

<p><b>Committee(s):</b></p> <p>The following stakeholder forums and committees have received this proposal and have been invited to comment their views, feedback will be incorporated prior to the proposed public consultation.</p> <p>In addition a visit has been conducted by Healthwatch Hackney to East Ham Care Centre including Cazaubon ward.</p> <p><b>Dementia Alliance Board and feedback</b></p> <p><b>Older Persons Reference Group to consider and feedback</b></p> <p><b>People and Place Group to consider and feedback</b></p> <p><b>Health in Hackney (Scrutiny)</b></p> <p><b>TNW Delivery Group and Area Committee</b></p> <p><b>Integrated Care Partnership Board</b></p> <p><b>Tower Hamlets Health (Scrutiny)</b></p> <p><b>Neighbourhood Health and Care Board</b></p> <p><b>City of London Health (Scrutiny)</b></p>	<p><b>Dated:</b></p> <p><b>3<sup>rd</sup> September 2021</b></p> <p><b>8<sup>th</sup> September 2021</b></p> <p><b>22<sup>nd</sup> September 2021</b></p> <p><b>6<sup>th</sup> October 2021</b></p> <p><b>11<sup>th</sup> October 2021</b></p> <p><b>14<sup>th</sup> October 2021</b></p> <p><b>14<sup>th</sup> October 2021</b></p> <p><b>26<sup>th</sup> October 2021</b></p> <p><b>26<sup>th</sup> October 2021</b></p> <p><b>10<sup>th</sup> November 2021</b></p>
<p><b>Subject: A proposal to permanently locate the inpatient dementia assessment services at East Ham Care Centre</b></p>	<p><b>Public</b></p>
<p><b>Which outcomes in the City Corporation’s Corporate Plan does this proposal aim to impact directly?</b></p>	<p><b>1 and 2</b></p>
<p><b>Does this proposal require extra revenue and/or capital spending?</b></p>	<p><b>Y</b></p>
<p><b>If so, how much?</b></p>	<p><b>Circa £850,000</b></p>
<p><b>What is the source of Funding?</b></p>	<p><b>ELFT internal funding</b></p>
<p><b>Has this Funding Source been agreed with the Chamberlain’s Department?</b></p>	<p><b>N/A</b></p>
<p><b>Report of: Eugene Jones, Director Service Transformation, East London NHS Foundation Trust</b></p>	<p><b>For Information</b></p>
<p><b>Report author: Eugene Jones, Director Service Transformation, East London NHS Foundation Trust</b></p>	

## **Summary**

The move of Columbia ward from Mile End Hospital in August 2020 to Cazaubon ward at East Ham Care Centre has created significant opportunities to improve the care for people with Dementia. We now have a critical mass of expertise, resources and support for dementia care and the frail elderly in one location. We have also been able to provide the ongoing provision for those who are clinically extremely vulnerable within the safe 'green zone' covid free area at Mile End Hospital.

The Cazaubon ward environment supports recovery and the interim move has already seen improvements in patient outcomes for residents of the City of London, Hackney, Newham and Tower Hamlets. With an increased range of social and clinical interventions and greater stimulation through the activities programme at the centre, staff are able to identify with the patient the type of support they need to return home or in some cases consider residential care arrangements.

This is an important opportunity to sustain the improvements that have been made in the health and care for people with dementia and make a positive impact on their mental/physical health and overall well-being.

We intend to engage and consult with stakeholders initially throughout October and November 2021 on our plans to permanently move the Dementia inpatient admission services to East Ham Care Centre.

We are developing our case for change describing the proposed model and a draft communications plan (See Appendix 1) in support of this. We intend to begin a public consultation in early December 2021, we will also conduct an Equality Impact Assessment at this time as part of the case for change and invite feedback upon this.

## **Recommendation(s)**

The City of London Health and Social Care Committee, is asked:

To CONSIDER and provide feedback on our plans, proposed approach and the 3 questions that are intended to be used in the public consultation.

## **Main Report**

### **1. Background**

During 2020, in response to the Covid -19 pandemic a covid free 'green' zone was created on the MEH site, designed to keep patients, staff and family/carers safe, reducing the risk of cross infection.

Columbia ward, a 21 bed, Organic (Dementia) Assessment unit, located at MEH, had entry and exit routes accessed through the 'green' zone, it was therefore not possible for Columbia ward to remain insitu.

In addition the Columbia ward design and layout is no longer compliant with modern mental health building expectations. Whilst single rooms were available there was only 1 bedroom with en-suite facilities. Patients who require admission to hospital because of a mental health problem especially Dementia are extremely vulnerable, can be confused and dis-orientated and are typically admitted for several weeks, they need an environment that will offer privacy and dignity to support their recovery.

There were further environmental issues such as

- Poor natural light leading to a very dark environment
- Space and capacity issues for patients and carers/ and families visiting
- No direct access to outdoor space (all patients required to be escorted into the garden area by staff, limiting access as the ward is based on the top floor,
- Exceptionally hot in the summer due to its top floor position with inadequate insulation

ELFT and partners reviewed the options available to relocate Columbia Ward, seeking a suitable ward environment, to provide, safe & effective care for patients with Dementia

Cazaubon, a vacant ward, situated within East Ham Care Centre (EHCC), was identified, it had the capacity and adequate space with an improved environment, it also provided greater clinical adjacencies, as all the wards for Dementia and frail elderly would now be located at EHCC.

