

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Refuge</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Tower Hamlets</b>	
Contact person: <b>Ms Rachel Brooks</b>	Position: <b>Trusts and Foundations Senior Executive</b>
Website: <b>http://www.refuge.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>277424</b>
When was your organisation established? <b>13/03/1979</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London Safer</b>
Which of the programme outcome(s) does your application aim to achieve? <b>Children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice</b> <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b>
Please describe the purpose of your funding request in one sentence. <b>We are seeking a grant over three years towards the costs of our two new child support workers in Lewisham</b>
When will the funding be required? <b>06/10/2015</b>
How much funding are you requesting? Year 1: <b>£27,547</b> Year 2: <b>£28,159</b> Year 3: <b>£28,884</b>  <b>Total: £84,591</b>

**Aims of your organisation:**

Refuge is committed to a world where domestic violence is not tolerated and where women and children can live in safety. Since opening the world's first refuge in Chiswick in 1971, we have grown to become the largest national provider of specialist provision for victims of domestic, sexual and 'honour'-based violence, prostitution, stalking, trafficking, forced marriage and female genital mutilation (FGM). We aim to empower women and children to rebuild their lives, free from violence and fear by providing a range of life-saving and life-changing services, and a voice for the voiceless. Our primary objective is to provide personalised and person-centred support. We encourage each individual with whom we work to articulate their needs and ambitions; those needs and ambitions then shape the support package we deliver. Our role is to empower, support and inform, never to dictate.

**Main activities of your organisation:**

We deliver a portfolio of specialist services across the country: 36 safe houses in secret locations; specialist support for children; culturally sensitive, multi-lingual services; a national independent advocacy service for those at the highest risk of homicide; and a Freephone 24-hour helpline (run with Women's Aid). On any given day we support 3,000 women and children. Our work also sees us raising awareness of the warning signs of domestic violence through award winning pro-bono public education campaigns, and by training professionals to provide targeted, timely support. We too seek to drive improvements in policy that can save more lives; strengthening legal and political frameworks and lobbying the government to ensure domestic violence stays high on the political agenda.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>141</b>	<b>37</b>	<b>9</b>	<b>68</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>7 years outstanding</b>

## Summary of grant request

We are seeking a grant towards the cost of our two new child support workers in Lewisham. These recently recruited workers will provide support to children across our three refuges and our Violence Against Women and Girls (VAWG) centre.

Domestic violence can be truly terrifying for the 750,000 children who experience it each year in England and Wales. Research shows that in 90% of incidents in family households where domestic violence occurs, children are in the same or next room, and that 50% of these children are directly abused. We know that the effects of domestic violence on children can be severe and long-lasting and can have a huge impact on their emotional well-being, development and relationships. Post-traumatic stress disorder is common, translating into a number of problems: trouble at school; nightmares or insomnia; bed-wetting, and depression. Many young children also experience developmental problems with speech acquisition and language, affecting learning and development.

The child support workers will work to alleviate the effects of domestic violence by developing and delivering a range of 1:1, mother and child, and group activities - including homework clubs, cooking, creative play, music and reading clubs - as well as a programme of outings to help our young residents to overcome the trauma they have experienced, connect with others, and rebuild their lives. The workers will be mindful of each child's individual development, identifying and supporting any developmental delay they have, whilst ensuring professional referrals are made. Other key duties include providing child care to allow mothers to meet and speak openly about their experiences with their key worker and relevant agencies, and supporting access to nurseries, schools and local services. A team of 'reading volunteers' will be recruited to provide additional support with children's reading and literacy development, and run 'story-time' sessions with the younger residents.

Children are not simply an add-on to our work with women; we understand that like their mothers they each have their own individual needs which must be heard, considered and met. Refuge has 44 years of experience in supporting both women and children, and with thanks to previous funding from City Bridge Trust we jointly published with NSPCC a research report in 2011: 'Meeting the needs of children living with domestic violence in London'. We have shaped our services based on the research we jointly undertook, and have employed child support workers in Cambridge, Southwark, Hackney and Lambeth for a number of years now. We are in an excellent position to effectively deliver this work.

These posts directly aligns with the Trust's programme outcome of 'helping children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice'. It also adheres to the good practice sought by the Trust; anyone we have supported can choose to be involved in shaping what we do, and we routinely involve users of all ages in the running of our services through consultations and feedback. We welcome people from all backgrounds and offer culturally specific support, with 28 languages spoken across the organisation. In Lewisham we currently employ two Vietnamese outreach workers to reflect the strong presence of Vietnamese women in this borough. We very much value the contribution of volunteers, and will recruit and train a team of reading volunteers to strengthen our impact in Lewisham, and will support them in developing their knowledge of domestic and gender violence. As an organisation we are also taking steps to reduce our carbon footprint through our environmental policy and our 'Green Champions' who lead on all sustainability and environmental impact issues across our services.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**In 2010 Refuge became the first domestic violence organisation in the country to be awarded the internationally recognised ISO9001:2008 certificate by the British Standards Institute.**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**The development and delivery of 840 group, 1:1 and mother and child activities for mothers and children being supported in the refuges and VAWG centre**

**120 group trips and outings for mothers and children being supported in the refuges and VAWG centre**

**The recruitment and training of 9 reading volunteers**

**Support for 180 families to access nurseries and schools places and other local services**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Children's emotional wellbeing and feelings of safety will improve**

**Children will spend quality time and develop good emotionally supportive relationships with their mothers**

**Children are provided with opportunities to meet their full potential**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We aim to secure continuity funding through grants, and support any shortfall through fundraising activities. We are confident that the outcomes these post holders will achieve - alongside the evidence which will be captured - will demonstrate both the effectiveness, impact and ongoing need for this specialist support.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**150**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Lewisham (100%)**

What age group(s) will benefit?

**0-15**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Child support worker salaries and NI (18.75h a week)	20,287	20,896	21,523	62,707
Pension	548	565	582	1,695
Training	1,150	1,150	1,150	3,450
Other Costs (telephone, travel, insurance)	2,198	2,198	2,198	6,593
Staff support costs (IT, HR, finance)	3,364	3,351	3,432	10,147
Volunteers (recruitment, training, DBS, expenses)	1,800	1,800	1,800	5,400
Playroom set up	3,000	0	0	3,000
Play resources	2,000	2,000	2,000	6,000
Trips and outings	1,500	1,500	1,500	4,500

<b>TOTAL:</b>	<b>35,847</b>	<b>33,459</b>	<b>34,184</b>	<b>103,491</b>
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### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Inner London Magistrates' Court's Poor Box Charity	4,000	0	0	0
	0	0	0	0

<b>TOTAL:</b>	<b>4,000</b>	<b>0</b>	<b>0</b>	<b>0</b>
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### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
LSEG Foundation	0	0	0	0
The Monica Rabagliati Charitable Trust	2,500	2,500	2,500	0
Noel Buxton Charitable Trust	5,000	5,000	5,000	0
	0	0	0	0

<b>TOTAL:</b>	<b>7,500</b>	<b>7,500</b>	<b>7,500</b>	<b>0</b>
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### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	2,073,560
Activities for generating funds	
Investment income	26,924
Income from charitable activities	8,047,527
Other sources	
<b>Total Income:</b>	<b>10,148,011</b>

Expenditure:	£
Charitable activities	9,517,762
Governance costs	15,000
Cost of generating funds	650,760
Other	
<b>Total Expenditure:</b>	<b>10,183,522</b>
<b>Net (deficit)/surplus:</b>	<b>(35,511)</b>
<b>Other Recognised Gains/(Losses):</b>	<b>26,491</b>
<b>Net Movement in Funds:</b>	<b>(9,020)</b>

Asset position at year end	£
Fixed assets	75,359
Investments	616,619
Net current assets	4,367,259
Long-term liabilities	228,435
<b>*Total Assets (A):</b>	<b>4,830,802</b>

Reserves at year end	£
Endowment funds	
Restricted funds	2,213,148
Unrestricted funds	2,617,654
<b>*Total Reserves (B):</b>	<b>4,830,802</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 71-80%
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### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:  None
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	6,000	7,000	3,000
London Local Authorities	3,009,051	3,135,399	2,692,205
London Councils	111,145	111,144	59,090
Health Authorities	0	0	0
Central Government departments	420,459	387,320	397,890
Other statutory bodies	1,369,352	1,601,844	1,465,038

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Dunard Fund	50,000	50,000	125,000
The Brook Trust	100,000	100,000	100,000
BIG Lottery Fund	113,170	17,512	70,691
Comic Relief	100,000	90,000	80,000
The Roger De Hann Charitable Trust	30,000	0	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Rachel Brooks**

Role within                      **Trusts and Foundations Senior Executive**  
Organisation: