

# City & Hackney Sexual and Reproductive Health Strategy

Overview and consultation presentation



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City & Hackney Public Health



### Overview

- Themes of the strategy
- Process and timeline
- Consultation
- Action planning
- Governance
- Implementation

### Themes

- 1. Healthy and fulfilling sexual relationships
- 2. Good reproductive health across the life course
- 3. STI prevention and treatment
- 4. Getting to Zero new HIV transmissions
- 5. Vulnerable populations and those with complex needs

Themes 1-4 align with the priorities of a NEL-wide strategy on Sexual and Reproductive Health (SRH) that is also under development

### Process and timeline for strategy and consultation

- June 2023, City HWB & Hackney HWB decide to approve the consultation and action planning process
- Online survey consultation period: 1 July 20 September
- Online and in person engagement: July November
- Collate survey and consultation findings and feedback (November)
- Revise strategy and finalise action plan (December)
- Adoption by HWB: January / February 2024
- ICB (NEL strategy)

### Consultation promotion



#### Channels (online/social media)

- Consultation webpage launch promoted on Twitter and Facebook City and Hackney channels, and Business Healthy (BH)
- Consultation promoted in Hackney e-newsletter and Love Hackney magazine, and staff internal newsletter
- Twitter posts promoting online and in-person sessions on Hackney's Social media channels
- Posts on Hackney Council's instagram stories to target younger audiences
- Posts on City of London social media prompting the consultation
- Coverage in City AM
- Posts on BH twitter, Barbican Library, and City of London X (Twitter) to promote in-person
- Online promotion on Hackney Council's Instagram for a final call to complete the consultation
- Final call to complete the consultation in Hackney Council's newsletter
- E-newsletters (external and internal staff newsletter)

### Consultation promotion

#### Email

- Community Champions and other community partners
- Community centres
- CVS organisations such as Healthwatch Hackney and Hackney CVS
- Pharmacies and GP Practices (newsletter)
- Youth hubs
- All commissioned services
- Key contacts with wider networks

#### Attending meetings to promote the survey and inform/involve a broad range of stakeholders

- Health Inequalities Steering Group
- Healthwatch Hackney: LGBTQ+ Community Voice in Health & Care Public Forum
- Hackney CVS Special Interest Group on Sexual Health
- Place Based Partnership Delivery Group

### Consultation

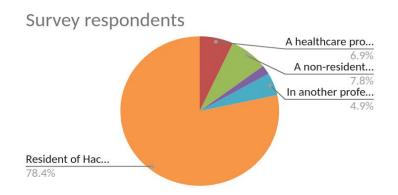
- Online survey for any resident, service user or partner to complete
- Easy Read version of the online survey
  - Hackney Ark Captains (young people with learning disabilities)
  - Open Doors (service users)
- Theme-based online consultations (8 sessions) plus audience focused sessions
  - Community African Network (CAN) members and volunteers
  - Healthwatch Hackney public reps
  - LGBTQ+ representatives

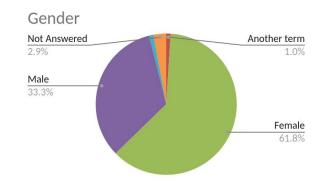
### Consultation

- Face to face focus group discussions/informal engagement
  - Barbican Library, CoL residents/service users
  - Hackney People First (adults with learning disabilities)
  - STEPS brunch drop-in (service users)
  - Young People
- Workshops with commissioned services and key partners with thematic focus (hybrid of in person and online)
  - Young people and sexual health
  - Contraception and reproductive health
- NEL strategy workshops

### Consultation survey

- 102 responses to online survey
- 13 completed Easy Read surveys and 13 C&H responses to the NEL survey
- Analysis of findings in <u>consultation report</u>



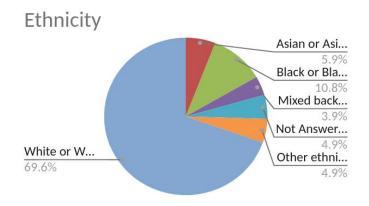


A healthcare provider or health related professional: 7
A non-resident of City or Hackney who uses local C&H services: 8
A representative of a community or voluntary service organisation (CVS): 2
In another professional capacity: 5
Resident of Hackney or City of London: 80

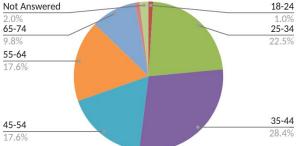
Another term: 1 Female: 63 Male: 34 Non Binary: 1 Not Answered: 3

