

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Kith & Kids	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Haringey	
Contact person: Ms Marjolein de Vries	Position: Director
Website: http://www.kithandkids.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1080972
When was your organisation established? 31/10/1969	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. Supporting transition through social learning and leisure activities for disabled young people (16 to 25) and independent living for adults (25+) with autism/learning disabilities.
When will the funding be required? 01/04/2016
How much funding are you requesting? Year 1: £40,757 Year 2: £41,680 Year 3: £42,620 Total: £125,057

Aims of your organisation:

Kith & Kids is a London-based, user-led charity working with families who have children with autism or profound and multiple learning disabilities (PMLD). From its set-up in 1969 by a group of parents, our aim has been to achieve empowerment and social inclusion for/with families who have children with learning disabilities or autism. We have a strong self-help ethos which means that all families using our services put something back into the organisation, including supporting each other. Over the past 47 years, Kith & Kids have thrived by adapting our support services and activities in line with the needs of our families' (growing) children and in recognition of their children's often unanswered need to learn, socialise and stay healthy outside and beyond school. Our focus on individual needs and adapting work models accordingly has ensured a rich diversity of participants in our projects, in terms of abilities as well as in terms of socio-economic, cultural and ethnic backgrounds.

Main activities of your organisation:

We provide training and social development projects and activities for children and young people who have autism or profound and multiple learning disabilities. Transition is a theme which increasingly features in the work we do: whether it be transition into adult life and independence, transition from living at home into residential care or supported independent living in the community, or the transition which comes when parents or carers themselves need care or pass away.

Our outreach services provide support, training and mutual learning seminars to individuals both within and outside the organisation as well as other organisations and statutory bodies, in order to promote inclusive ways of working according to our successful models and current standards of best practice. There is also a continuing pattern of Kith & Kids being instrumental in the setting up of new inclusive projects, as well as supporting existing organisations/statutory bodies to develop their work to become more inclusive of a wider diversity of people.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	4	14	250

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	3 months notice period

Summary of grant request

The project will support transition through social learning and leisure activities designed for young people with autism/learning disabilities aged 16 to 25. Initial assessment and meetings (with direct input from disabled young person wherever possible) will establish what kind of activities will work for him/her and what type of support he/she will need from volunteers. Following introduction to the activity selected (with experienced volunteers and parents present), the young person will take part in regular volunteer supported activities (at least 12 per year, usually at weekends, but for some during weekday evenings).

Observations of the young person's needs will be fed back to ensure they are noted down in the person's Education, Health and Social Care (EHC) plan and leading to identification and access of suitable 19+ services. Usually this will be a supported living residential set-up, with weekend visits to parents and the Kith & Kids activities they are used to, to provide some continuity during a period of major change.

If there still is a gap between leaving school and accessing 19+ services, Kith & Kids will increase the number of activities whilst at the same time supporting parents to get appropriate number of support worker hours in place to help them cope at home until a new placement has been achieved. For the parents of young people, there will be emotional and practical support for preparing a successful transition from secondary school, followed by support in identifying suitable 19+ services and getting agreement on the level of support and funding needed.

The project will also provide Independent Living Support for disabled people aged 25+. The reality is that many people who have autism or severe learning disabilities are not (yet) accessing suitable independent living arrangements. They either still live with their (ageing) parents or they live independently but without the level of support needed to feel safe, to have (some) structure in their lives, to further develop their skills or indeed to live fulfilling lives (in line with the government's Autism Strategy: Fulfilling and Rewarding Lives). For these disabled adults we will provide regular:

1. Employability and Life Skills activities throughout term-time for more able young adults who tend to fall outside the priority criteria of Local Authorities but who are not able enough to access mainstream activities without individual support
2. Social/creative activities (for less able) - mostly at weekends and main holidays to ease the transition to 19+ provisions and occasionally to help fill the gap when a suitable placement has not yet been found
3. Friendship activities including outings and small friendship groups across disability range
4. Sports/Arts activities for disabled adults. Disabled people take an active role in running these sports and choir activities.

Parents/family carers of adults wishing to access our Independent Living Support will receive support from our Family Support Co-ordinator to:

- explore and get suitable Supported Living arrangements in place for their disabled sons/daughters/siblings
- improve on currently unsatisfactory Supported Living arrangements
- help older siblings in increasingly taking over the care role from their parents for their disabled brothers/sisters
- provide crisis advocacy in cases where family is in crisis, support for disabled person has broken down, or there are safeguarding concerns.

Parents/families carers will also have access to parents groups bringing together parents from different families into groups that are empowered to support each other (mostly North London); to a telephone support line offering emotional and practical support to parents/family carers throughout London and beyond; and to our Outreach and Dissemination Service through information, support and training to other organisations and families throughout the UK.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Investors in People

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Transition support for young disabled people aged 16 to 25 through regular social learning and leisure activities designed for young people with autism or learning disabilities (at least 12 activity sessions per year, usually at weekends, but for some during weekday evenings).

Transition support for the parents of young disabled people including support to prepare for EHC plan assessment to get right level of support and funding needed as well as support in appraisal and access of suitable 19+ services to be included in EHC plan

Independent living support for disabled people aged 25+ through regular employability and life skills activities for more able young adults, weekends and holidays social activities for less able young adults, friendship activities for across disability range and sports/arts activities run in part by disabled people

Ongoing individual independent living support for parents and older siblings (who are increasingly taking over the care role) of young disabled adults in exploring and accessing suitable supported living arrangements, in improving currently unsatisfactory supported living arrangements or through advocacy in case of crisis, conflict or safeguarding concerns

Independent living support for parents/family carers of young disabled adults through parents groups facilitation, telephone support line for parents in London and beyond, and through information, support and training for organisations and families across the UK through our Outreach and Dissemination Service

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

35 young people aged 16-25 will have more choice in the range of 19+ options available to them, and will have a well-supported transition into the appropriate services; including continued interaction with familiar people (who will actively support them with any changes) until they are fully included in new activities/services.

Another 35 young adults (age 25+) will receive independent living support - either to move into independent living or to be able to stay in (more) independent living with the levels of support required to be more independent and access work, study and/or leisure activities

70 Families will be empowered to successfully manage their disabled child's transition into adulthood and (toward) independent living through ongoing support

40 people with autism and/or learning disabilities will regularly take part in sports and/or arts. In doing so they will improve their physical/mental health as well as their social inclusion.

250 families with disabled children will benefit through the outreach aspect of the project (through e.g. telephone support, seminars and FAQ sheets re. transition issues), including being able to meet up in groups with other families for mutual support beyond our initial help

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We constantly review our activities to ensure they meet the needs of our beneficiaries; we anticipate that the majority will remain relevant and require fundraising from a range of sources, mainly trusts and foundations. Our work does not attract statutory support although some of our beneficiaries are able to use their personal budgets to fund their participation in our activities.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Haringey (40%)

Enfield (22%)

Islington (11%)

Barnet (9%)

London-wide (18%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Venue hire	6,495	6,755	7,025	20,275
Food/Refreshments/Materials/Activities (outings)	4,480	4,615	4,753	13,848
Volunteer recruitment/training expenses	3,600	3,708	3,819	11,127
Volunteer expenses	4,000	4,120	4,244	12,364
Staff training	600	618	637	1,855
Sessional staff	10,450	10,764	11,087	32,301
Staff (Family Support, activities and vols recruitment)	94,235	95,803	97,399	287,437
Overheads	9,290	9,479	9,672	28,411
Governance and evaluation	3,017	3,108	3,201	9,326
TOTAL:	136,167	138,970	141,837	416,974

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Tudor Trust	19,000	19,350	0	0
Pears Foundation	10,000	0	0	0
Doreen Collins Charitable Trust	2,000	0	0	0
Personal budgets/family contributions	9,950	0	0	0
TOTAL:	40,950	21,350	0	62,300

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Porticus Trust	27,470	0	0	0
BLF Reaching Communities	27,000	27,800	28,630	83,430
TOTAL:	54,470	27,800	28,630	110,900

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Venue hire	6,495	6,755	7,025	20,275
Food/Refreshments/Materials/Outings	0	0	0	0
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Volunteer expenses	0	0	0	0
Staff training	0	0	0	0
Sessional staff	0	0	0	0
Staff salaries (ELSP/Sports Coordinator)	31,475	32,081	32,693	96,249
Overheads	2,787	2,844	2,902	8,533
Governance and evaluation	0	0	0	0
TOTAL:	40,757	41,680	42,620	125,057

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Venue hire	6,495	6,755	7,025	20,275
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	249,931
Activities for generating funds	108,114
Investment income	128
Income from charitable activities	133,769
Other sources	0
Total Income:	491,941

Expenditure:	£
Charitable activities	418,431
Governance costs	11,377
Cost of generating funds	49,737
Other	0
Total Expenditure:	479,545
Net (deficit)/surplus:	12,396
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	205,282

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	205,282
Long-term liabilities	0
*Total Assets (A):	205,282

Reserves at year end	£
Restricted funds	64,570
Endowment Funds	0
Unrestricted funds	140,712
*Total Reserves (B):	205,282

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

n/a

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	24,560	32,644	34,949
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BLF Reaching Communities	90,012	70,221	72,744
Tudor Trust	0	0	30,000
Mistubishi UFJ	0	20,000	20,000
Pears Foundation	20,000	20,000	20,000
Monument Trust	51,000	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Marjolein de Vries**

Role within **Director**
Organisation: