Children in Care immunisations

Looked after children are at higher risk of missing out on routine childhood immunisations. The proportion immunised in Hackney in 2020 was 58% which is significantly lower than the London and England averages and has steadily declined over the last 5 years.

4. Weight and physical activity

Why are weight and physical activity issues during the COVID-19 pandemic for children and young people in Hackney and the City of London?

Overweight or obese children are more likely to experience bullying, stigmatisation and low self-esteem, while the physical health effects have a profound impact on overall morbidity and mortality. It is estimated that obesity-related conditions cost the NHS £6.1 billion per year, with the total cost to society estimated to be around £27 billion per year.⁵⁸

Ahildhood and young adulthood are a good Time to establish healthy routines and habits. It important to consider the wider environment in which the opportunities for healthy lifestyles exist and to not view health behaviours solely as individual choices. The environment and system that children and young people live in has been increasingly obesogenic for a number of years.

Recommended levels of moderate-to-vigorous physical activity for children aged 5 to 18 is an average of at least 60 minutes per day across the week.⁵⁹ Regular physical activity and being a healthy weight have huge health benefits for children.

These include:

- Improved bone health and development
- Improved cardiovascular fitness
- Positive mental health and wellbeing outcomes
- Social benefits

Prior to the pandemic, 41.9% of London's CYP were physically active in 2019/20, which is worse when compared to England (44.9%).⁶⁰

Excess weight among reception children in Hackney and the City is above the London average. Severe obesity among this age group is however significantly higher than the proportion among statistical neighbours and London and England averages.⁶¹

- The proportion of children in Hackney and the City who are overweight, obese or severely obese are much higher in year 6 pupils than reception pupils. Hackney and the City has the highest proportion of severe obesity in this age group, of any statistical neighbour.
- In reception and year 6 pupils, children of black ethnicity have the highest proportion of obesity.

In both age groups, proportions are also highest among those living in the most deprived areas.

"The implementation of a whole system approach is really, really, important. It won't work without that — no single intervention, even a tier two is going to solve the problem."

How has COVID-19 impacted on children and young people, their weight and levels of physical activity?

There has been a record rise in children classed as overweight or obese during the COVID-19 pandemic. Obesity levels in England have risen dramatically among reception-age children during the COVID-19 pandemic, from 9.9 % in 2019/20 to 14.4 % in 2020/21 (and for London, from 10.0 % to 15.3 %).⁶²

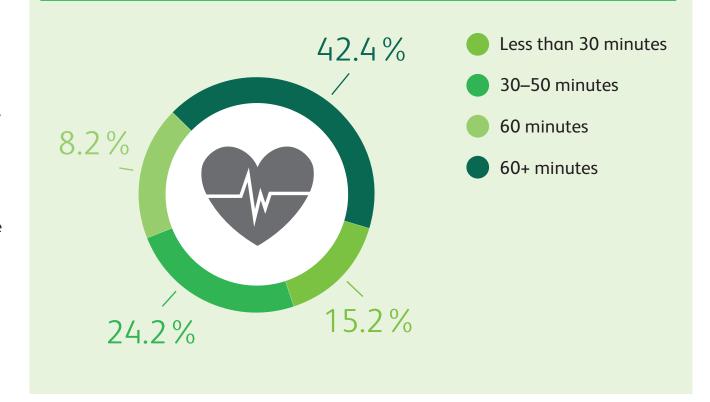
School closures and the pausing of recreational sports and athletics activities during the pandemic have disrupted or removed physical activity routines, including the chance for active travel. This disrupted the amount and type of activity undertaken by CYP and their families.

Survey was sent in the winter of 2021⁶³ and of the children responding to thissurvey, 5

15%) participants shared that they did less than 30 minutes of physical activity per day.