# Survey: respondent information

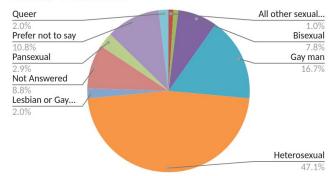








#### Sexual orientation



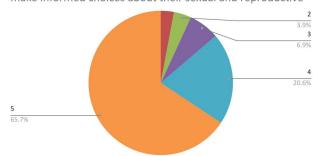
# Survey: views on priorities



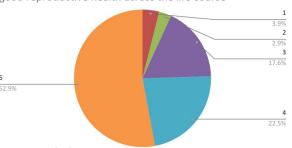
### Overall: majority approval of selected themes and priority areas

5=very important 4=important 3=neutral 2=not very important 1=not important at all

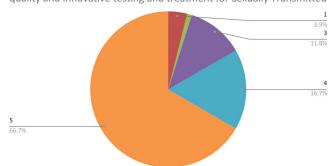
Priority 1: Residents in City of London & Hackney are able to make informed choices about their sexual and reproductive



Priority 2: Residents of City of London & Hackney have good reproductive health across the life course

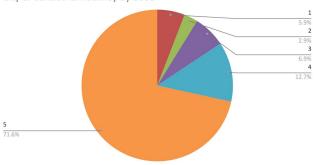


Priority 3: Residents of City of London & Hackney have access to high quality and innovative testing and treatment for Sexually Transmitted

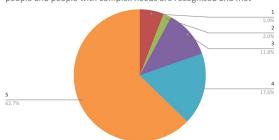


## Survey: views on priorities

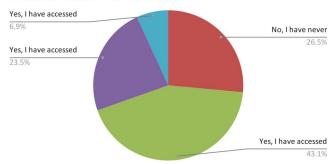
Priority 4: Towards Zero - there will be no new HIV infections in the City of London & Hackney by 2030



Priority 5: The sexual and reproductive health needs of vulnerable people and people with complex needs are recognised and met



Have you ever accessed Sexual Health Services? - accessed sexual health services

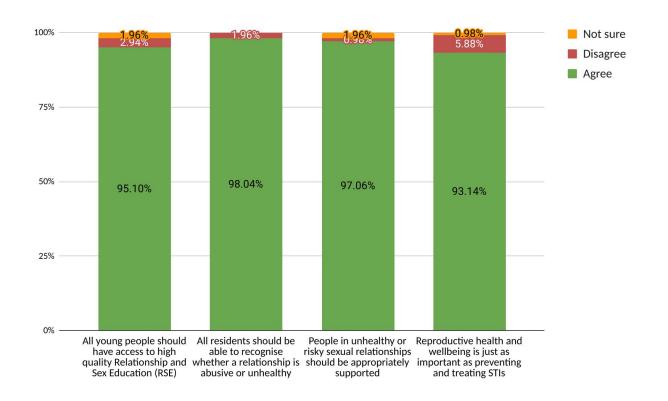


Red=never Green=in C&H Purple=elsewhere Blue= NEL

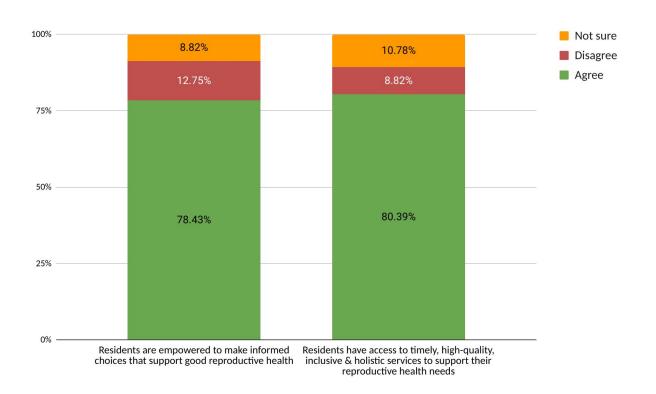




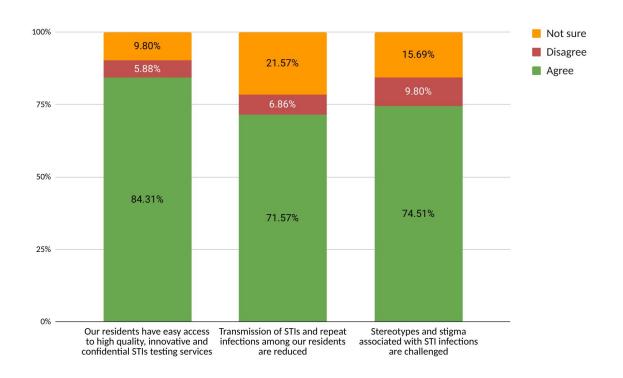
Priority 1: Residents in the City of London & Hackney are able to make informed choices about their sexual and reproductive health



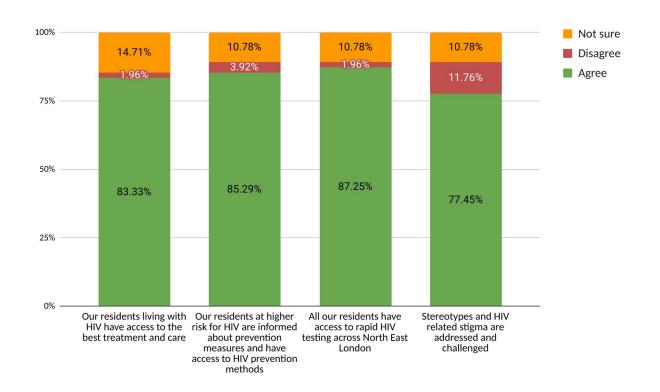
Priority 2: Residents of City of London & Hackney have good reproductive health across the life course.



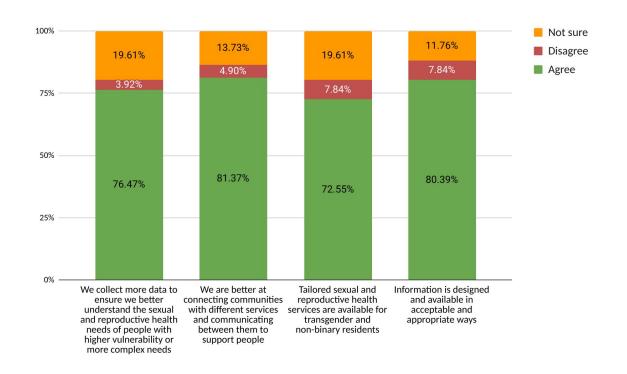
Priority 3: Residents of City of London & Hackney have access to high quality and innovative testing and treatment for Sexually Transmitted Infections (STIs)



Priority 4: Towards Zero - there will be no new HIV infections in the City of London & Hackney by 2030

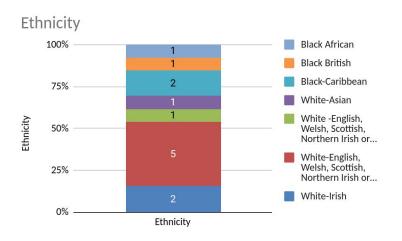


Priority 5: The sexual and reproductive health needs of vulnerable people and people with complex needs are recognised and met within the overall service provision



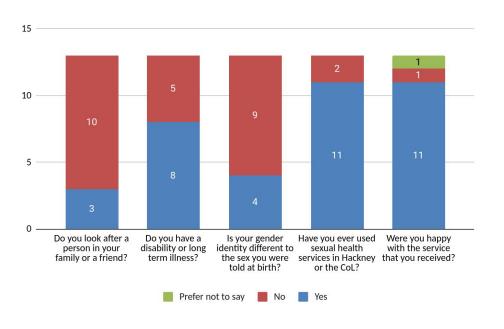
#### Easy Read survey - demographics (*small sample*)

- All respondents were or identified as women, with four indicating they were a different gender than what they were told at birth
- Majority were 35 and over, with two respondents aged 18-25.
- 11 out of 13 identified as heterosexual, with one bisexual and one not providing an answer
- Predominantly Christian (10 out of 13)
- Ethnically mixed
- Partial postcode indicated Hackney for 12 respondents (one not answered)

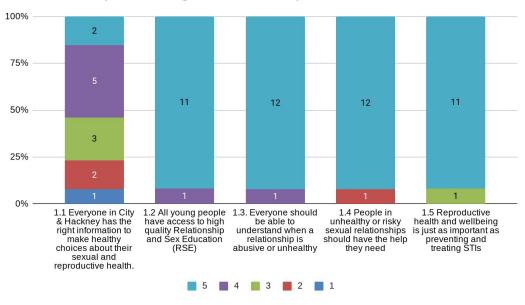


#### Easy Read survey - demographics

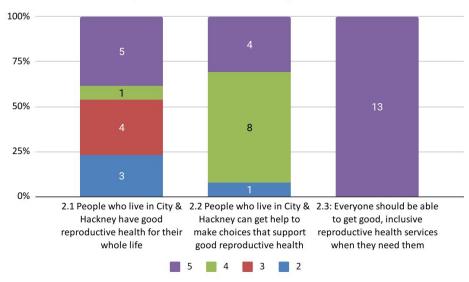
- oceived
- Majority of respondents had used sexual health services and were happy with services received
- Majority stated to have a disability or long term condition
- Three out of 13 had a caring responsibility



