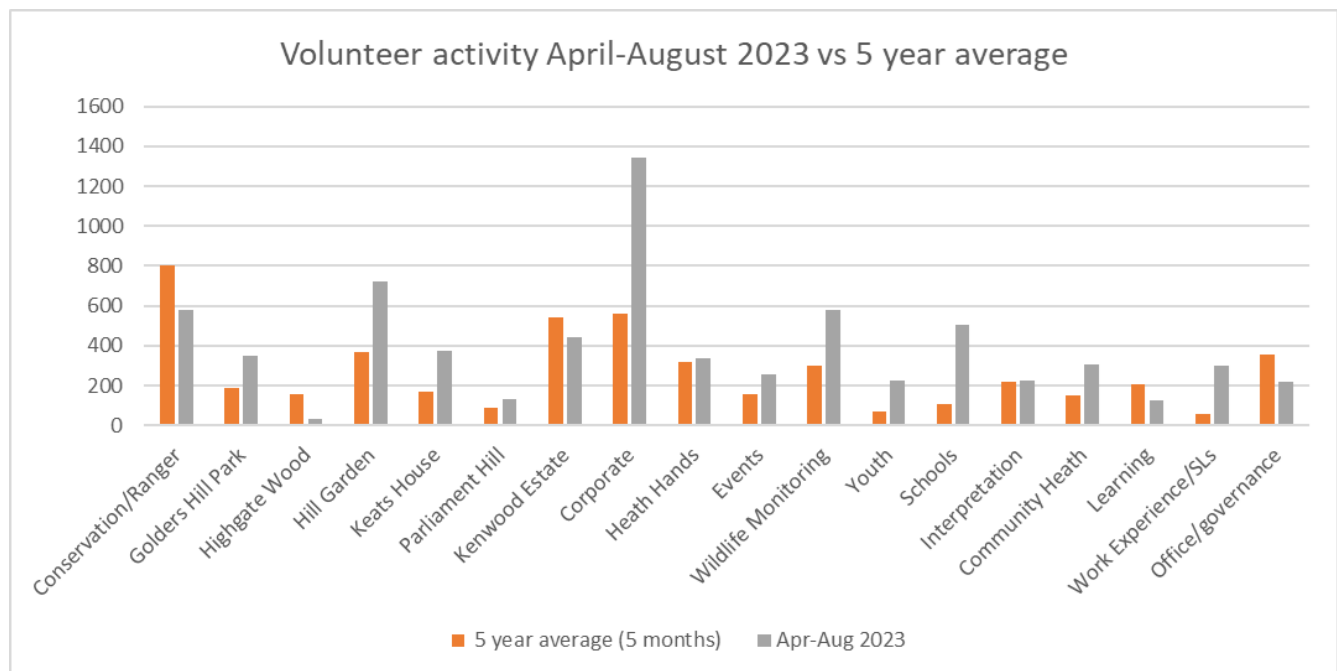




Heath Hands Update – September 2022

- Over 7,000 **hours** contributed by volunteers in the year to date
- Over 300 volunteer **sessions** delivered
- Working with Conservation, Ranger, Golders Hill, Keats, Highgate Wood and English Heritage teams
- Nearly 500 participants on 45 **community** activities so far this year
- More than 500 **school** children participated in activities and expanding **youth** volunteering programmes
- 14 **Heath Friendly Schools** active with a balanced mix of state and private
- Savernake Bridge, Whitestone Garden and landscaping around Hive projects ongoing
- Over 1300 **corporate** volunteering hours contributed over 22 sessions
- Ongoing **wellbeing**, social prescribing and health connections projects with African/Umoja Health Forum and Cheshire Foundation for mental health, Healthy Minds (Mind in Camden), Barnet Mencap and Camden Mental Health services
- Busy programme of **walks and talks** including forest bathing, Ranger led walks, bat nights, Fleet River, Nordic walking, bug hunting and more
- **Wildlife Monitoring** (Ecology) and **Wildlife Interpretation** projects reaching Summer peak
- Two large **public events** successfully delivered: Community Fun day (and carnival) in June and Afghan Kite Festival in August
- New Heath Hands **2030 strategy** published and shared amongst different audiences (pto)





Conservation and Community
on Hampstead Heath

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