

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: St Giles Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Southwark	
Contact person: Mr Sam Wakeford	Position: Trusts & Grants Fundraiser
Website: http://www.stgilestrust.org.uk/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 801355
When was your organisation established? 05/02/1962	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Resettlement and Rehabilitation of Offenders
Which of the programme outcome(s) does your application aim to achieve? More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced More offenders and ex-offenders receiving help and support to improve their mental health
Please describe the purpose of your funding request in one sentence. To provide community resettlement and rehabilitation support to recently released female prison leavers with mental health and other complex support needs returning to London.
When will the funding be required? 01/07/2016
How much funding are you requesting? Year 1: £48,956 Year 2: £56,575 Year 3: £58,207 Total: £163,738

Aims of your organisation:

St Giles Trust has an aim to 'break the cycle of offending' and a vision is to create safe communities, prevent future victims of crime and ensure the children of offenders do not become the next generation involved in the Criminal Justice System. Our services, in furtherance of this aim and vision, are centred around four essential needs identified by the offenders, vulnerable women and other socially excluded people we work with:

- 1) A Safe Place to Live - finding accommodation for prison leavers and homeless clients.
- 2) Positive Relationships - helping our clients to re-integrate into society and foster positive relationships with friends, family and other support services.
- 3) Support from Someone Who's Been There - 45% of our staff are ex offenders and 90% of services are delivered by former service users with 'lived experience' of overcoming disadvantage.
- 4) Something to Work For - assisting clients to gain employment and move closer towards the job market.

Main activities of your organisation:

We deliver award winning training, employment, rehabilitation and resettlement support services for the benefit of ex-offenders, disadvantaged children and families, young people at risk of offending and other socially excluded people. Key services we provide include:

- Specialist skills and employment support for ex-offenders moving them closer to the job market and training opportunities.
- A Level 3 Advice and Guidance training programme qualifying serving prisoners to deliver expert housing, resettlement and other vital rehabilitation support services to their peers.
- Meet at the Gates services for male and female ex-offenders returning to London.
- The Choices project working with heavily disadvantaged young people in London not in education, training or employment.
- The Children's and Families Service supporting socially excluded children and families in Southwark and Tower Hamlets overcome crime, poverty, homelessness and other barriers.
- The SOS Gangs Project helping London young people safely exit gangs and pursue more positive lifestyle choices in the community.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
137	33	11	66

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

1) Need

Despite serving shorter sentences and statistically being less likely to re-offend, the support needs of women in the Criminal Justice System are more complex than those of men. They include:

- o Victimization - 46% of female prisoners have been victims of domestic abuse and a third sexual abuse.
 - o Unemployment - 48% of UK prisoners report needing help finding work on release. Childcare makes this challenge even more acute for women.
 - o Homelessness - 38% of women have no accommodation to return to on release. Moreover many women will face resettlement further away from home.
 - o Mental Health - At least 70% of female prisoners suffer from two or more mental health problems.
 - o Substance Abuse - 52% of female prisoners had used hard drugs four weeks prior to custody.
 - o Family - Children with a parent in prison are three times more likely to have mental health problems or engage in anti-social behaviour. On release therefore, women face not just their own rehabilitation but also that of their children.
- (Bromley Briefings 2015).

2) Delivery

We will employ a Women's Information and Resettlement of Ex-offenders (WIRE) Complex Needs Support Worker to support female prison leavers returning to London. All the women will have mental health and a minimum of one other complex support need.

Referrals will come from HMP Downview, HMP Send and HMP Bronzefield in addition to London based partner agencies in the community that work with recently released female prison leavers. Services will be bespoke and client specific ranging from Meet at the Gates and 'first day' practical support like registering for housing, to ongoing support for women referred by Prison Inreach or Community Mental Health Teams.

3) Objectives

- 1) To meet female prison leavers with mental health and other complex support needs at the gate and provide them with practical 'first day' support.
- 2) To ensure female prison leavers returning to London are found and promptly referred to mental health and other specialist community support services, e.g, detox programmes.
- 3) To provide an integrated resettlement support service addressing the complex and multifaceted support needs of female prison leavers returning to London including housing, finance, mental health, substance misuse, domestic abuse, sex working.

4) Why St Giles Trust?

- 45% of our paid staff are ex-offenders and 90% of our services are delivered by former service users (Peer Advisors). We put ex-offenders and Peer Advisors at the forefront of all our frontline services because of their "lived experience" of disadvantage and the Criminal Justice System. They have a unique credibility to engage the hardest to reach clients.
- We actively support women with the most complex support needs. For two years we delivered a specialist personality and autistic disorder service for HMP Holloway female prison leavers; presenting our findings at the 2015 Study of Personality Disorders Annual Conference.
- St Giles Trust has a proven track record of working in the Criminal Justice Sector. We have developed innovative rehabilitation and resettlement support models in London that have significantly reduced re-offending.

5) Resettlement and Rehabilitation of Offenders

St Giles Trust's services are geared towards breaking the cycle of offending. In line with your key programme outcome, provision of a holistic resettlement package will significantly reduce re-offending and improve the mental health of female prison leavers with complex

support needs returning to London.

7) Good Practice

Up to three volunteer ex-offenders (Peer Advisors) per year will support our WIRE Complex Needs Support Worker in managing their caseload. Each will hold a Level 3 Advice & Guidance Certificate professionally qualifying them to deliver key resettlement and rehabilitation support services.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Matrix, Green Mark Level 2, Qualifications & Credits Framework (QCF).

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

120 women returning to London with mental health and other complex support needs to be met at the gate on the day of their release and provided with practical 'first day' resettlement support, e.g, registering for housing and setting up benefits.

Each of the 120 women to undergo a practical needs assessment and complete a rehabilitation plan with the WIRE Complex Needs Support Worker.

At least 45 women with severe mental health support needs to be referred to a specialist agency, e.g, Community Mental Health.

Delivery of at least 60 workshops addressing prevalent support needs, e.g, tenancy sustainment, budgeting and accessing mental health and other specialist support services.

At least 9 Peer Advisors to complete the QCF Level 3 Advice and Guidance Qualification and volunteer for at least 3 months on the WIRE project supporting their own small caseloads of 10-20 women with complex support needs. All 9 Peer Advisors to complete Women's Mental Health Awareness Training.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Reduction in re-offending of female prison leavers returning to London.

Improvement in the mental health of female prison leavers returning to London.

Female prison leavers equipped with the essential life skills needed to successfully resettle in London communities.

Volunteer Peer Advisors upskilled and employment prospects significantly enhanced.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We plan to build an evidence base for supporting women with mental health and complex needs leaving prison over the next three years which we will use to submit a Big Lottery Reaching Communities application. St Giles Trust is also an active member of Women's Breakout. We will continue to review new funding programmes that are identified to members.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several SE London (40%)

Several NE London (30%)

Several SW London (15%)

Several NW London (15%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

Female

Transgender or other gender identity

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
WIRE Complex Needs Support Worker Salary including NI (13%) and Pension (6%).	29,327	29,914	30,512	89,753
Management.	2,933	2,991	3,051	8,975
Support Worker Training, Travel and Expenses	1,910	1,910	1,910	5,730
Volunteer Peer Advisor Training - QCF Level 3 Advice & Guidance Accreditation, Wish Women's Mental Health Awareness, Universal Credit/Benefits and Mental Health First Aid.	2,588	2,588	2,588	7,764
Volunteer Peer Advisor Travel & Expenses.	7,410	7,410	7,410	22,230
Client Expenses - Travel, Emergency Accommodation, Clothes, Toiletries.	2,400	3,200	4,000	9,600
HR, Fundraising, ICT, Finance.	5,888	6,062	6,236	18,186
Evaluation	2,500	2,500	2,500	7,500
	0	0	0	0

TOTAL:	54,956	56,575	58,207	169,738
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Inner London Magistrates' Court's Poor Box & Feeder Charity	6,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	6,000	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total

TOTAL:	0	0	0	0
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How much is requested from the Trust?

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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	4,028,979
Activities for generating funds	0
Investment income	15,239
Income from charitable activities	3,558,729
Other sources	0
Total Income:	7,602,947

Expenditure:	£
Charitable activities	6,834,543
Governance costs	13,800
Cost of generating funds	362,902
Other	0
Total Expenditure:	7,211,245
Net (deficit)/surplus:	391,702
Other Recognised Gains/(Losses):	2,872
Net Movement in Funds:	394,574

Asset position at year end	£
Fixed assets	1,051,117
Investments	40,711
Net current assets	2,701,097
Long-term liabilities	0
*Total Assets (A):	3,792,925

Reserves at year end	£
Restricted funds	984,775
Endowment Funds	0
Unrestricted funds	2,808,150
*Total Reserves (B):	3,792,925

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Statutory income restricted to St Giles Trust's resettlement and rehabilitation services outside of London has increased. This is due to being a partner in the Ministry of Justice's Transforming Rehabilitation contracts in Yorkshire, Wales, East Anglia, The Midlands and BeNCH (Bedfordshire, Northants, Cambridgeshire and Hertfordshire).

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	596,000	632,000	408,000
London Councils	0	0	90,000
Health Authorities	0	45,000	45,000
Central Government departments	1,344,854	1,314,510	284,000
Other statutory bodies	1,036,486	971,200	1,125,025

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Waterloo Foundation	250,000	250,000	250,000
Oak Foundation	93,067	0	196,775
Charles Dunstone Charitable Trust	211,500	80,000	0
Garfield Weston Foundation	0	200,000	200,000
Porticus UK	0	225,000	125,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mr Sam Wakeford**

Role within **Trusts & Grants Fundraiser**
Organisation: