

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Chaos Theory</b>	
If your organisation is part of a larger organisation, what is its name? <b>NO</b>	
In which London Borough is your organisation based? <b>Waltham Forest</b>	
Contact person: <b>Ms Purbinder Hothi</b>	Position: <b>Head Of Violence Interruption</b>
Website: <b>http://www.chaostheory.org.uk</b>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1141485</b>
When was your organisation established? <b>14/01/2011</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Resettlement and Rehabilitation of Offenders</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced</b>
Please describe the purpose of your funding request in one sentence. <b>The Violence Interruption Project aims to reduce violence and resettle those most entrenched perpetrators by engaging intensively to assist in positive change and outcomes.</b>
When will the funding be required? <b>31/03/2016</b>
How much funding are you requesting? Year 1: <b>£32,359</b> Year 2: <b>£33,220</b> Year 3: <b>£34,108</b>  <b>Total: £99,687</b>

**Aims of your organisation:**

Chaos Theory aims to

- \* promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society. ("Socially excluded" means being excluded from society, or parts of society, as a result of one or more of the following factors: crime (either as a victim of crime or as an offender rehabilitating into society); unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, ethnic origin, religion, creed or sexuality; poor educational or skills attainment; or relationship breakdown;
- \* promote public safety; and
- \* promote conflict resolution.

**Main activities of your organisation:**

Chaos Theory is a violence prevention charity (1141485) incorporated in January 2011 (07493894). The Violence Interruption Project (VIP) is modelled on a highly acclaimed violence prevention programme called Cure Violence Chicago. Concentrating on those communities most severely affected by gun and knife violence, our programme uses 'Violence Interrupters' (VIs) to identify potentially violent episodes. Our overarching aim is to stop lethal violence from occurring currently in Waltham Forest. To do this we target high-risk individuals (those known to be perpetrators and or victims of violence crime) and assist them in finding alternate ways of settling disputes without resorting to violence.

Through our work we also aim to:

- interrupt violence and the further transmission of violent episodes
- achieve peaceful resolutions for potentially violent conflicts and stop retaliations;
- challenge and change the social norms of individuals who view violence as acceptable; and
- socially include individuals and the rehabilitation of offenders.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>3</b>	<b>2</b>	<b>0</b>	<b>2</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>3 years</b>

## Summary of grant request

We provide supervised support for those in custody and community involved in high risk behaviours in order to create change through our prison in-reach/outreach services. Our organisation is a BME charity that reflects the large diverse community groups in Waltham Forest.

Targeting those affected by violence as victims or perpetrators, our outreach service works with disadvantaged young adults (18-30) in their homes, community, custody to support them in their efforts to live independently and successfully. We mentor participants through difficult stages in their life encouraging them to develop a range of strategies to deal with social disadvantage and crime. We have a resettlement service for young adults who are serving custodial sentences. We assist with access to education and training whilst incarcerated, offer housing and legal advocacy. We do this in partnership with HMP/YOIs across the country where our clients are detained. We also work with prisoners to ensure a smooth transition into the community upon release. Our Prison Reach Services including;

In reach contact throughout the duration of sentence

- Preparing resettlement support plans whilst in custody
- Working in partnership with HMP Providers such as Nacro
- Prison release -- collection and intensive imminent support, ie benefits, housing, welfare
- Long term support to achieve support plan/needs to prevent reoffending and positive outcomes
- Training and Education, CV writing, interview skills, arranging interviews, job search and job ready skills

Our support gives them a chance to attend our community base upon release, build up their CV, work with issues around confidence, interview skills. Some examples of this is placing them on course with some of our partners, Fork Lift Training and Mpower Gas/Plumbing Courses.

We have recently developed a partnership with a Supported Housing Provider for our client group. Rylease House are now taking our client group. We currently have 4 allocated spaces for housing. This is an outstanding achievement for us to be able to support our offenders.

We believe that our Resettlement Support service fits well into the focus area of resettlement of offenders. Not only do we employ ex-offenders as Violence Interrupters, we intensively assist young men and women upon release to reintegrate back into employment through building their resilience, confidence and skills to take positive steps forward. Some of our service users have now become paid staff through years of volunteering and proving their ability to remain offence free. This is key in the operation of our violence reduction as these individuals are credible and key part of delivering our service.

As a grassroots organisation, we heavily rely on volunteers for our ant-violence campaigns. Whilst we have a core group of volunteers in the community, such as mothers, ex-offenders, we also involve other groups in society to take leadership.

We commit to reducing carbon and have the following in place:

Enable power management - so your computer and monitor shut down.

Double-side print -- this allows us to save paper as well.

Cars -- community and custody work is done in pairs and where possible, one person will drive, not only reducing carbon but more cost effective for the Charity.

Lights -- We only use the lights we need in our community hub.

Over the past few years we have seen an influx of self referrals and requests from prisoners for our support. We believe this is largely to do with the fact that we are a BME Charity with high levels of credibility. We have also been able to support offenders into training and employment and assist them with other serious welfare issues such as housing, mental health and health.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**n/a**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Provide one to one support mentoring to 35 individuals involved in violence/crime leaving custody to help them resettle back into the community**

**Complete CV writing and build resilience for 35 offenders leaving custody, improve social wellbeing and increased skills and confidence to enter employment/education through completing our CV writing Course, Interview Skills and confidence building workshops**

**Involve a further 5 volunteers from the ex-offender group to plan and assist delivering our anti-violence community fun days to enable them to give community payback, learn and develop communication skills and additional skills that are transferrable into employment**

**20 Service Users will break the cycle of violent offending behaviour through our resettlement pathway support to access education/employment through regular prison visits, home visits and community visits**

**35 Service Users will have access to advocacy and support that will facilitate their personal and social development**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Offenders feel supported and encouraged to achieve positive outcomes and have the support of their Violence Interrupter to support, guide and encourage a safe, healthy lifestyle**

**All offenders engaged with us will have a CV completed and gone through interview skills and confidence building**

**Offenders feel INCLUSION within their own community**

**Offenders will have learned to deal with conflict without resulting in violence through the support of their Violence Interrupter. Ultimately this will save their lives, allow them to live in their community without fear and refrain from offending behaviour**

**ALL service users will feel confident, developed resilience and have CONSISTENT support that has allowed them to address their welfare issues**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Our project has been operational now for 4 years and we have demonstrated our ability to continue raising funds and sustaining our work. We will continue to follow our strategy and raise funds to sustain our work through our current and new funders.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**45**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Waltham Forest (100%)**

What age group(s) will benefit?

**16-24**

**25-44**

What gender will beneficiaries be?

**Male**

**Female**

What will the ethnic grouping(s) of the beneficiaries be?

**Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)**

**Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)**

**Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**11-20%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
FULL-TIME OUTREACH WORKER (including NIC and pension)	25,017	25,800	26,608	77,425
TRAVEL AND OUTREACH COSTS FOR RESETTLEMENT AND REHABILITATION	4,400	4,400	4,400	13,200
CONTRIBUTION TOWARDS MANAGEMENT, PREMISES AND OTHER OVERHEAD COSTS	2,942	3,020	3,100	9,062
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
<b>TOTAL:</b>	<b>32,359</b>	<b>33,220</b>	<b>34,108</b>	<b>99,687</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>August</b>	Year: <b>2015</b>
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Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	96
Income from charitable activities	111,880
Other sources	0
<b>Total Income:</b>	<b>111,976</b>

Expenditure:	£
Charitable activities	107,402
Governance costs	900
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>108,302</b>
<b>Net (deficit)/surplus:</b>	<b>3,674</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>3,674</b>

Asset position at year end	£
Fixed assets	623
Investments	0
Net current assets	5,924
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>6,547</b>

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	6,547
<b>*Total Reserves (B):</b>	<b>6,547</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
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### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:  N/A
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	37,890	0	0
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Tudor Trust	41,667	50,000	41,667
Eranda	25,000	15,216	24,784
Porticus	0	15,750	26,250
Rayne Foundation	12,858	4,286	23,000
Henry Smith	0	0	16,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **ms purbinder hothi**

Role within                      **Head of Violence Interruption/Outreach**  
Organisation: