

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

| | |
|--|--|
| Name of your organisation: Noah's Ark Children's Hospice | |
| If your organisation is part of a larger organisation, what is its name? Children's Hospices across London, TFSL | |
| In which London Borough is your organisation based? Barnet | |
| Contact person: Mr Anthony Hayman | Position: Head of Major Giving |
| Website: http://www.noahsarkhospice.org.uk/ | |
| Legal status of organisation: Registered Charity | Charity, Charitable Incorporated Company or company number: 1081156 |
| When was your organisation established? 01/01/1999 | |

Grant Request

| |
|--|
| Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive |
| Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport |
| Please describe the purpose of your funding request in one sentence. This funding request will enable the recruitment of a Music Therapist who will provide a new care service for children with disabilities and complex needs. |
| When will the funding be required? 29/08/2016 |
| How much funding are you requesting? Year 1: £43,149 Year 2: £44,228 Year 3: £45,255 Total: £132,632 |

Aims of your organisation:

- To enable babies, children and young people with life-limiting and life-threatening conditions to live life as fully as possible and achieve their aspirations.
- To support families during their child's life and help them face the future with hope throughout bereavement.
- To actively encourage compassionate communities to care, support, volunteer and fundraise.

Main activities of your organisation:

- Noah's Ark Children Groups: inclusive activities for seriously unwell and disabled children, giving them a sense of independence and an opportunity to connect with their peers
- Specialist Care: clinical care, play and emotional support delivered by Specialist Carers, managed by a Paediatric Palliative Care Nurse
- Family Day Events: inclusive activities where families can spend quality time together and provide invaluable peer-to-peer support
- Specialist Play Service: therapeutic play sessions addressing specific developmental issues
- Sibling Support Programme: activities focused around the needs of young people with a seriously unwell sibling
- Family Link Service: social worker-led team that assesses families' needs, provides on-going support and helps navigate the administrative complexities of their child's care
- Volunteer Programme: volunteers support our families in their home or at events

In 2015 our Care Team and volunteers provided 6,803 hours of care to 157 seriously unwell and disabled children, 267 siblings and 305 parents.

Number of staff

| Full-time: | Part-time: | Management committee members: | Active volunteers: |
|------------|------------|-------------------------------|--------------------|
| 37 | 7 | 6 | 368 |

Property occupied by your organisation

| | |
|--|--|
| Is the main property owned, leased or rented by your organisation? | If leased/rented, how long is the outstanding agreement? |
| Leased | Quarterly lease renewal <i>Now 3 year lease.</i> |

Summary of grant request

This grant will fund a 'City Bridge Trust Music Therapist' to help address the complex needs of the seriously unwell and disabled children we care for through active participation in music therapy.

The need and why us:

As North London's only children's hospice, we have built a strong reputation for children's palliative care in this area. We know that our local NHS partners, such as Life Force (Whittington NHS Trust), require additional support from the charity sector to meet the needs of as many of the 1,169 seriously unwell children in our catchment area as possible. As Dr Finella Craig, a Consultant in Paediatric Palliative Medicine at Great Ormond Street Hospital, says, "Noah's Ark is ideally placed to fill the need for additional palliative care services for children in North London".

The children we care for, who live with 92 different conditions, face complex physical, emotional, cognitive and social developmental challenges. 78% are disabled. Introducing music therapy will help our children to overcome these challenges, cope with their condition and facilitate communication. Our Care Team currently practice ad-hoc musical interventions; one of our children responds so well to music that, despite being almost completely unresponsive to other sensory stimuli, she starts singing. This child, along with many others in our care, would benefit significantly from more structured musical interventions.

Vikki, our Specialist Play Worker, says that "the skills and knowledge a music therapist would bring would greatly help our children to manage their stressful situations".

Our aims:

- For seriously unwell and disabled children to benefit from long-term participation in musical activity
- For these children to experience physical, emotional, cognitive and social development, overcoming barriers and improving well-being
- To create positive memories for the whole family
- To train other members of our Care Team and volunteers in music therapy techniques
- To create a Creative Therapies Team by recruiting and managing other creative therapists

Delivery:

Our Music Therapist will provide a tailored service as part of a holistic care programme for seriously unwell and disabled children. The Therapist will provide weekly or fortnightly sessions for a caseload of up to 20 children at any one time. Each session will be led by the child's needs and monitored and reviewed on an individual basis. Music therapy will be delivered in one-to-one, group and family sessions. The Therapist will also support additional musical activities for our children and their families, including the opportunity to perform at our annual 'Precious Moments' community concert. On occasion, and only when capacity allows, one-to-one music therapy sessions may be provided for siblings with acute needs.

To ensure long-term musical participation, the Therapist will train other members of our Care Team and selected Home Support Volunteers to provide music-oriented support sessions for children who no longer require therapeutic sessions. There will also be opportunities to perform at events, such as our 'Precious Moments' community concert.

Good Practice:

The seriously unwell and disabled children are the focus of our work and their care plan is led by their needs and preferences.

Noah's Ark is accessible to people from all backgrounds; we currently support children from 12 religious backgrounds.

We provide our volunteers with 22.5 hours of initial training, quarterly supervision groups

and feedback surveys and questionnaires.

We have recently built an E-Centre on our 7.5 acre nature reserve. Having been assessed by BREEAM, the Centre was rated and certified as excellent. The Centre is run in conjunction with our partner, Friends of Barnet Environment Centre, who deliver environmental education to over 1,000 schoolchildren each year. We limit our heating and electricity usage and reuse materials.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Care Quality Commission approved

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We aim to provide 120-180 seriously unwell and disabled children with music therapy (40-60 children per year), with up to 20 children on the Therapist's caseload at any time.

Noah's Ark will provide music-oriented activities through Noah's Ark Children's Groups, Family Activity Days and Sibling Activities, totalling 3 in year one, 5 in year two and 6 in year three.

Noah's Ark will carefully select and train Home Support Volunteers to assist the music therapy service and encourage and enable long-term participation, totalling 5 volunteers in year one, 7 volunteers in year two and 8 volunteers in year three.

Our Music Therapist will provide training sessions to other members of the Care Team, totalling 8 in year one, 12 in year two and 16 in year three, enabling them to incorporate structured musical techniques into their care sessions.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Our children and families will actively take part in and enjoy long-term participation in musical activities.

Our children and families will show increased physical, emotional, cognitive and social development through overcoming barriers, leading to improved well-being.

Music therapy will help our children and families to manage and overcome the negative associations they may have with medical care.

Other Care Team members and Home Support Volunteers will be trained and supported to assist with the provision of music-orientated care.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We will account for the costs of a Music Therapist within our yearly budget, sourcing funding through other trusts and foundations, such as the Lord and Lady Lurgan Trust, the Andrew Lloyd Webber Foundation, the Gordon Fraser Charitable Trust, Evan Cornish Foundation, D'Oyly Carte Charitable Trust, The Postlethwaite Music Foundation, major donors and our corporate and community supporters.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

60

In which Greater London borough(s) or areas of London will your beneficiaries live?

Barnet (39%)

Camden (8%)

Enfield (31%)

Haringey (13%)

Islington (9%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

71-80%

Funding required for the project *- Revised, see Appendix A.*

What is the total cost of the proposed activity/project?

| Expenditure heading | Year 1 | Year 2 | Year 3 | Total |
|--|---------------|---------------|---------------|----------------|
| Salary | 32,500 | 33,475 | 34,350 | 100,325 |
| Training/Clinical Supervision/DBS Checks | 1,776 | 1,721 | 1,721 | 5,218 |
| Travel and Subsistence | 3,104 | 3,104 | 3,104 | 9,312 |
| Musical instruments and other equipment | 500 | 500 | 500 | 1,500 |
| Uniforms | 96 | 96 | 96 | 288 |
| Phones | 432 | 432 | 432 | 1,296 |
| CrossCare | 400 | 400 | 400 | 1,200 |
| Pension | 975 | 1,000 | 1,031 | 3,006 |
| National insurance | 3,366 | 3,500 | 3,621 | 10,487 |
| TOTAL: | 43,149 | 44,228 | 45,255 | 132,632 |

What income has already been raised?

| Source | Year 1 | Year 2 | Year 3 | Total |
|---------------|----------|----------|----------|----------|
| TOTAL: | 0 | 0 | 0 | 0 |

What other funders are currently considering the proposal?

| Source | Year 1 | Year 2 | Year 3 | Total |
|---|---------------|---------------|---------------|----------------|
| Lord and Lady Lurgan Trust | 5,000 | 0 | 0 | 5,000 |
| D'Oily Carte Charitable Trust | 5,000 | 0 | 0 | 5,000 |
| We have applied to: The Champniss Charitable Trust, the Gordon Fraser Charitable Trust, the Postlethwaite Music Foundation, the Charlotte Heber-Percy Charitable Trust, Sound Foundation Community Care | 8,500 | 0 | 0 | 8,500 |
| When the applications are open we will apply to: Andrew Lloyd Webber Foundation, Global's Make Some Noise, Evan Cornish Foundation, the Joyce Fletcher Charitable Trust | 50,333 | 43,333 | 43,333 | 136,999 |
| TOTAL: | 68,833 | 43,333 | 43,333 | 155,499 |

How much is requested from the Trust?

| Expenditure heading | Year 1 | Year 2 | Year 3 | Total |
|--|---------------|---------------|---------------|----------------|
| Salary | 32,500 | 33,475 | 34,350 | 100,325 |
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| TOTAL: | 43,149 | 44,228 | 45,255 | 132,632 |

Finance details

Please complete using your most recent audited or independently examined accounts.

| | | |
|--------------------------|-----------------|------------|
| Financial year ended: 31 | Month: December | Year: 2015 |
|--------------------------|-----------------|------------|

| Income received from: | £ |
|-----------------------------------|------------------|
| Voluntary income | 1,680,052 |
| Activities for generating funds | 199,886 |
| Investment income | 7,342 |
| Income from charitable activities | 139,968 |
| Other sources | |
| Total Income: | 2,027,248 |

| Expenditure: | £ |
|---|------------------|
| Charitable activities | 751,467 |
| Governance costs | 59,697 |
| Cost of generating funds | 827,319 |
| Other | |
| Total Expenditure: | 1,638,483 |
| Net (deficit)/surplus: | 388,765 |
| Other Recognised Gains/(Losses): | (2,224) |
| Net Movement in Funds: | 386,541 |

| Asset position at year end | £ |
|----------------------------|------------------|
| Fixed assets | 1,872,464 |
| Investments | 39,556 |
| Net current assets | 1,590,689 |
| Long-term liabilities | (238,000) |
| *Total Assets (A): | 3,264,709 |

| Reserves at year end | £ |
|-----------------------------|------------------|
| Endowment funds | 969,467 |
| Restricted funds | 39,556 |
| Unrestricted funds | 1,042,046 |
| *Total Reserves (B): | 3,264,709 |

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

1 - 10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

| | 2012 £ | 2013 £ | 2014 £ |
|---|-----------|-----------|-----------|
| City of London (except City Bridge Trust) | 0 | 0 | 0 |
| London Local Authorities | 0 | 0 | 0 |
| London Councils | 7,466 | 10,424 | 10,883 |
| Health Authorities | 0 | 0 | 0 |
| Central Government departments | 0 | 0 | 0 |
| Other statutory bodies | 121,181 | 124,334 | 124,335 |

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

| Name of Funder | 2012 £ | 2013 £ | 2014 £ |
|--|-----------|-----------|-----------|
| Desmond Foundation | 0 | 250,000 | 0 |
| Alan Howard Foundation | 100,000 | 0 | 0 |
| Law Family Charitable Trust (£150k three-year grant) | 0 | 0 | 50,000 |
| Javon Charitable Trust | 0 | 0 | 50,000 |
| BBC Children in Need | 0 | 31,856 | 0 |

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Anthony Hayman**

Role within **Head of Major Giving**
Organisation:

Total project costs

| Expenditure | Year 1 | Year 2 | Year 3 |
|---|-----------------|----------------|----------------|
| Salary – Music therapist (MT) | £16,950 | £17,459 | £17,983 |
| Salary – Drama and Movement Therapist(DT) | £26,250 | £27,038 | £27,849 |
| Training | £1,642 | £1,642 | £1,642 |
| Clinical supervision | £1,800 | £1,800 | £1,800 |
| Travel and Subsistence (MT) | £1,862 | £1,862 | £1,862 |
| Travel and Subsistence (DT) | £3,104 | £3,104 | £3,104 |
| DBS Checks | £110 | £0 | £0 |
| Musical instruments / small equipment | £1,000 | £1,000 | £1,000 |
| Uniforms | £192 | £192 | £192 |
| Phones (MT) | £259 | £259 | £259 |
| Phones (DT) | £432 | £432 | £432 |
| CrossCare (database) | £800 | £800 | £800 |
| Pension (MT)- 3% | £509 | £524 | £539 |
| Pension (DT) – 3% | £788 | £811 | £835 |
| National insurance (MT) | £1,220 | £1,290 | £1,362 |
| National insurance (DT) | £2,503 | £2,612 | £2,724 |
| Total per annum | £59,421 | £60,825 | £62,383 |
| Total across 3 years | £182,629 | | |

Amount applied for (all of MT costs + two days a week of DT's costs)

| Expenditure | Year 1 | Year 2 | Year 3 |
|---|-----------------|----------------|----------------|
| Salary – Music therapist (MT) | £16,950 | £17,459 | £17,983 |
| Salary – Drama and Movement Therapist(DT) | £10,500 | £10,815 | £11,140 |
| Training | £1,642 | £1,642 | £1,642 |
| Clinical supervision | £1,800 | £1,800 | £1,800 |
| Travel and Subsistence (MT) | £1,862 | £1,862 | £1,862 |
| Travel and Subsistence (DT) | £1,242 | £1,242 | £1,242 |
| DBS Checks | £110 | £0 | £0 |
| Musical instruments / small equipment | £1,000 | £1,000 | £1,000 |
| Uniforms | £192 | £192 | £192 |
| Phones (MT) | £259 | £259 | £259 |
| Phones (DT) | £173 | £173 | £173 |
| CrossCare (database) | £800 | £800 | £800 |
| Pension (MT)- 3% | £509 | £524 | £539 |
| Pension (DT) – 3% | £315 | £324 | £334 |
| National insurance (MT) | £1,220 | £1,290 | £1,362 |
| National insurance (DT) | £1,001 | £1,045 | £1,090 |
| Total per annum | £39,575 | £40,517 | £41,418 |
| Grand total across 3 years | £121,510 | | |