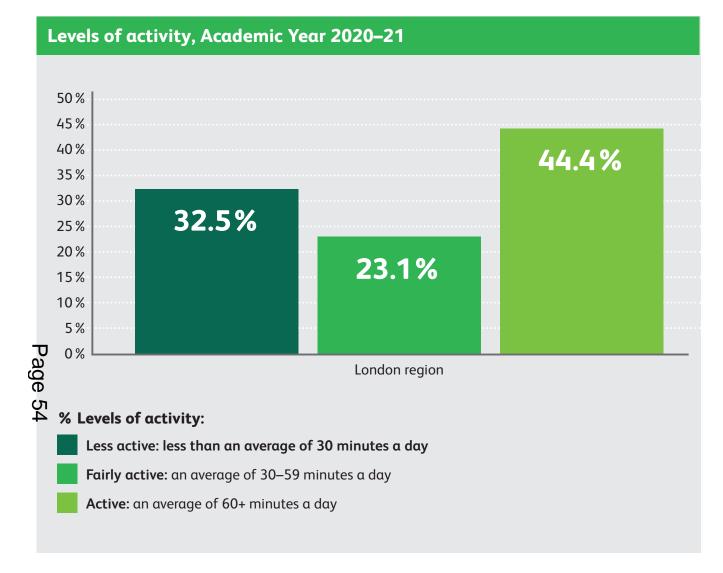
For London in the academic year 2020–21, the Active Lives survey found that over half of children were not reaching this recommended level.⁶⁴

Amount of time spent doing physical activity per day (including at school):



Physical activity levels in London

- 7% of children aged 7 to 16 years reported being not active during the national lockdown.⁶⁵
- There were fewer active CYP between May to July 2020 compared to 2019.⁶⁶
- When children returned to school in September 2020, 75% teachers surveyed by the Youth Sport Trust had noticed low levels of physical fitness among their pupils.⁶⁷



Inequalities

Certain groups were more impacted than others during the pandemic:

- Boys aged 9 to 11 years old
- CYP from black, Asian and other minority ethnic groups
- CYP from the most affluent background had the largest decrease in activity levels, but importantly activity levels for CYP from the least affluent background remains lower⁶⁸
- Over one third of CYP reported that they had less chances to be active when they were not at school⁶⁹
- CYP from poorer families were more likely to rely on school playgrounds for exercise and are less likely to have access to space or additional resources to support mental or physical wellbeing⁷⁰
- 61% of clinically vulnerable CYP, including those with a disability, reported a reduction in physical activity levels for June to July 2020.
 Reasons included shielding, lack of access to facilities and lack of equipment.⁷¹

5. Early years

Why are early years an issue during the COVID-19 pandemic for children and young people in Hackney and the City of London?

A child's early years have an important effect on the outcomes in their later life. This can include how well they do in education, as well as their physical, mental and emotional wellbeing.⁷² High quality early education and childcare in their formative years contributes to reducing health inequalities.⁷³

Health visitors are tasked with doing five mandated reviews' that start in pregnancy and finish when a child is aged between two and wo and a half.⁷⁴ Hackney Children's Centres (previously known as Sure Start Centres) focus on supporting children before they start school. The City of London has 1 Children's Centre and Hackney currently has 20.

What was the impact of the COVID-19 pandemic on early years interventions?

The partial closure of early years settings is likely to have had significant implications for the wellbeing, learning and development of children including:



- Exacerbating existing inequalities and widening of the 'attainment gap'
- Increased risk of safeguarding concerns going unrecognised.

Early years settings

In 2019, around 78% of children aged two

to four year olds in England accessed formal education or childcare.⁷⁵ This dropped hugely during the first lockdown. Only 7 % of parents of two to four year olds reported to have continued attending these settings throughout the first lockdown period (between March and June 2020).⁷⁶

As early years settings were closed, one impact of the pandemic was that children from disadvantaged backgrounds had less access to resources, learning and play space. National figures suggest that there were reductions in children aged two to four receiving funded early education (e.g. nursery places) in the term ending July 2021.⁷⁷

Health visiting services

Health visiting services provide vital support to all families with babies and small children as part of the Healthy Child Programme to ensure that they get the best start in life. COVID-19 placed significant pressure on health visiting services.

Bublic Health England examined the impact of COVID-19 on health visiting (and school Sursing) in London, with a focus on the first lockdown in 2020. Their survey found that 76% of all respondents reported that during the lockdown members of the team had been redeployed to areas outside health visiting and school nursing. Despite this 97% of respondents continued to undertake health assessments during this time.

The City and Hackney health visiting service report the following metrics:

Health Visitor Service Delivery Metrics (Experimental Statistics), Hackney and the City of London, 2020/21				
Metric	City & Hackney	London*	England*	
Number of mothers who received a first face-to-face antenatal contact with a health visitor at 28 weeks or above	87	26,862	229,959	
New Birth Visits (NBVs) completed within 14 days (%)	95.4%	94.3 %	88.0 %	
New Birth Visits (NBVs) completed after 14 days (%)	3.7 %	3.9 %	9.7 %	
6 to 8 week reviews completed (%)	56.1 %	75.0 %	80.2 %	
12-month development reviews completed by the time the child turned 12 months (%)	80.7 %	52.7%	66.3 %	
Percentage of 12-month development reviews completed by the time the child turned 15 months	90.7 %	67.6%	76.1 %	
Percentage of 2 to 2½ year reviews completed	87.2%	63.3 %	71.5 %	

6. Access to healthcare

Why is access to healthcare an issue during the COVID-19 pandemic for children and young people in Hackney and the City of London?

Being able to access healthcare and routine check-ups can have an impact on children and young people – this can include dental care for oral health, as well as auditory and hearing checks.

Good oral health is essential to children's physical, social, educational and psychological well being. The impact of poor oral health disproportionally affects the most socially isadvantaged children. Although generally oral health in England is improving, the 2019 oral health survey of 5 year olds⁷⁹ showed that 28% of all five year olds in the City and Hackney with visually obvious tooth decay (higher than the national average). Hackney and the City also have higher rates of hospital admissions for tooth decay amongst 0–5 year-olds compared to the England average.

Among Charedi school children in Hackney, data from 2017–18 showed that twice as many children had tooth decay compared to the Hackney average. The Charedi Needs Assessment undertaken in 2018, identified that 4 in 10 children from the Charedi community had incisor decay compared to 1 in 10 in Hackney. Qualitative research has shown that one of the main barriers to good oral health for this community is access to reliable information and advice, with many people reliant on health information distributed through family and friends, and a limited understanding of dietary risk factors.

Access to healthcare is important throughout childhood to promote health as well as identifying and treating health problems. The disruption to healthcare and reduced capacity to treat people for conditions other than COVID-19 is likely to have affected the health of CYP. This includes not being able to access routine hearing checks (part of newborn hearing screening) or get specialist hearing assessments. Other serious physical health issues require engagement with primary care and subsequent referral to hospital – this too has been impacted.



What was the impact of the COVID-19 pandemic on children's access to healthcare?

The number of City and Hackney CYP aged 0–19 who accessed dental care in the 12 months prior to 2019–20 and 2020-21 showed 41% accessed dental care in the 12 months prior to 2019–20, which dropped to 14.6% the following year (during the pandemic).80

Of the City and Hackney looked after children, 69% had a dental check in 2019-20 however during 2020–21 this percentage dropped during quarters 2 and 3 due to the impact of COVID-19, to 30% and 15% respectively, before increasing to 53% in quarter 4.81

Reduced home visits during the pandemic resulted coverage of newborn hearing screening in teast London reducing from 99% to 87%. The cogramme was also affected by the closure of audiology departments during the first wave.

At the beginning of the pandemic there was a huge reduction in referrals from GPs to hospital care for children and young people – possibly as a result of people wanting not to add pressure to the NHS by being reluctant to come forward. A 79% drop in urgent GP referrals was seen in April 2020. There have, since then, been high levels of demand for primary care.

The waiting list for planned paediatric hospital care grew by 22% in seven months (between April and November 2021), leaving 300,465 in England children and young people waiting for their care. Waiting times targets have been missed – including for 16% of under 16 year olds with urgent suspected cancer referrals, who have not seen a specialist within the stipulated 2 weeks.⁸³

Early intervention and treatment is especially important for young people, so difficulties accessing timely healthcare can have long term consequences.

41% accessed dental care in the 12 months prior to 2019–20, which dropped to 14.6% in 2020–21.

Conclusion

Children and young people in Hackney and the City of London have lived through or been born into the COVID-19 pandemic – and will continue to do so, feeling its impact for many years to come. The challenges and issues that this has created, or made worse, will be seen in a range of ways, as this annual report has sought to demonstrate.

Given the long-lasting implications for our children and young people, it is hugely important that steps are taken to make sure no one is left behind as the world attempts to adjust to the ongoing presence of COVID-19.

This comes at a time of other threats: the dimate emergency and increasing cost of living will add to pressures felt by children and their families.

But public health is, by its nature, a discipline and community of optimists as we seek to prevent harm and grow health. We will continue to find ways to meet the needs of children and young people in Hackney and the City of London.



We are also collaborators – and will need the ongoing commitment and dedication from all those involved to make sure the pandemic's impact on children and young people are mitigated against.

Our recommendations include actions for ourselves, which we will be implementing through our 0–25 needs assessment and recommissioning process in 2022 onwards. We hope others will ensure they are likewise taking steps for children and young people.

Further reading and relevant background

- Health needs assessment for the population aged 0 to 19 in City of London and Hackney
- The impact of COVID-19 on London's children and young people June 2021
- Policy Brief: The Impact of COVID-19 on children
- Children's perspectives and experiences of the COVID-19 pandemic and UK public health measures - Thompson, 2021
- Pandemic babies: how COVID-19 has affected child development
- Children of the Pandemic
- Coronavirus and schools
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Committee: Health and Wellbeing Board – For Information	Dated: 06 May 2022
Subject: Sexual and Reproductive Health Commissioning Update	Public
Which outcomes in the City Corporation's Corporate Plan does this proposal aim to impact directly?	2, 4
Does this proposal require extra revenue and/or capital spending?	No
If so, how much?	N.a.
What is the source of Funding?	N.a.
Has this Funding Source been agreed with the Chamberlain's Department?	N.a.
Report of: Andrew Carter, Director of Community and Children's Services	For Information
Dr Sandra Husbands, Director of Public Health	
Report author: Xenia Koumi, Department of Community and Children's Services	

Summary

This report provides an update to the Health and Wellbeing Board about commissioning activities to protect and improve the sexual and reproductive health of our local communities and reduce sexual health-related inequalities. These activities include the provision of a range of both universal and targeted services designed to support the local population.

SRH services for the City of London and Hackney are jointly commissioned, led by the City and Hackney Public Health team with support from Hackney Council commissioners, legal, and procurement on the City Corporation's behalf. Recharges for the City of London's contributions are arranged via the Service Level Agreement (SLA) between the City Corporation and Hackney Council.

A Sexual and Reproductive Health Needs Assessment, as well as a local Women's Health Survey, are underway. The findings from these will be used to develop a sexual health strategy and supporting commissioning plan working with the City and Hackney Integrated Care Partnership Board.

Recommendations

Members are asked to:

Note the report.

• Promote the ongoing City & Hackney Women's Reproductive Health Survey

Main Report

Background

The City of London and Hackney Public Health and commissioning team currently commissions eleven key services for both City and Hackney residents:

Service	Provider	FY 21/22 spend by CoL (approx.)
Level 3 Specialist Sexual Health Clinics	Homerton Sexual Health Service (Homerton University Hospital Foundation Trust)	£134,000
Enhanced sexual health services in primary care	GP Confederation	£10,500
Enhanced sexual health services in pharmacies	Community pharmacies	£140,000*
HIV prevention and support for adults living with HIV (Lot 1)	Positive East	£4,911
HIV prevention and support for children, young people, and families affected by HIV (Lot 2)	Body & Soul	£5,000
Sexual health and other support for commercial Sex Workers (Open Doors)	Homerton Sexual Health Service (Homerton University Hospital Foundation Trust)	£57,000
Sexual health e-service (Sexual Health London - SHL) (Sexually transmitted Infection testing, chlamydia treatment, and emergency and routine contraception)	City of London Corporation and Preventx	£40,000 (includes activity, governance and management charges)
Vulnerable Babies' Service (baby milk for babies born to HIV-positive mothers)	Homerton Sexual Health Service (Homerton University Hospital Foundation Trust)	£7,500*
Condom and sexual health resources distribution for young people	Young Hackney	£1,575
CHYPS Plus	Homerton University Hospital Foundation Trust	£15,500
London HIV Prevention Programme	Lambeth Council	£2,697.25
*On and in anothing of the Oite and Unaber	Total	£418,683

^{*}Spend is combined for the City and Hackney

This represents roughly 25% of the Public Health Grant allocation to the City of London for 2021/22.

