

| Ref: | Action: | Start: | End: | Measure/outcome: | Lead officer/partner: | Update | RAG rating |
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| 1.1.1 | Promote the training of frontline staff in organisations including the City of London Police, the Metropolitan Police and staff who work near at risk locations in mental health first aid, suicide awareness, suicide intervention to help them engage men and women in conversations about - Wellbeing and mental health - Accessing appropriate information/self-help support - suicide | Jun-17 | Ongoing (annual updates) | · Number of frontline staff trained · Training material · Promotion of training · Examples where training has been used to good effect | Public health | A 2-day Adult MH First Aid session was hosted at Guildhall in Apr-18. 11 free places given to staff from CoL commissioned providers. PH team looking into whether appetite for further sessions. City of London Corporation hosted a suicide prevention awareness event as part of Thrive in the City for the Emergency Services (Apr-18), which is a day-long London-wide programme of events (CoLP, Met Police, LFB and LAS in attendance). Tizzy Keller and Sgt Mark Montgomery led the session. A 2 day session is planned in January 2019, 8 spaces are available for frontline staff and commissioned providers (possibly police, schools, RNLI?). MHFA Adult 2-day training delivered free-of-charge to frontline staff of commissioned services in Jan-19. There were 15 attendees, MHFA children 1 day training to school staff on May 5th 2019 with 16 attendees, half day suicide prevention training to school staff and police on 9/10/19 20 attendees; Business Healthy have also hosted multiple Suicide Prevention Awareness Sessions with the Samaritans and the City Police for 2020 (Feb, July, November) aimed at HR, frontline staff, and security sector. | ongoing |
| 1.1.2 | Promote and provide information, training and supporting resources to City employees through Business Healthy member organisations including Small to Medium Enterprises. for SMEs | Jun-17 | Ongoing (annual Updates) | · Information relevant to suicide on the Business Healthy resource pages · Number of Business Healthy members | Public health Business Healthy | A 2-day Adult MH First Aid session was hosted at Guildhall in Apr-18. 11 free places given to staff from CoL commissioned providers. PH team looking into whether appetite for further sessions. City of London Corporation hosted a suicide prevention awareness training in October 2018 in Canary Wharf where they shared best practices and learning, there was a session in February 2019 which was very successful. (Also see 6.1). Information about suicide prevention and mental ill-health more widely is shared on an ongoing basis through the Business Healthy network (newsletter and website). The network continues to grow - there has been a 58% increase in members between Sep-18 and Sep-19. 82% of member organisations in the City of London are SMEs. Dragon Cafe in the City has secured funding to run fortnightly (Jan-19 to April-21), feedback from visitors (Jan-Aug19) showed that 92% of participants (who gave feedback) strongly agree/agree that the cafe helped to improve their mental wellbeing; Hosted SPA with the Samaritans 7/2/20, 24/7/20, and upcoming session 9/10/20. Very positive feedback, even with the July session being virtual. July session also geared toward "hidden workforce" and security sector. Next session in November 2020. | ongoing |
| 1.1.5 | Approach security firms to train security guards in spotting suicidal behavior and having the confidence to intervene | Nov-19 | ongoing | number of security guards trained in suicide awareness | CoL Public Health | This was also discussed in SPA session with Samaritans 24 July 2020. Update as of June 2020 tying in patterns and existing risk as well as direct impacts of COVID-19, some particular areas to look at in terms of CoL workforce and those coming into the City who can't work from home, are the routine manual service workers, lower income roles and roles like construction workers. Pre-lockdown, the CIOB and Samaritans released reports that highlighted an increased risk in lower income roles, primarily men, who are affected by having to come in. | ongoing |

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| 1.2 | Promote 24/7 crisis hotlines with a marketing campaign targeting primarily resident and City worker males (using Kent's Release the Pressure campaign). | Jun-17 | Initial 4 week push then ongoing (update to HWBB September 2017) | <ul style="list-style-type: none"> · Tube/rail and digital adverts (June – 17th July) · Number of clicks onto website · Follow up survey (September 2017) | Public Health | <p>Campaign seen a total of 30 million times across the four-week initial campaign (Tube, rail and digital ads alone, not including press coverage, etc. 10x increase of visits to the MH webpage of the CoLC website during the campaign. NK to ask Fawzia 12/18 RtP is an ongoing campaign and has also been continued through Dragon Café in the City's promotion and branding. January 2019 : New Website Offering Support to People at Risk of Suicide www.StayingSafe.net added to www.cityoflondon.gov.uk/releasethepressure. 08/19 Promotion of Release the Pressure is ongoing across digital channels and the London-wide "Good Thinking" tools and associated support has been promoted to City workers and residents. The campaigns materials are available to download from the Business Healthy website. PHE's Every mind matters campaigns pushes the release the pressure message, it is a good thinking tool.</p> | ongoing |
