

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>One-To-One (Enfield)</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Enfield</b>	
Contact person: <b>Ms Lesley Walls</b>	Position: <b>Chief Executive</b>
Website: <a href="http://www.one-to-one-enfield.co.uk">http://www.one-to-one-enfield.co.uk</a>	
Legal status of organisation: <b>First Contact</b>	Charity, Charitable Incorporated Company or company number: <b>1061507</b>
When was your organisation established? <b>24/03/1997</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London More Inclusive</b>
Which of the programme outcome(s) does your application aim to achieve? <b>Disabled people actively taking part in the arts or sport</b> <b>Disabled people reporting increased well-being as a result of taking part in the arts or sport</b>
Please describe the purpose of your funding request in one sentence. <b>Community Hub to enable people with learning disabilities and autistic people to access and be included in art and cultural activities locally and across London</b>
When will the funding be required? <b>25/06/2018</b>
How much funding are you requesting? Year 1: <b>£56,420</b> Year 2: <b>£57,352</b> Year 3: <b>£58,307</b>  <b>Total: £172,079</b>

**Aims of your organisation:****Our Mission**

To remove prejudice and discrimination and to empower people with learning difficulties to have their say, and take part in all aspects of community life

**Charitable Objects (our aims)**

Our Governing Documents contain two Charitable Objects

1: To assist and relieve people with learning difficulties living in Enfield in the interests of social welfare to become active members of the community

2: To educate the public as to the difficulties encountered by people with learning difficulties and the advantages of integrating such people into the general community.

**Outcomes**

We want to achieve the following Outcomes

1: Inclusion for people with learning difficulties so that they can live life on an equal footing with other people living in Enfield

2: A community that is aware of the needs of people with learning difficulties and is open and accessible to them

**Main activities of your organisation:**

One-to-One is a locally run Charity and Company Limited by Guarantee. We are led by our membership and we have been operating in Enfield for 26 years. We currently have over 600 members who are people with learning difficulties, this includes people with autism. We are holders of the Queen's Award for Voluntary Service. This is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities. It is the MBE for volunteer groups.

We offer approximately 30 opportunities for members every month. Membership is free, with a nominal charge for some of our unfunded activities.

Our current activities are on the following themes:

Living longer healthier lives - health education, cookery, sports and health activities

Speaking Out - Learning Difficulties and Autism Council with elected representatives helping to give a local voice via peer and group advocacy

Getting out and about - visits to London, local pubs, meet ups

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>0</b>	<b>12</b>	<b>8</b>	<b>60</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>5 years rolling</b>

## **Summary of grant request**

The project meets the Trust's outcome of disabled people actively taking part in arts  
We aim to increase opportunities and find ways of Improving access so that more people to the arts and enable improved well being as a result of increased involvement.

### **The need**

It is well documented that people with learning difficulties are among the most marginalised, isolated and lowest income members of our society. The 'Re-Imagine' scoping paper commissioned by City Bridge Trust, highlights the need for the areas that we want to address. The conclusions are very closely in line with what we have found. Isolation is well-known to contribute to poor wellbeing outcomes and involvement in the arts is a great way for people to make social connections.

### **The Hub**

It will be the local 'bridging network'

It will be led by a steering group of members and supported part-time by our Communications and Volunteer managers, a small team of sessional support staff and care workers, so as to include people who have very high support needs.

It will be both physical and internet.

? Open to all people with learning difficulties in Enfield

? Networking locally and London wide

? Information exchange

? Weekly drop- discuss ideas and make plans

? Newsletter 3 times a year

? 48 supported day/evening trips

? Independent travellers supported to plan trips to Museums and Theatres and support to individuals by volunteers

? Art, Choir, Drum Circle and Reading sessions

? Concerts, exhibitions and recitals to local community

? Support to people to get involved as participants or as audience

? Information and support to join local arts and cultural groups

? Short notice support for special offers e.g. free tickets to local events.

? Representation at planning and consultation meetings with Enfield Arts and Cultural Service.

### **Ability & Experience**

? We are a local community group, led by our membership - operating in Enfield for 26 years.

? Our Charitable aims are inclusion and tackling exclusion.

? There are no charges to join us and many of our activities are free.

? We have lots of experience of project delivery

? We are holders of the Queen's Award for Voluntary Service

### **Led by disabled people**

80% of our Management Committee and 50% of our volunteers are people with learning difficulties.

We have over 600 members this includes - autistic people, people with learning disabilities and people with high support needs who have sensory and physical disabilities.

### **Environment**

We lease rooms in a managed building. Lighting is low energy. When we are not using the office we switch off lights, computers etc. We recycle printer cartridges and paper. We use

*Continues overleaf*

*Continued from previous*

public transport for all our out and about activities.

#### **Volunteers**

We have 62 active volunteers, 30 of these are people with learning difficulties. Volunteers receive training, out of pocket expenses and regular support and supervision.

#### **Diversity**

We try to tackle and break down the barriers that prevent people from accessing our own and other local services. We record activity on our database and use the information to help us to improve diversity. We are very proud of the fact that our members, staff and volunteers reflect the diverse population of Enfield. We have achieved this by doing extensive outreach and by developing good local networks.

#### **Monitoring & Evaluation**

We will keep a database of all involvement. We will devise an accessible self assessment tool based on the ONS 'Subjective Wellbeing' questions.

? satisfaction with life,

? feeling that life is worthwhile,

? Levels of happiness and anxiety.

, reduced isolation/increased inclusion.