In terms of the Level 3 Specialist Sexual Health clinics, local residents can access any of these across England, with the City of London then rebilled for the cost of services provided.

The City and Hackney also participate and contribute to the London HIV Prevention Programme, which delivers campaigns, engagement, and outreach across the capital.

Impact of COVID on services:

Access to and uptake of services continues to be impacted by the COVID-19 pandemic. Commissioners are closely monitoring these impacts, in partnership with service providers. Many services have had to reduce the appointments they make available to patients, as a result of ongoing infection prevention control (IPC) measures (such as distancing and enhanced cleaning) in order to keep staff and patients safe.

As part of the COVID responses services were asked to prioritise vulnerable residents, providing treatments and the provision of LARC (Long-Acting Reversible Contraception). Although the provision of LARC was initially severely disrupted during 2020, focused efforts and prioritisation has meant that provision across the local system has now returned to pre-pandemic levels.

Where possible services that could be provided remotely were implemented and promoted. The sexual health e-service, which pre pandemic provided asyptomatic postal based sexually transmitted infection screening and treatment for chlamydia, widened its remit to include some symptomatic testing. The usage of this service increased by 145% between 2018/19 and 2020/21 (units of activity). The cost of providing the e-service (activity only) also increased from £15,212 in 2018/2019 to £985,962 in 2021/22 (for the City only).

Current Position

Commissioning updates:

Development of new SRH service for targeted high-risk communities:

A procurement exercise has recently concluded for a new SRH service aimed at City and Hackney residents aged 16+ from black and other ethnic minority communities, who experience higher levels of unmet need with regard to their sexual and reproductive health.

Among other objectives, the service is focused on improving access to information and education about good SRH; improving awareness of, access

to, and uptake of, PrEP, STI testing, and contraception; improving referral pathways between clinical and non-clinical settings; supporting wider local efforts to proactively address and reduce inequalities experienced by black communities, including relating to their SRH; acting as a "front door" into other services; promoting the "U=U" message and helping to tackle HIV-related stigma; and sharing learnings from engagement with target groups with system stakeholders.

The contract has been awarded and the service will go live on 1 July 2022, with implementation currently under way. The contract will be for five years (3+1+1) with a maximum total value of £400,000 (City and Hackney combined).

Condom and sexual health resources for young people:

A Service Level Agreement has been drawn up between the City and Hackney Public Health team and Young Hackney's Health and Wellbeing team. Young Hackney is a Hackney Council service supporting young people. The SLA covers the delivery of additional SRH elements to young people across the City and Hackney from February 2022, building upon the existing SRH engagement work undertaken by the team.

Young adults in England are viewed as having greater sexual health needs compared with the general public. Young adults are one of the groups with the highest burdens of STIs. In both the City and Hackney, 16 to 24 year-olds account for a disproportionately high rate of local STI diagnoses.

This new service looks to build on the experience, expertise, and reputation of Young Hackney among local young people and organisations. The service will ensure that young people in Hackney and the City have access to information they need to help them to understand sexuality and respect themselves and others, as well as in understanding the reasons for delaying sexual activity, and making healthy choices. The service will deliver improved outcomes related to young people's sexual health, such as a reduction in STIs and unwanted/ teenage pregnancies; leading to a reduction in inequalities as a result of sexual health.

The SLA will have an initial duration of 15 months, at a cost of £105,000 per year (£131,250 total), with the City's contribution at £1,575.

Sexual health e-service contract:

Hackney and the City, along with the majority of other London authorities, have agreed to exercise the option to extend the pan-London sexual health e-service by a further three-years until August 2025. The contract is managed by the London Sexual Health Programme team, who are the lead commissioners for the service, hosted by the City Corporation, acting on behalf of all participating authorities.

The e-service provides self-testing STI kits and was recently expanded to include both emergency and routine contraception that can be ordered online by City and

Hackney residents. The service has been key to maintaining access to STI testing throughout the COVID pandemic whilst allowing clinic based services to focus on the more complex cases and provision of LARC.