| 1.3 | Support City of London businesses to achieve the London Healthy Workplace Charter award and also to comply with HSE Stress Management Standards and NICE Guidance | Jun-17 | Ongoing (annual updates) | <ul style="list-style-type: none"> · Number of businesses which have achieved the London Healthy Workplace Charter | CoL Port health and public protection Business Healthy | <p>Dragon Café in the City has been running since Feb-18, was being evaluated against CoLC and other objectives. BH continues to promote the LHWC and HSE mental health-related information and resources. The dragon café pilot finished and the feedback was that visitors were city workers, middle age men and that once they had been to the cafe they were more inclined to engage with mental health services, also 2/3 of participants said they noted an improvement in their wellbeing after attending the session. Funding for a second year was secured at the beginning of 2019. The Charter underwent rebranding in 2019 and was re-launched as the London Healthy Workplace Award. Between Oct-18 and Sep-19, 18 City firms have registered interest in the Award and a further 6 have been accredited</p> | ongoing |
| 1.8 | Street Pastors to be positioned at high risk locations in the City at high risk times. | Jun-17 | To begin by June 2018 and ongoing | <ul style="list-style-type: none"> · Street Pastors regularly patrolling the City. | City of London Police | <p>The police and street pastors working every weekend with 2 teams of 3 street pastors they are now including high risk locations in their patrols. Suicide prevention training for street pastors planned for 2018. It is hard to find a convenient time to train all the pastors at the same time. 13/12/18 The City Pastors have had at least one team patrolling every weekend since the launch in July 2017. This is generally on Friday night but on occasions Thursday and/or Saturday. At the commencement of each patrol the team contracts the control inspector and patrol sergeant seeking directions of where to patrol. Whilst the general request is to focus on the Bishopsgate corridor to patrol London Bridge, or other bridges is also often requested. Most patrols will visit one of the bridges at least once during a night's patrol. During this period the volunteers have not had any significant interventions.</p> <p>On one occasion there was a specific request to attend London bridge as police had received advanced information that someone was attending who was threatening suicide. The team attended and remained on the bridge for an hour but the person did not arrive.</p> <p>The force training section is preparing a training course for the volunteers on aspects of vulnerability including potential suicides. It is anticipated that this training will be delivered in February 2019. 12/19 this is up and running and being utilised Friday nights, over the Christmas period it will be Thursday to Saturday and they will call into the police control room to know where the footfall is, they will talk to and guide people, they are incorporating the bridges into their patrol, Mark Montgomery to contact Tony to get an update</p> | ongoing |

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| 2.4 | Help parents to feel competent in protecting their children from harmful suicide-related content online by raising awareness of e-safety education on good practice in creating a safer online environment for children and young people (as compiled by UK Council for Child Internet Safety (UKCCIS)) | Jun-17 | Ongoing (annual updates) MOVE TO ONGOING | · E-training module for parents to be disseminated to schools. | CHCSB | The training module has been developed and disseminated to schools. 12/18 The E training module runs by the CHCSB and we continue to provide the enhanced mental health service for LAC and care leavers. The roll out of the Safer Schools App for both professionals and parents / carers contains substantial awareness raising material and training content about online safety and building resilience in young people. The App continues to be promoted in the City of London. | ongoing |
| 2.6 | Social Prescribing – encourage adopting of the Five to Thrive principles to enhance wellbeing, reduce social isolation, provide peer support , reduce depression and build resilience | Jun-17 | Ongoing (annual updates) | · Promotion of CCG lead five to thrive campaign - dissemination of video | CCG | The five to thrive steering group is stablished. The principles have been further embedded in psychological services and GP depression reviews. All pharmacies can access FTT leaflets to distribute to patients. NK to ask Dan and Fawzia for updates. 8/19 A CoL video promoting the 5 ways to wellbeing is in development for digital communications purposes. 12/19 the steering group met recently, the website is being updated, we are trying to make sure social workers use/promote five to thrive, also a video is being developed by comms and should be launched mid jan, Xenia Koumi will share and it will put it out through the MH alliance and business healthy channels | ongoing |
| 3.1 | Include suicide risk in health and safety considerations by local authority planning departments and Environmental Health Officers and developers | Jun-17 | Jan-19 | · Suicide considerations in standard risk assessment/health and safety tick box template. · Suicide considered in Health Impact Assessments | CoL Planning and Port Health and public protection | Col health and safety team see all planning apps and give comments where appropriate. Comments are picked up by the planning committee who are aware of suicide prevetion work. 12/19 CG has written guidance to developers and architect on how to mitigate suicide risk that are to be included in the long term plan, once they are finalised she will share them with LBH and STP | ongoing |
| 3.2 | Engage with Transport For London, the British Transport Police and network rail to identify opportunities for further prevention of suicide at their locations | Jun-17 | Ongoing | · Relationship to be built between City of London public health and TFL/BTP/network rail | Public Health | In June 2020 confirmed communications for mental health support are not suicide prevention specific but more focused on signposting individuals to support. Number of suicides/ attempts has gone back to normal since pre-COVID-19 level. There was previous discussion around potentially utilising What3Words, however, XK confirmed group's concerns and that a decision had been taken at the previous meeting to not take this any further for the time being, because of concerns around having to rely on a third-party commercial app, barriers to access, etc. GA also commented that the concern is that it shouldn't turn into steps, when can call 999, however it has not been ruled out on signage. | ongoing |
| 3.3 | Work with the Samaritans, East London Foundation Trust (ELFT) and City and Hackney Mind to develop a sustainable model of suicide prevention developed as part of the Bridge Pilot to City of London Workers | Apr-17 | Ongoing (annual updates) | · Number of people trained · Examples where training has been used to good effect | Public Health CoLP | Business Health and the Samaritans team have developed a sustainable model of delivery. See action 1.2 for more detail. 8/19 Since Sep-18, 3x Suicide Prevention Awareness sessions have been delivered to the City's business community, and an additional one is planned for Oct-19. Across the three sessions, 54 people have attended and an average of 98% of attendees reported that attending the session has helped them to feel more confident in identifying and approaching someone who is at crisis point and who might be considering suicide | ongoing |
| 3.ten | Share guidance with the relevant stakeholders | Jan-21 | ongoing | guidance is shared as widely as possible | all | Public health is sharing guidance with developers, constructi | ongoing |

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| 4.1 | Provide training and resources for primary care staff to raise awareness of the vulnerability and support needs of family members when someone takes their own life | Jun-17 | Ongoing (annual updates) | · Number of primary care staff who have received training | CCG City of London Coroner | CCG trained their primary care staff in suicide prevention work on 1 December 2017. 40 Gps attended this training, awaiting on update from CCG. 4 hours Mandatory MH training now includes Suicide Prevention. 32 people attended stand alone suicide prevention training at Homerton hospital on the 1st December 2017. Advertisement of local offer on MHFA/Suicide training circulated through CHCCG networks. The Coroners office is routinely supporting families and providing information on their needs. Two new coroner officers have been appointed and are undergoing appropriate training. Senior coroner is introducing new processes to ensure this continues as routine procedure. | ongoing |
| 4.1.1 | Engage city businesses to identify best practice regarding the mental health of its employees and promote it – particularly to those that have already experienced a suicide in their workforce. | Jun-17 | Ongoing MOVE TO ONGOING | · Follow up with businesses who have undergone training · Promote the suicide prevention agenda within City business groupings such as the City Mental Health Alliance and “This Is Me – In the City” (Lord Mayor’s Appeal) | CoL Health and Safety Business Healthy | Ongoing efforts through Business Healthy and “Release the Pressure Campaign.” High priority as many are still working from home with the Covid-19 pandemic. Ongoing Suicide Prevention Awareness sessions hosted with Business Healthy and the Samaritans (currently virtual) every 3 months. | ongoing |
