

TERM	A/B	AUTUMN TERM			TERM	A/B	SPRING TERM			TERM	A/B	SUMMER TERM			
WEEK		HEALTH & WELLBEING			WEEK		RELATIONSHIPS			WEEK		RELATIONSHIPS			
		Drugs & Alcohol					Discrimination					Identity & Relationships			
30-Aug	A	Intro to L4 PSHE			03-Jan	A	Managing influences on beliefs & decisions			18-Apr	B	Positive healthy relationships			
06-Sep	B	Understanding drugs			10-Jan	B	Group-think & persuasion			25-Apr	A	Gender identity & sexual relationships			
13-Sep	A	Over-consumption of energy drinks			17-Jan	A	Self-worth & confidence			02-May	B	Developing relationships/consent & the law			
20-Sep	B	Relationship between habit & dependence			24-Jan	B	Gender - identity, transphobia & discrimination			09-May	A	Legal & moral duties/effective communication			
27-Sep	A	How to use medications safely			31-Jan	A	Homophobia & biphobia			16-May	B	Sexting			
04-Oct	B	Assessing the risks			07-Feb	B	Racism & religious discrimination			23-May	A	Introduction to contraception			
11-Oct	A	How to manage influences													
19-Oct	B	Positive social norms & attitudes													
Half-Term					Half-Term					Half-Term					
		LIVING IN THE WIDER WORLD					HEALTH & WELLBEING					LIVING IN THE WIDER WORLD			
		Community & Careers					Emotional Wellbeing					Digital Literacy			
01-Nov	A	Equality of opportunity in life & work			21-Feb	A	Mental Health			06-Jun	B	Online communication & social networking			
08-Nov	B	Challenging stereotypes & discrimination			28-Feb	B	Body Image			13-Jun	A	Online grooming			
15-Nov	A	Different types & patterns of work			07-Mar	A	Daily wellbeing & managing emotions			20-Jun	B	Media reliability			
22-Nov	B	Future careers - aspirational goals			14-Mar	B	Digital resilience			27-Jun	A	Digital literacy			
29-Nov	A	Proud to be me & career choices			21-Mar	A	Unhealthy coping strategies			04-Jul	B	Gambling hooks			
06-Dec	B	Labour Market information			28-Mar	B	Healthy coping strategies								
13-Dec	A	Exploring careers													

L4/Yr8 Long Term Overview 2021/22