There are core costs for the management of the e-service, which total £1,300 per year. The majority of spend for this service is activity-based; between 1 April and 30 November 2021 this totalled £38,700 for the City.

Level 3 Specialist Sexual Health Clinics:

The service, which is delivered by Homerton Sexual Health Service (part of Homerton University Hospital Foundation Trust), has an eight year contract, with an initial break clause in July 2022. An extension of this contract for a further two years (to July 2024) has recently been agreed.

The service is well respected by patients and stakeholders alike and delivers an excellent standard of care. Despite challenges experienced as a result of the pandemic, the service has been resilient and has continued to deliver excellent outcomes for patients.

Attendances at the clinics by City and Hackney residents account for approximately 57% of all patient activity at the clinics based in Hackney and the City of London. The majority of the other attendances are by residents of neighbouring boroughs who are cross charged by the Homerton for their residents' use. Attendances by City residents at Homerton sexual health clinics accounted for 28% of attendances at all SH clinics by City residents in 2021/22. In addition, Homerton accounts for 12% of City residents' access to PrEP (pre-exposure prophylaxis).

HIV prevention and support:

Local services for HIV prevention and support were commissioned from a North East London Framework that ended in 2021. The framework was recommissioned using an updated specification and continued to focus on two client groups: Lot 1-adults living with HIV and Lot 2- children, young people, and families affected by HIV.

Reprocurement was undertaken jointly with other North East London boroughs, bringing benefits such as joint procurement and commissioning, and delivery of the service at scale across areas that share similar needs and outcomes with respect to their residents. The contracts were awarded to Positive East at £98,000 per year for Lot 1 and to Body and Soul at £16,000 per year for Lot 2 (for both City and Hackney) with a City contribution of £4,911 and £5,000 respectively.

Open Doors service for Sex Workers:

The contract for the support service for on-street and off-street Commercial Sex Workers in Hackney and the City was due to end in March 2022 and has recently been approved for a further three-year (2+1) extension. The annual contract value is £371,000 with the City contributing £57,000.

Enhanced sexual health services in primary care and community pharmacies:

Contracts remain in place for the provision of enhanced sexual health services in primary care and community pharmacies. These services include STI screening and treatment provision, LARC fittings (primary care), and provision of emergency contraception and condoms to under-25s, as well as those aged 25+ in higher-risk groups. Activity across these services is monitored by commissioners to assess how well they are meeting unmet needs and how they are being impacted by, or responding to, developments in the pandemic.

Both of these services are paid primarily on an activity basis. The maximum contract value for the primary care service is £350,000 per year, and for the pharmacy service is £140,000 per year (for the City and Hackney combined).

CHYPS Plus

CHYPS Plus is the young people's clinical health and wellbeing service provided by Homerton University Hospital Foundation NHS Trust. In addition to other services, it provides a child-centred, clinical and treatment service to support sexual and emotional health, including STI testing and treatment, and LARC fittings. Prior to the pandemic, the service had achieved its engagement target, however since the start of the pandemic, activity has been at approximately half of these levels as a result of COVID-19-related measures and school closures, where the service has not been able to undertake outreach at pre-pandemic levels.

The service has been in place since 2016 and an extension was provided until August 2023, as this service is being considered as part of the wider 0-25s recommissioning programme of work being led by the City of London and Hackney Public Health team. The annual contract value for the service is £516,760, with a City contribution of £15,500.

London HIV Prevention Programme:

The London HIV Prevention Programme (LHPP) was established in April 2014, following the HIV Prevention Needs Assessment for London. The programme is coordinated on behalf of the London local authorities by Lambeth Council and has two workstreams: a promotional campaign targeted at MSM, black Africans, and all Londoners ("Do it London"); and a sexual health outreach service for MSM only. The GMI Partnership – Metro, Spectra, Positive East, The Love Tank, and Freedoms Shop – is subcontracted to deliver these elements.

The key aims of the programme are:

- Engage MSM communities through outreach, to increase their awareness of HIV prevention and behaviour change, which reduces HIV and STI incidence.
- Establish HIV testing as normalised, regular, and appropriate behaviour, including the provision of community-based rapid HIV testing.
- Increase the number of MSM who test for HIV and STIs regularly.
- Promote the knowledge and uptake of prevention methods, including PrEP, condoms, and "U=U".

- Ensure the promotion, provision, and distribution of condoms and lubricants free at the point of access for London MSM.
- Encourage and promote harm-reduction behaviours related to HIV transmission among key target audiences in key venues and spaces, as well as engaging with MSM online.
- Align all interventions with "Do it London" campaigns in engaging populations at risk of HIV.

The City's contribution to the programme is £2,697.25.

City & Hackney SRH Needs Assessment and Women's Health Survey:

A Needs Assessment for SRH in Hackney and the City of London is currently being undertaken, with the aim of identifying unmet needs and informing future commissioning decisions, as well as the development of a local SRH strategy. There are complementary projects underway and being planned, the findings of which will help to inform the Needs Assessment. These include a local Women's Health Survey, which launched in April and will be running until 30 May, as well as deep-dive research into PrEP uptake among Black African communities in Hackney and the City of London.

The SRH Needs Assessment is planned to be completed in late July 2022 and will then be used to develop a sexual health strategy and accompanying commissioning strategy for the local area. As a number of related sexual health services such as termination services, sexual assault referral services and gynaelogical services are commissioned by the NHS, a joint strategy is proposed that would be developed in conjunction with The Integrated Care Partnership Board.

Options

No options are proposed.

Proposals

There are no proposals outlined.

Key Data

The following data is taken from the Office for Health Improvement and Disparities' (OHID) Sexual and Reproductive Health Fingertips tool¹.

Caution should be taken when looking at 2020 data, as sexual behaviours as well as access to screening/ testing, diagnosis, and treatment were all disrupted as a result of the COVID-19 pandemic. In addition, it is important to bear in mind the small resident population of the City and the impact this has when calculating rates per population, when the actual values are very small.

¹ https://fingertips.phe.org.uk/profile/sexualhealth

While there hasn't been a significant change in the overall rate per 100,000 of new STI diagnoses in the City (excluding chlamydia in the under-25s), the actual number of new diagnoses has been increasing steadily since 2012. In 2019 it was 247, up from 235 in 2018. In 2020 the City performed similarly to the London average, but significantly worse than the England average.

The HIV diagnosed prevalence rate per 1,000 among those aged fifteen continued to decline in 2019 from a peak in 2016/17, however in 2020 it remained higher than both the London and England averages.

The City of London has strong HIV testing coverage compared with other London authorities (61.5% compared with 54.7% respectively), and in 2019 shared similar chlamydia screening and detection rates as other London areas.

The rate per 1,000 of total prescribed LARC (excluding injections) among City residents remained similar to 2019 in 2020, and is statistically significantly lower than the England average, and among the lowest in London.

Corporate & Strategic Implications

Strategic implications – This report outlines the discharge of statutory duties of the City Corporation under the Health and Social Care Act 2012 to protect and improve the health of its local populations, including sexual and reproductive health.

The report also aligns with the following outcomes of the Corporate Plan:

- Outcome 2: People enjoy good health and wellbeing
- Outcome 4: Communities are cohesive and have the facilities they need

Financial implications - None

Resource implications - None

Legal implications - None

Risk implications - None

Equalities implications – The provision of services to support, protect, and improve the sexual and reproductive health of local populations (as well as others, where open-access services are available), helps to reduce health inequalities, and supports the ambitions of the Equalities Act 2010. Commissioned services are required to provide data on protected characteristics of the service users/ patients they support, for monitoring purposes, and to ensure that nobody is excluded from access as a result of their protected characteristics.

Climate implications - None

Security implications - None

Conclusion

This report provides an update on the commissioning activities of the City of London and Hackney Public Health team to support the sexual and reproductive health of the City's populations. It includes a breakdown of the different services commissioned by

the Local Authority, as well as activity, spend, and commissioning intentions for the near future.

Appendices

None

Background Papers

None

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By virtue of paragraph(s) 3 of Part 1 of Schedule 12A of the Local Government Act 1972.

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