Theme 1: Healthy and fulfilling sexual relationships

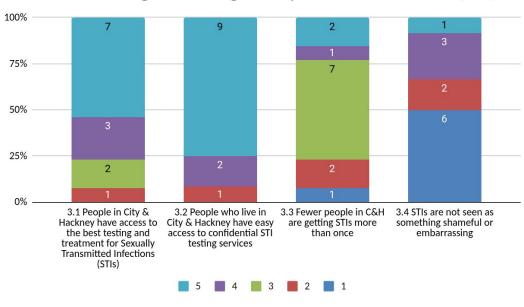


Theme 2: Good reproductive health for your whole life

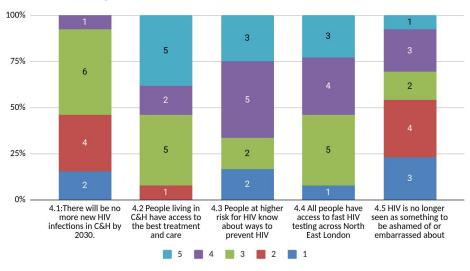




Theme 3: Preventing and treating sexually transmitted infections (STIs)

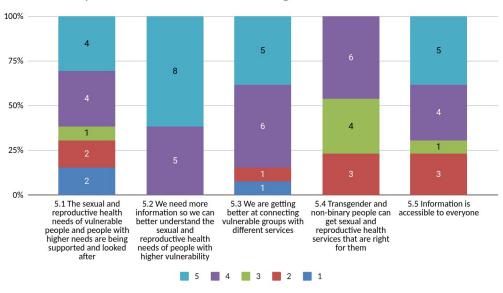








Theme 5: People who are vulnerable or have higher needs



### Key observations from overall engagement



- Strong agreement on all themes and priorities identified
- Affirmation of the importance of relation and sex education in schools
- Lack of knowledge of and access to services named as key barriers
- Stigma and shame attached to sex and STIs, and HIV, persist
- Services remain fragmented across the wider sexual and -especiallyreproductive health pathway, often due to fragmented commissioning responsibilities

### **Action Plan**

The action planning process was informed by

- Survey findings
- Feedback given in all consultation sessions
- Written feedback (strategy)
- Engagement with stakeholders
- NEL wide engagement

City and Hackney Sexual and Reproductive Health Strategy Action Plan (Year 1: 2024 - 25)

#### Themes

- 1 Healthy and fulfilling sexual relationships
- 2 Good reproductive health across the life course
- 3 STI prevention and treatment
- 4 Getting to Zero new HIV transmissions
- 5 Vulnerable populations and those with complex needs

Action planning format:

Theme	Outcome	Action	Strategic Lead (name)	Delivery Lead	Partners	Milestones (aim for a date)	Indicators	Priority			
1) Healthy and fulfilling sexual relationships	A) Young people (YP) in City and Hackney have equitable access to good quality, comprehensive and inclusive relationship and sex education (RSE) in schools and settings of alternative provision	Promote and increase uptake of Young Hackney's free Personal Social and Health Education in Secondary schools and settings of alternative provision, while respectful dialogue is continually maintained with schools and other educational institutions where RSE is not deemed appropriate and acceptable for religious or cultural reasons  Foster collaboration with and between different entities doing SRH-related school outreach, such as Homerton Sexual Health Services, in order to enhance reach and coverage									
1	B) Young people have access to appropriate and specialist sexual health services	HSHS clinics are welcoming to young people and offer booked and walk up appointments with evening/weekend clinics.  Dedicated young people's services such as youth hubs and/or the 'super youth hub' offer safe spaces for SRH advice  Pharmacies provide a low barrier range of SRH services including condoms, EHC, Chlamydia screening/treatment and Gonorrhoea screening, are well as routine oral contraception (under development) and are trained to make safeguarding referrals									

### **Process**

- Collate all consultation findings (November)
- Rewrite the draft strategy (December)
- Finalise action plan (December)
- Share strategy and action plan with key stakeholders for (final) feedback (December)
- Link outcomes to the sexual health dashboard (2024)

### Governance

- Present the finalised strategy and action plan to HWBs for approval: Jan/Feb 2024
- Hackney: Cabinet Decision
- ICB decision for NEL Strategy

### Implementation and oversight

- ation?
- Oversight mechanism Sexual Health Forum reviews progress of action plan implementation?
- Sexual Health Forum leads on annual action plan refresh?
- Internal oversight within Public Health?
- A sexual health dashboard will support this from a data perspective
- Collaborate on commissioning with the ICB
- Annual progress update to the HWBs
- Annual approval of action plan by the HWBs

