

TERM	A/B	AUTUMN TERM			TERM	A/B	SPRING TERM			TERM	A/B	SUMMER TERM		
WEEK		HEALTH & WELLBEING			WEEK		RELATIONSHIPS			WEEK		RELATIONSHIPS		
		Mental Health					Healthy Relationships					Addressing Extremism & Radicalisation		
30-Aug	A	No lesson			03-Jan	A	Relationships & sex expectations			18-Apr	B	Communities, inclusion, respect & belonging		
06-Sep	B	Intro to L5 PSHE			10-Jan	B	Sex, gender & relationships			25-Apr	A	The Equality Act - diversity & values		
13-Sep	A	Managing challenges and developing resilience			17-Jan	A	Opportunities & risks of online relationships			02-May	B	Influence of social media		
20-Sep	B	Dealing with change - Strategies to promote safeguard			24-Jan	B	Impact of media & pornography			09-May	A	Managing conflicting views & misinformation		
27-Sep	A	Reframing negative thinking			31-Jan	A	Ethical & legal implications relating to consent			16-May	B	Challenging discrimination		
04-Oct	B	Promoting emotional wellbeing			07-Feb	B	Relationship challenges			23-May	A	Extremism & radicalisation		
11-Oct	A	Recognising mental ill-health and when to get help												
19-Oct	B	Providing support and accessing help												
Half-Term					Half-Term					Half-Term				
		LIVING IN THE WIDER WORLD					HEALTH & WELLBEING					LIVING IN THE WIDER WORLD		
		Financial Decision Making					Exploring Influence					Independent Project		
01-Nov	A	The impact of financial decisions			21-Feb	A	Influence of role models - positive & negative			06-Jun	B	Project work		
08-Nov	B	Preventing & managing debt			28-Feb	B	Media impact on perceptions of gang culture			13-Jun	A	Project work		
15-Nov	A	Data & the influence of targeted advertising			07-Mar	A	Impact of drugs & alcohol			20-Jun	B	Project work		
22-Nov	B	Managing gambling influences			14-Mar	B	Keeping self, others safe & seeking help- substanc			27-Jun	A	Presentations/feedback		
29-Nov	A	Relationship between gambling & debt			21-Mar	A	Managing peer influence			04-Jul	B	Presentations/feedback		
06-Dec	B	The law & illegal financial activities			28-Mar	B	Exit strategies - pressurised & dangerous situations							
13-Dec	A	Managing risk relating to financial activities												

L5/Yr10 Long Term Overview 2021/22