

## **HELPING HOMELESS AND VULNERABLE PEOPLE SINCE 1860**

Thank you very much to the City of London Court of Aldermen for your very kind partnership through the Livery Cloth Grant in support of Providence Row's work over the last year.



Thanks partly to your support, 411 people are no longer living on the streets of East London and now have a safe space to call home.

#### Introduction to Providence Row

Founded in 1860, and now in our 165<sup>th</sup> year, we help some of the most vulnerable, disadvantaged and excluded (financially/ socially) people in society to get off, and stay off, the streets. Our Mission is to support more people:

- Who are most at-risk and least likely to access services elsewhere.
- From times of crisis through to when help is no longer needed.

### How the City of London Court of Aldermen have helped

Over the last year, you played an important part in enabling 1,286 people to move along on their journey to get off, and stay off, the streets of East London. Thanks to your partnership, so many complex and entrenched homeless people were able to access the Crisis and Progression Services they desperately needed to improve their lives and seek a better future.

You enabled people to access the following programmes, with most of those accessing support needing at least two, and often more, services due to their complex needs:



**630** accessed our Health Services including dental treatment, eye tests, liver scans and GP appointments.



**130** received support from our Hospital Discharge Team so they didn't return to the streets following treatment.



**500** accessed substance use support and treatment.



**53** completed one or more of our accredited training opportunities with **11** people securing jobs.



**11,527** nutritious meals were served to **780** people, helping them maintain their strength and energy levels.



**229** received support from our Outreach Psychotherapy team to deal with their past, present and recurring trauma.



**411** entered or sustained their accommodation.

**Thanks to you**, people like Yasmin (below) and Paul (on the following page) received the help they urgently needed:



Yasmin made great progress during her psychotherapy sessions.

We helped her move into a hostel and then into her own accommodation. She stopped using drugs and now has her child back in her care. Yasmin also worked hard to process complex trauma and the pain of her child's initial placement in the care system.

Paul slept rough for a year before he came to us for food and a shower. He accessed our Health Hub to deal with some long-term issues and was desperate to find work. He developed his digital and money management skills through our training courses and soon secured a hospitality job at Heathrow Airport. We paid for his travel to work for the first few weeks and things were going well although he still lives in a tent near our day centre. Paul comes back to say hello occasionally and still uses our showers now and then.



**Please note**, the photos do not necessarily correspond to the people mentioned in the case studies above.

#### What's the ongoing need

Homelessness across London continues to rise and there are around 184,000 people who are homeless or vulnerably housed in the Capital (Shelter, 2024), up 8% on 2023.

The CHAIN database of rough-sleepers showed 2,104 people slept on London's streets between April and June 2025; 4% higher than the same period in 2024, and 35% of whom had a combination of alcohol, drug and/or mental health needs.



- Homeless people are 60x more likely to access emergency health services than the general population and significantly less likely to be registered with a local Doctor (Journal of Public Health, 2022).
- The average age of death of homeless women was 42 and for men it was 46, compared to 83 and 77 years respectively in the general population (British Medical Journal, 2024).
- 1,611 homeless people died in 2024, the highest number on record, and 9% higher than the previous year (Museum of Homelessness, 2025).

This is our 165<sup>th</sup> year in operation and, thanks partly to your ongoing partnership with us, we have been able to work on increasing our impact and partnerships in East London through some of the following:

- North East London NHS Foundation Trust are helping grow our Health Services beyond Tower
  Hamlets through a new outreach role to engage clients in the City and Newham. This role will also
  focus on targeting homeless hostels and other health partners to help others access our on-site
  services while training the staff of our referral partners on how best to support homeless people.
- Newham and Redbridge Local Authorities where we will provide Outreach Psychotherapy, taking
  this service beyond Tower Hamlets, Hackney and the City. This will enable more entrenched
  homeless people to deal with their past, present and recurring trauma, helping them move on from
  their homelessness.
- The City of London where we now have a brand new Advice & Support Team caseworker to help City rough-sleepers access any benefits and accommodation they may be entitled to and access any of the other in-house, and partner, services they require at Providence Row or elsewhere.

# Despite some of the growth areas mentioned on the previous page, we still need the help of our most important partners like the City of London Court of Aldermen

I hope you found this report interesting and informative. If the Court of Aldermen felt it might be possible to continue working in partnership with Providence Row in support of our clients then we would be delighted to hear from you.

Some ways you might like to consider continuing to support our work over the next year include:

£2,000 will go towards helping our Resource Centre & Welcome Area project to assist around 700 new homeless people with accessing our support to have showers, receive breakfast, undergo assessments and be sign-posted for other vital help.

£4,000 will enable four clients to access our Employability & Progression programme so they can develop skills in IT, money management, CV writing, interview techniques and job searching, as a few examples, helping them access other training courses, secure volunteer and work placement opportunities, and, helping them gain employment so they can have more independent futures.

£5,000 will go towards supporting around 1,200 clients to get off, and stay off, the streets via access to our wide range of Crisis and Progression services, as well as our community of support, so they can get their lives back on track and work towards achieving their potential.

Thank you very much, once again, to the Court of Aldermen for the incredibly generous partnership with us through the Livery Cloth Grant in support of our work over the last year and for taking the time to read this report.

If you have any questions about this report, our services in general and/or how we may continue working together in support of people experiencing homelessness in East London and the City over the next year then please don't hesitate to get in contact with Tom Hill (Head of Philanthropy) via <a href="mailto:thill@providencerow.org.uk">thill@providencerow.org.uk</a> or 07968 148 990.