We will also measure people's active participation

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**We are Open College Network Accredited training provider**

## Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**48 Supported day and/or evening trips (per year) to Museums, Theatre and Art exhibitions for small groups - 8-10 people supported by sessional workers and volunteers and 12 independent travellers enabled participate in arts events**

**Includes support with information, choice, planning and reminders of dates.**

**120 Art, Choir, Drum Circle and Reading sessions per year. supported by qualified facilitators/therapist, care and support staff, for those with high/complex support needs, and volunteers. average attendance 15 - 20 people. 50-60 individuals per year.**

**11 Events in public spaces over three years - two Art exhibitions, 6 choir recitals. three drum circle/music/ reading and Poetry. Enabling approximately 60 people to share their work/skills/abilities. Contributing to increased confidence and self-esteem and wellbeing.**

**Steering group of 8-10 peer leaders, working with support staff to seek information, inform their peers, through meetings, They will supported to network with other arts organisations, they will research opportunities, visit arts conferences, take part in surveys etc. about arts access. Representation of peers at meetings.**

**Co-ordination of Hub under direction of the Steering group- Webpage for arts and culture updated monthly, social media and newsletters (three per year). referrals and sign posting to other organisations, clubs, theatre groups. Co-ordination of volunteers and support staff, outreach and networking with carers and support organisations**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Hub becomes a bridge between arts and cultural offers and social services, support providers, families and those living independently, enabling people to have choice about and be included in the community using mainstream venues.**

**Increased participation by people with learning difficulties in local and London wide arts and cultural life as audience members**

**Increased involvement by people with learning difficulties in arts and cultural life as exhibiting artists, musician and performers**

**Increased wellbeing of people with learning difficulties as a result of participation and involvement in arts and culture**

**Increased awareness to learning disabilities and Autism and, how to be inclusive and welcoming to people from these groups, by arts and cultural providers and the general public**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**We expect that some participants will gain skills and connections to continue unsupported. However, many people will still require some kind of support. Our members set the direction of our work and the project will be subject to continuing evaluation. We will use this feedback and information to help us make plans for the future.**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**80**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Enfield (100%)**

What age group(s) will benefit?

**16-24**

**25-44**

**45-64**

**65-74**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**91-100%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	27,390	27,938	28,497	83,825
Sessional Care/Support specialists for people with high support needs	5,655	5,768	5,883	17,306
Music Therapists Choir & Drum Circle	8,340	8,507	8,677	25,524
Staff & Volunteer, Recruitment, Training, Travel & Expenses	7,586	7,738	7,892	23,216
Arts Materials and Sundries	300	300	300	900
Office space, desk and small meetings	1,820	1,856	1,894	5,570
Meeting and activity room hire	3,400	3,468	3,537	10,405
Postage & Print	1,800	1,836	1,873	5,509
Contribution to Core Costs, Supervision, monitoring, office services	5,629	5,741	5,855	17,225
<b>TOTAL:</b>	<b>61,920</b>	<b>63,152</b>	<b>64,480</b>	<b>189,480</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Contributions for participants for some activities maximum charge £5	5,500	5,800	6,100	17,400
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
<b>TOTAL:</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing costs	27,390	27,938	28,497	83,825
Sessional Care/Support specialists for people with high support needs	5,655	5,768	5,883	17,306
Music Therapists Choir & Drum Circle	6,020	5,945	5,873	17,838
Staff & Volunteer Travel and Expenses	7,586	7,738	7,892	23,216
Arts Materials & Sundries	0	0	0	0
Office space, desk and small meetings	1,820	1,856	1,894	5,570
Meeting & Activity Room Hire	520	530	541	1,591
Postage & Print	1,800	1,836	1,873	5,509
Contribution to Core Costs, Supervision, monitoring	5,629	5,741	5,855	17,225
<b>TOTAL:</b>	<b>56,420</b>	<b>57,352</b>	<b>58,308</b>	<b>172,080</b>

## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2017</b>
-----------------------	------------------------	----------------------

Income received from:	£
Voluntary Income	8,766
Activities for generating funds	703
Investment Income	38
Income from charitable activities	296,741
Other sources	0
<b>Total Income:</b>	<b>306,248</b>

Expenditure:	£
Charitable activities	292,456
Governance costs	1,050
Cost of generating funds	0
Other	0
<b>Total Expenditure:</b>	<b>293,506</b>
<b>Net (deficit)/surplus:</b>	<b>12,742</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement In Funds:</b>	<b>0</b>

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	182,325
Long-term liabilities	38,839
<b>*Total Assets (A):</b>	<b>143,486</b>

Reserves at year end	£
Restricted funds	68,066
Endowment Funds	0
Unrestricted funds	75,420
<b>*Total Reserves (B):</b>	<b>143,486</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%
--

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:  None
--



## Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	<b>Year 3 £</b>	<b>Year 2 £</b>	<b>Most recent £</b>
City of London (except City Bridge Trust)	8,500	0	0
London Local Authorities	129,463	75,963	76,893
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

## Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

<b>Name of Funder</b>	<b>Year 3 £</b>	<b>Year 2 £</b>	<b>Most recent £</b>
Big Lottery Fund - Health	83,267	83,906	91,188
Big Lottery Fund - Speaking out	14,857	54,170	41,628
Lloyds Foundation - Independence	24,696	24,886	0
Trust for London - Hate Crime	14,000	28,000	0
Sport England 'Getting active	23,272	0	0

## Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Lesley Gwendolne Walls**

Role within                      **Chief Executive**  
Organisation: