



# Epping Forest

Registered Charity

## Cycling Code of Conduct

- Use the shared use trails considerately to ensure the safety of others. Let people know you are there with a greeting or bell. Pedestrians and horse riders have priority.
- Approach corners and descents with caution; dogs, wildlife and cattle may cross your path unexpectedly.
- Racing bicycles (including digital KOM/QOM 'chasing') is prohibited in Epping Forest.
- Building or digging jumps or berms and tree cutting is prohibited.
- Leave no trace. Use the existing routes and avoid skidding to prevent erosion. Take your litter home.
- Leave gates as you find them, to prevent cattle straying.
- Respect 'No cycling' restrictions that exist to protect ancient monuments, easy access paths and delicate habitats.

[www.cityoflondon.gov.uk/eppingforest](http://www.cityoflondon.gov.uk/eppingforest)  
020 8532 1010

This is one of  
14 green spaces  
managed by the  
City of London at  
little cost to the  
general public.



@CoLEppingForest



Epping Forest City of London



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