

<b>Committee:</b>	<b>Dated:</b>
Health and Wellbeing Board	<b>14/06/2019</b>
<b>Subject:</b> Draft City and Hackney Mental Health Strategy 2019-23	<b>Public</b>
<b>Report of:</b> Andrew Carter, Director of Community and Children's Services	<b>For Information</b>
<b>Report Author:</b> Marcus Roberts, Head of Strategy and Performance, Department of Community and Children's Services	

### Summary

This report presents a draft *City and Hackney Mental Health Strategy 2019-23*. The strategy is being developed in partnership with Hackney CCG and London Borough of Hackney, working with service providers and service users. It will be implemented as part of the Integrated Care Programme.

### Recommendations

Members are asked to:

- Comment on the draft *City and Hackney Mental Health Strategy 2019-23*
- Note that the final draft will be subject to approval by Grand Committee (12/07).

### Main Report

#### Background

1. The draft *City and Hackney Mental Health Strategy 2019-23* has been developed as part of the Integrated Care Programme. The work has been overseen by a Mental Health Co-ordination Committee, and supported by a joint editorial group, including service user representatives. It will replace and build on the legacy of the *Mental Health Strategy 2015-18*.
2. The strategy should be considered alongside the City and Hackney joint health and wellbeing strategies and suicide prevention strategies and the *Local Transformation Plan for Child and Adolescent Mental Health Services*. It has been shaped by national policy initiatives, including the *Five Year Forward View for Mental Health* (2016) and the *NHS Long Term Plan* (2019).

#### Draft City and Hackney Mental Health Strategy 2019-23

3. The Strategy provides a shared framework to shape, inform and drive further improvements in mental health support across the City and Hackney, setting out a shared vision, approach and priorities. It has a focus on four key groups:
  - Residents
  - People who work in the City and Hackney
  - The most vulnerable in our communities (including the homeless)
  - All sections of our diverse populations.

4. It assesses the needs of these populations, maps challenges and opportunities, highlights current best practice (e.g. Mental Health Street Triage and Community Builders) and explains how we will work collaboratively as partners and with service users and carers to improve mental health.

### ***Vision, approach and priorities***

5. The *vision* for City and Hackney is that: *'Everyone will enjoy good mental health in the City and Hackney with access to the right care at the earliest opportunity when they need it, delivered as close to their local community as possible'*.
6. The *approach* takes the form of a commitment: *'to working together to develop a whole system, all-age approach to mental health in City and Hackney, bringing together the NHS, local authorities, the voluntary and community sector, service users and other partners.'*
7. The five strategic priorities are:
  - *Prevention*: 'We will prevent people from developing mental health problems in the first place, and provide help at the earliest opportunity when they do'.
  - *Access*: 'We will improve access to mental health support and services, to reflect the diversity of our communities, the most vulnerable and those whose mental health problems are masked by other needs'.
  - *Neighbourhoods*: 'We will aim to support people in the community wherever we can, working at 'neighbourhood' level with schools, GPs and voluntary and community services'.
  - *Personalisation and co-production*: 'We will continue to shift power and control to service users, giving them control of their own care and recovery, and involving them in the shaping of local services'.
  - *Recovery*: 'We will champion the social inclusion of people affected by serious mental health problems, focussing on their strengths and assets, housing, jobs and friendship networks'.
8. In addition, four *building blocks* to support delivery of the priorities are identified:
  - *People* and workforce development;
  - *Engagement* with experts by experience, practitioners and partners;
  - *Data and digital*; and
  - *Evidence-based policy* and practice.

### ***Key activities***

9. Key areas of activity will include:
  - Implementation of phase 3 of the transformation plan for CAMHS services;
  - Working with employers on workplace mental health and wellbeing;
  - Improving access for people with complex and multiple needs;
  - Improving mental health pathways for under-represented groups;

- Developing the role of GP and primary care services and the voluntary and community sector;
- Increased use of personal health budgets; and
- Improved housing and employment support for people in recovery.

10. The strategy document is illustrated by case and best practice studies. These include mental health street triage, our work with the Business Healthy employers' network, initiatives to tackle isolation and loneliness (e.g. Community Builders), the Dragon Café, neighbourhood-based dementia support and the City's plans for a new Mental Health Centre in Middlesex Street.

## **Delivery**

11. An Action Plan is in development to set out how we will deliver our aspirations in practice and to enable us to monitor – and be accountable for - our progress. The finalised strategy will also be informed by an Equality Impact Assessment.

12. Implementation of the Action Plan will be overseen by the Mental Health Co-ordination Committee. The Action Plan will also assign responsibility for the delivery of actions to one of the four 'workstreams' in the Integrated Care Programme: '*prevention*', '*planned care*', '*unplanned care*' and '*children, young people and maternity*'.

13. Progress will be reported to the Health and Wellbeing Board at least annually, as well as to the Community and Children's Services Grand Committee. It is anticipated that councillors serving as Mental Health Champions will provide a voice for the strategy, ensuring its visibility and appropriate scrutiny.

## **Next Steps**

12. The strategy will be sent for approval to the Community and Children's Services Committee on 12 July 2019. It is also being considered by Hackney's Health and Wellbeing Board. The Integrated Commissioning Board will have ultimate responsibility for signing off the strategy, taking account of partners' comments.

## **Corporate Implications**

13. The *City and Hackney Mental Health Strategy 2019-23* will make key contribution to delivering the following outcomes from the *City of London Corporate Plan 2018-23*:

- People are safe and feel safe;
- People enjoy good health and wellbeing;
- People have equal opportunities to enrich their lives and reach their full potential;
- Communities are cohesive and have the facilities they need;
- Businesses are trusted and socially and environmentally responsible;
- We have access to the skills and talent we need;
- We are digitally and physically well-connected and responsive.

14. This strategy links to the following City Corporation strategies: Alcohol, Children and Young People's Plan, Homelessness and Rough Sleeping, Housing, Joint Health and Wellbeing, Local Plan, Local Transformation Plan for CAMHS services, Safeguarding, Safer City Partnership, Social Wellbeing and Suicide Prevention.

### **Legal and financial implications**

15. There are no direct legal or financial implications. However, the strategy will influence how the City and other partners discharge their responsibilities under the Mental Health Act and implement national policy (e.g. NHS Ten Year Plan).

### **Conclusion**

16. The *City and Hackney Mental Health Strategy 2019-23* will be the overarching strategic document for the development of mental health interventions and services in the City of London for the next four years, building on the progress made under the 2015-18 strategy. It commits us to working closely with our partners and service users to develop a more integrated and neighbourhood-based approach to mental health, while ensuring that this delivers for City residents and workers given their particular needs and circumstances, including the most vulnerable.

### **Appendices**

- Appendix 1 – *Draft City and Hackney Mental Health and Wellbeing Strategy 2019-23*.

### **Background Papers**

- *Joint Health and Wellbeing Strategy*
- *City and Hackney Mental Health Strategy 2015-18*
- *City and Hackney Local Transformation Plan for Child and Adolescent Mental Health Services*
- *Suicide Prevention Strategy and Action Plan*

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