



## Heath Hands Update – January 2023

### Highlights

- Over 11,000 **hours** contributed by volunteers since April 2022 (see Fig. 1)
- Over 400 volunteer **sessions** delivered
- Over 4000 **participants** across all our public activity programmes:
  - More than 900 children participated in **Heath Friendly School** activities and in expanding **youth** programmes
  - Over 1,300 public engagements at **Wildlife Interpretation** sessions
  - Successful Hampstead Heath photo **exhibition** at Hive and Dairy in December 2022 completing our year of public events (following community fun day, Afghan kite festival and conkers)
- Nearly 300 sessions and activities delivered by **Heath Hands staff** and volunteer Session Leaders since April 2022 (see Fig. 2)
- 41 companies took part in **corporate volunteering** days (or half-days) in 2022, over 700 volunteers
- Excellent response to our **Annual Volunteer Survey** with 98% of respondents satisfied and volunteers reporting positive outcomes from our programmes (see Fig. 3)
- Delivery of Camden Council's **Health Walks** project transferred to Heath Hands

### Coming up

- New '**Nature's Calendar**' monitoring programme in partnership with London Natural History Society starting in January tracking seasonal changes to plants
- **Wildlife Interpretation** restarts with bird identification walks and activities for Big Garden Birdwatch in January 2023 – more info: <https://www.heath-hands.org.uk/whatson>
- Pilot project for **young people not in education**, and more free **family activities** in February
- Development of health **walks** programme, focusing on different audiences such as families
- Opening of **Nature Interpretation Centre** at Dairy planned for March 2023 – invitations to come

Fig 1. Volunteer activity across sites (year to date): 11,020 versus 5 year (to date) average (8,078)

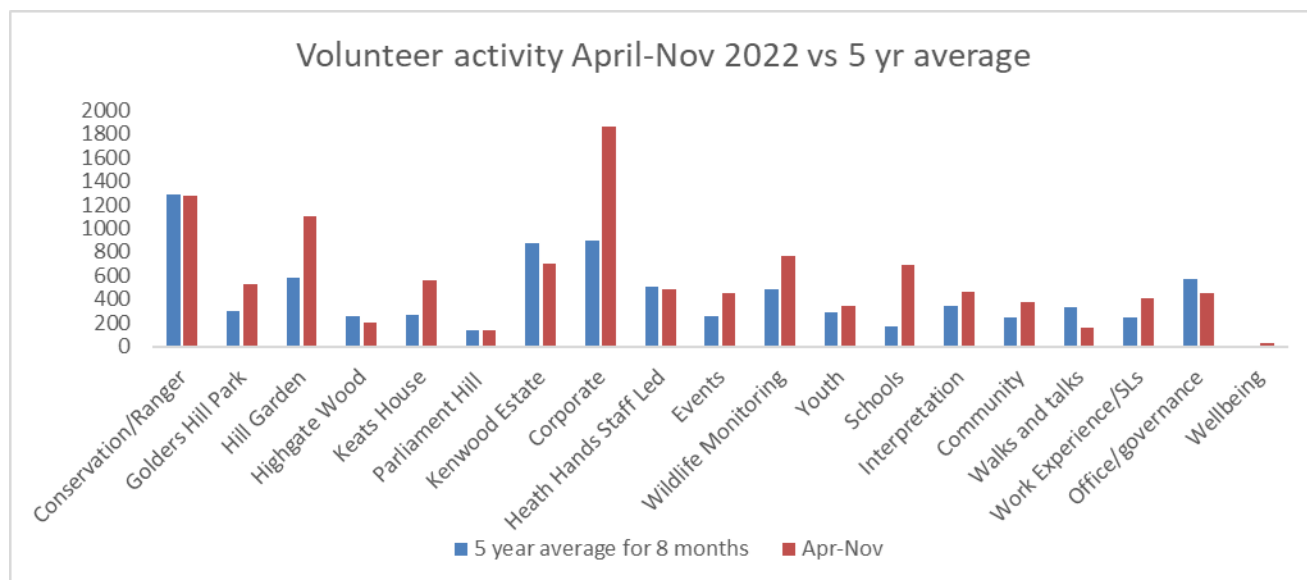




Fig 2. Number Heath Hands staff-led activities across the green spaces since April 2022

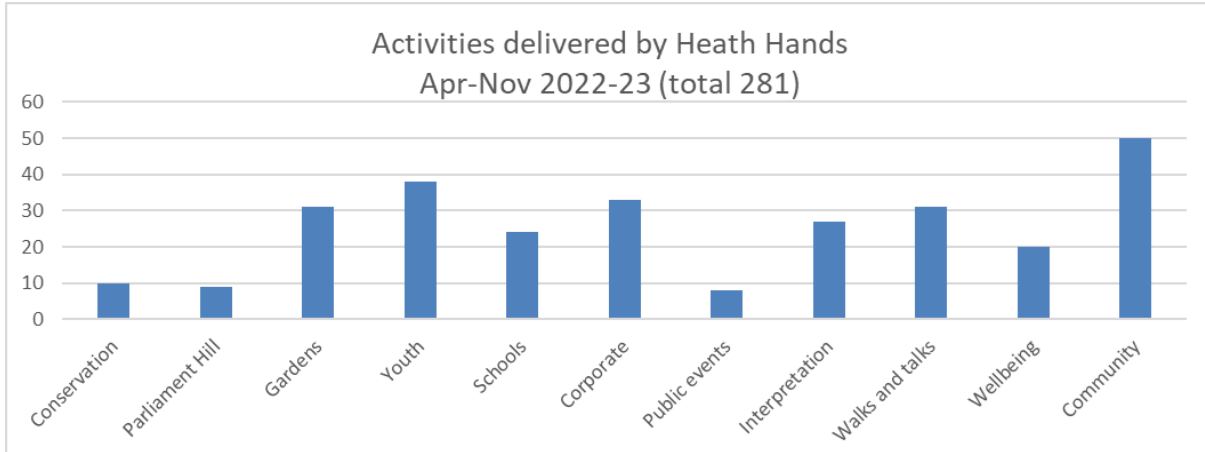


Fig. 3 Word cloud from annual volunteer survey of what volunteers enjoy most about volunteering with Heath Hands (larger words mentioned more frequently)