East Ham Care Centre is a purpose-built environment, providing a dementia-friendly layout. Cazaubon ward provides an improved environment (a step up from Columbia Ward), with large en-suite bedrooms, throughout, offering natural light. There is a restaurant on site, free visitor parking and therapy space and private secluded gardens.

We now have two older adult mental health inpatient wards and one physical health inpatient ward located at the East Ham Care Centre, serving residents of City & Hackney, Tower Hamlets and Newham.

Fothergill Ward – 32 beds, providing physical health and end of life care  
Sally Sherman Ward – beds, providing Dementia and complex/challenging behaviour  
Cazaubon Ward – 21 Beds, providing organic (Dementia) admission and assessment function (replaced Columbia ward)

## **2. Current Position**

The move of Columbia ward to East Ham Care Centre in August 2020 has provided the opportunity for more effective clinical adjacencies, achieved through the

colocation of the dementia and frail elderly inpatients on one site.

This created a critical mass of expertise, resources and support of the care of the elderly and frail at this location. Patients can transition from the day hospital to the continuing care ward and if required, transition to the end of life ward within the one site at East Ham Care Centre providing a seamless pathway of care for a patient group for whom change can be unsettling.

We are already seeing the benefit this environment has on patients' recovery meaning they are well enough to go home sooner. This is an important opportunity to improve the health and care of older adults to make a positive difference to the mental and physical health of residents.

### 3. Options

We intend to begin a public consultation in early December 2021 and for this to be open and available for feedback for a period of 12 weeks after which it will then conclude. The 3 questions we are intending to have answered in the public consultation, are contained in our report and are also below, we would welcome feedback on our plans, proposed approach and the questions.

*1. To what extent do you think the co-location of older persons physical and mental health inpatient services at East Ham Care Centre will provide an improvement to care and treatment for patients with Dementia?*

*Agree fully    Agree partly    Disagree partly    Disagree fully*

*2. To what extent do you agree or disagree that this proposal will enhance the overall care and support for patient's carers and their families?*

*Agree fully    Agree partly    Disagree partly    Disagree fully*

*3. Do you feel the transport support arrangements are sufficient*

*Agree fully    Agree partly    Disagree partly    Disagree fully*

### 4. Proposals

Our proposal, **to make permanent the move of Dementia inpatient admission services to Cazaubon ward, East Ham Care Centre**; these services moved on an interim basis from Columbia ward, Mile End Hospital in August 2020.

It will also ensure we deliver integrated care which meets the physical, mental health and social care needs of our diverse communities. The co-location of clinical expertise in one place at East Ham Care Centre creates a bespoke centre of excellence model for the assessment and treatment of dementia. This will enable improved clinical outcomes, patients discharged from hospital safely, with reduced

risk and need for hospital admission care and treatment provided through the continuation of community based care closer to home and outside of institutional settings.

## 5. Key Data

Comparative data over the last 12 months has identified the following improvements

Length of hospital stay – reduced from 98 to 82 days, patients are being discharged from hospital safely and returning home or into other community support settings on average 16 days earlier, reducing risk and the need for hospital based care and treatment.

Incidents - have reduced significantly in Cazaubon ward from that of the previous service.

Friends and Family Test – Positive feedback of the experience of Cazuabon ward more so than the previous services with no negative commentary received.

## 6. Corporate & Strategic Implications

Financial implications **none**

Resource implications **none**

Legal implications **none**

Risk implications **none**

Equalities implications –**We will be conducting an Equality Impact Assessment as part of the public consultation process, to help reviewers understand how these proposals impact- positively or negatively on certain protected groups and to estimate whether such impacts disproportionately affect such groups.**

Climate implications **none**

Security implications **none**

## 7. Conclusion

This proposal has many advantages over the previous services offered at Mile End Hospital and include the

**Fantastic built environment** - a ward designed with the care of older persons and frailty in mind.

**Improved clinical care** - enabling people to recover more quickly and home sooner, the length of stay has reduced already in Cazaubon ward by 16 days.

**Co-located wards** - expert clinical staff in one place (not separate from other specialist older adult and frailty services) providing a critical mass of Cognitive Impairment, Specialist Dementia and Frailty inpatient care and treatment.

**Staffing, Retention and Recruitment** - Enabling staff to do their best and provide the care to patients of a standard we know they strive for, of the highest standards.

**Making best use of Buildings and NHS estate** - The NHS Long Term Plan has called on all NHS trusts to make better use of clinical space and where possible consolidate services to gain benefits

**COVID 19** - Continued provision of the Green Zone, safe service delivery at Mile End Hospital to support those who are clinically extremely vulnerable to COVID- 19 infection across the North East London CCG.

**Travel** - Our proposal would mean longer journeys for some visitors, although for others, it will mean shorter journey times, we have put in a range of actions to reduce any adverse impact such as

- Community care - Continuing to reduce the need for hospital admissions in the first place, enhancing care in community mental health services.
- Financial support and assistance - support with travel for example, directly book and pay for journeys to and from hospital by taxi for carers and family members
- Information - Provide information about transport options for carers and family
- Technology - Continue to support 'virtual visiting' in addition to face-to-face visits

## 8. Appendices

Appendix 1 – Case for Change including, frequently asked questions and EHCC imagery

Appendix 2 – Sliddeck summary

## Background Papers

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