| 4.1.2 | Risks to be assessed by the City Corporations Health and Safety Team following on from any suicides in public/the workplace and any preventative /remedial measures are identified for action | Jun-17 | Ongoing (annual update) MOVE TO ONGOING | · Number of risk assessments undertaken by the CoL Health and Safety team following suicides in City of London businesses | CoL Health and Safety | The CoL health and safety team follow-up with workplaces where suicide occurs and work with colleagues to support them if appropriate. There have been no suicides in the City where there has been a breach of health & safety legislation or good practice. business as usual 12/18. 12/19 CG going to safeguarding meeting at Saint Paul to advise after the incident in March 2019 | ongoing |
| 4.2 | Provide accessible, concise information on the processes and standards in a Coroner’s inquiry to family members | Jun-17 | Ongoing (annual updates) MOVE TO ONGOING | · Number of families given information | The Coroner | This is standard procedure by coroners office. This is ongoing on a separate action log. A new standard of proof for suicide is under appeal at the moment, it will lead to less open verdicts because it is more clear cut, it will give families more clarity and make dealing with families more straightforward and be good for the next suicide audit. | ongoing |
| 4.3 | Provide bereaved families with an explanation of policies on investigation of patient suicides, opportunity to be involved and information on any actions taken as a result. Refer families to City of London bereavement services web pages | Jun-17 | Ongoing (annual update) | · Proportion of families who are referred to bereavement services | CoLP | The FLO’s should advise them to what is available to them, the FLO’s would do their own research and find specific contacts for them to use. | ongoing |

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| 4.4 | Offer those bereaved as a result of suicide signposting to bereavement services | Jun-17 | Ongoing (annual update) | <ul style="list-style-type: none"> Number of people offered FLO Number of people who take up offer of FLO | CoLP and coroner | Recent Update with regard to bereavement: awareness and capacity needs are to be looked at from STP level. Currently working on resources based on staff feedback to provide updated guidance for staff if they experience bereavement. They are asking to share this with other organisations who can benefit from that information as well. This will help outline things to do, be aware of, other resources. Also working on content for frontline staff who may need to support someone who has experienced bereavement. Written guidance but also short training video in terms of how to speak to someone and what advice to give, rather than staying silent, which can be worse. They also have created resources for non-frontline staff that can be used across organisations and residents. MindEd is a free educational resource on children and young people's mental health for all adults, and St Joseph's Hospice has just launched a support service for CYP and families who have been bereaved as a result of COVID-19. Information about this service and other local bereavement support is available on the CoL website (under the heading "Bereavement counselling services") | ongoing |
| 5.1 | Ensure that local/regional newspapers and other media outlets: <ul style="list-style-type: none"> provide information about sources of support and helplines when reporting suicide avoid insensitive and inappropriate graphic illustrations with media reports of suicide avoid use of photographs taken from social networking sites without relative consent avoid the re-publication of photographs of people who have died by suicide report appropriately where there is evidence of a cluster | Jun-17 | Jun-20 | <ul style="list-style-type: none"> All suicides reported on in a sensitive and appropriate way | City of London Corporation and CoLP media Teams | The media guidelines have been shared. Media outlets don't always follow them but the CoLP and COLC media teams follow up with them when they don't. | Green |
| 6.3 | support the development of a pan london overarching c | Jun-17 | ongoing (annual updates) | ent in place and data bei | coroners, MET police, CoL police | d by the director of public health. 1/20 we have been given log in details for t | Green |
| 6.4 | Routinely collect data on attempted suicide in the City from Section 136 booklets | Jun-17 | Ongoing | <ul style="list-style-type: none"> S136 data to be collected by the City of London Police and shared with public health | City of London Police | s136 data is routinely collected and sent to PH team | Green |