

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Age UK Bexley	
If your organisation is part of a larger organisation, what is its name? Age UK Bexley	
In which London Borough is your organisation based? Bexley	
Contact person: Mr Guy Stevenson	Position: Chief Executive
Website: http://https://www.ageuk.org.uk/bexley/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1088399
When was your organisation established? 01/11/1965	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners		
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being		
Please describe the purpose of your funding request in one sentence. To build on the success of our Men in Sheds service by widening its support to socially isolated men excluded from other support networks		
When will the funding be required? 01/05/2018		
How much funding are you requesting?		
Year 1: £35,575	Year 2: £35,705	Year 3: £18,944
Total: £90,224		

Alms of your organisation:**Our principle Objects**

To improve the quality of life for older people in the London Borough of Bexley by providing information, services and support.

Campaigning

To be a voice for older people in the Borough on issues affecting them through increased awareness, consultation and contact with clients, ensuring opinions and ideas are heard

Accessible

To ensure our services are promoted and delivered so that they are accessible and meet the diverse needs of all older people

Caring

To continue to provide and develop appropriate services which enhance independent living and the overall well-being of older people in Bexley

Sustainable

To ensure that Age UK Bexley is effectively managed as an organisation that is sustainable in the long-term, with commitment to staff and volunteer development

Main activities of your organisation:

Main activities undertaken by the charity include:

- ? Information advice and signposting for all aspects of life over 60.
- ? Community Support; Including welfare benefits advice, advocacy, care planning and liaising with relatives, housing and other agencies
- ? Befriending support to reduce social isolation
- ? Handyperson Scheme; repairs and small maintenance jobs in homes to support independent living.
- ? Day Centres; providing enhanced and standard support services, activities, and respite for their older people and their carers
- ? Foot care service; domiciliary and clinic based podiatry services for the over 55's.
- ? Men In Sheds; workshop for older men
- ? Wellbeing Centres; providing places to meet and activities that support health and wellbeing
- ? Volunteering; volunteering opportunities for anyone over the age of 18 to help the charity and its core activities
- ? Campaigning and influencing; representing the interests of older people in the borough with decision-makers and other organisations.
- ? Wheelchair Hire; Offers short term hire for self-propelled and transport chairs

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
12	15	7	151

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3 years

Summary of grant request

Evidence supporting the need for this project

The London borough of Bexley (LBB) with the 3rd Highest population of over 65's in London is encountering fundamental challenges in how it supports the wellbeing of older people.

Population of the over 65's scheduled to grow by a further 15% by 2021

Men in the borough live with disproportionately higher rates of Diabetes, obesity and cancer.

Male life expectancy varies between those areas of the borough in the highest decile of deprivation against the lowest by 6.5 years

23% of people over 75 living alone do not see or speak with someone every day.

According to ONS data sets men in the borough can expect to live from age 75 with a least 9 year's ill health

The charity has seen an increase of 20% in referrals to It Mens' Shed in the last year; beyond its capacity. Over 70% of these referrals have had a diagnosis of dementia in addition to other co-morbidities affecting the ability to fully benefit from all of the sheds resources.

What we will do

The charity will extend the current capacity of its single site workshop by the addition of 'Virtual Sheds' (V Sheds) to its network of Wellbeing Centres. Kits, prepared at the static site, can then be put together without recourse to plant machinery and specialist skills. Men will be able to do this in small, supported and socially dynamic groups helping maintain dexterity and cognitive ability.

We will increase opportunities to recruit more male volunteers to support the technical and social objectives of service delivery. Improve mental wellbeing and create opportunities to signpost new members to other activities and support.

A paid full time worker will operate for a fixed term period of 2.5 years to achieve the following objectives;

Initiate, develop and build capacity amongst shed members and volunteers to manage and oversee the static and virtual sheds as a community resource.

Build Corporate relationships to underpin the provision of tools, resources and services into the shed where these gaps are not filled through contractual and individual sales.

Recruit volunteers and new members for the 'V Sheds' at a number of the charity's wellbeing centres

Oversee the design and delivery of governance and management oversight to support the shed as and separately managed resource within the charity's broader service offer.

Why we are the right organisation

The charity currently offers a range of specialist and general support services across the borough for people over the age of 60. At least a third of our current registered users are men.

? Our existing shed functions as both an active micro-enterprise in addition to its social support to men living with a range of health conditions and support needs.

? Our handyperson service is staffed by volunteers with an average age of 66 who deliver maintenance services to older people across the borough for a nominal fee.

? Our wellbeing centres already provide men's based activities as a means strengthening reductions in social isolation.

? We actively represent and campaign for the interests of older people on a number of strategic bodies, voluntary sector partnerships and programme boards.

This intervention will achieve the following:

Offer options for increased participation by men currently under represented in many of our services

Reduce social isolation, particularly those living in the north of borough of Bexley.

Support to men that develops confidence and awareness of their skills and knowledge to better manage the challenges of ageing.

Improve opportunities for under-represented communities of interest and BAME backgrounds to access our services and support from its current baseline.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

ISO 9001

Age UK Organisational quality standards 2016 -2019

Contractors Health and safety scheme 2017 - 2018

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruit 1 x part time project worker on a 2.5 year fixed term contract to oversee the extension and development of the existing shed to include the virtual service and its attended support provisions.

To initiate and establish a virtual shed at each of the charity's 3 Wellbeing centres. This will include the recruitment of new members, volunteers and other the provision of resources and tools that support delivery and promote access to it.

To develop and build capacity amongst shed members and its volunteers to manage and oversee the resource as a sustainable community provision. To work with the charity leadership to build governance and management oversight that guarantees its continuation beyond the period of investment.

To identify and build corporate relationships and in kind investment during the lifetime of the funded provision to underpin its long term continuity, financial resilience and promote the wider personal outcomes for those using it.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased access to the charity's support and services by men, particularly those living in the north of the borough and/or from a black and minority ethnic background

A measurable improvement in health and wellbeing that enhances independence and access to services that support an active later life for men living in the borough.

That sustainable resourcing is achieved on the basis of; wider self governance, growth in corporate sponsorship and increased contractual output.

That the charity is identified as a positive contributor to community cohesion and social capital through its recruitment and support to volunteers, particularly those supporting the sheds. And that the charity is identified as somewhere volunteers feel valued and supported

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. Investment will support capacity development in addition to widening is current income development activity through its volunteers and wider membership. This will build its management capacity, meet its core purchasing and service costs through sales and localised contracts with oversight and governance support provide by the charity.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

84

In which Greater London borough(s) or areas of London will your beneficiaries live?

Bexley (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

Male

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordinator	25,862	26,638	13,707	66,207
Management Support	5,250	5,407	2,703	13,360
Staff Travel	450	463	300	1,213
Printing and Publicity	1,000	500	400	1,900
Stationary	650	500	300	1,450
Utilities	1,300	1,339	670	3,400
Volunteer Expenses	450	463	200	1,113
Telephone post and photocopying	1,000	800	400	2,200
IT Support	201	201	201	603
TOTAL:	36,163	36,311	18,881	91,446

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Sales and Contracts	1,500	1,630	2,000	5,130
	0	0	0	0
Cooperative Community Fund	2,000	0	0	2,000
	0	0	0	0
TOTAL:	3,500	1,630	2,000	7,130

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Awards for all (capital investment only)	10,000	0	0	10,000
TOTAL:	10,000	0	0	10,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordinator	25,862	26,638	13,707	66,207
Management Support	5,250	5,407	2,703	13,360
Staff Travel	450	463	300	1,213
Printing and publicity	1,000	500	400	1,900
Stationary	650	500	300	1,450
Utilities	712	733	733	2,178
Volunteer Expenses	450	463	200	1,113
Telephone post photocopying	1,000	800	400	2,200
IT Support	201	201	201	603
TOTAL:	35,575	35,705	18,944	90,224

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2017
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Income received from:	£
Voluntary Income	79,656
Activities for generating funds	0
Investment income	7,950
Income from charitable activities	667,780
Other sources	0
Total Income:	755,386

Expenditure:	£
Charitable activities	585,540
Governance costs	209,375
Cost of generating funds	0
Other	0
Total Expenditure:	794,915
Net (deficit)/surplus:	-39,529
Other Recognised Gains/(Losses):	36,649
Net Movement In Funds:	2,880

Asset position at year end	£
Fixed assets	41,010
Investments	323,522
Net current assets	194,083
Long-term liabilities	0
*Total Assets (A):	558,615

Reserves at year end	£
Restricted funds	59,535
Endowment Funds	0
Unrestricted funds	499,080
*Total Reserves (B):	558,615

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your Income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Closure of pilot at home service in June 2017

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	444,179	370,319	369,140
London Councils	0	0	0
Health Authorities	0	1,000	9,880
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Henry Smith	25,000	20,000	15,000
Cory Environmental Trust	35,000	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Guy Mathew Stevenson**

Role within **Chief Executive Officer**
Organisation: